

## **Curriculum Vitae**

Grace E. Jackson, MD

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### **Education:**

University of Colorado Health Sciences Center - School of Medicine, M.D.  
Graduated 5/96.

California Lutheran University, B.S. Major: Biology. Summa cum laude.  
Graduated 5/92.

California Lutheran University, MPA. Major: Public Administration. GPA: 4.00  
Graduated 8/87.

California Lutheran University, B.A. Major: Political Science. Summa cum laude.  
Graduated 5/86.

### **Current and Past Certifications:**

Board Certified Psychiatrist (Diplomate, American Board of Psychiatry and Neurology),  
2004 – 2014.

Basic Life Support: expires 4/2008.

Past Certifications: Advanced Cardiac Life Support, Advanced Trauma Life Support,  
Pediatric Advanced Cardiac Life Support.

### **Honors and Awards:**

Esprit de Corps Award (awarded by fellow residents - 6/00). Hippocrates Award (5/96).  
Richard C. Hardin Award (5/95). Honors in Surgery, Family Practice, Psychiatry clinical  
rotations (UCHSC School of Medicine). Scholastic Honor Society (CLU equivalent of  
Phi Beta Kappa). Alpha Mu Gamma (foreign language honor society). Kwan Fong  
Institute Scholarship in East Asian Studies. Most Inspirational Runner, Cross Country.

**Medical Training:**

Psychiatry Residency, National Capital Area Consortium - Malcolm Grow Medical Center, National Naval Medical Center, Walter Reed Army Medical Center - JUL 1997 - JUN 2000. Graduated 6/00.

Psychiatry Internship, Naval Medical Center San Diego, San Diego, CA  
JUN 1996 - JUL 1997

Including Combat Casualty Care Course and ATLS, San Antonio TX (February 1997).

**Psychiatric Experience: Clinical, Forensic, and Research**

Clinical and Forensic Consultant – 1201 Clipper Lane – Wilmington, NC 28450  
February 2008 through present

Contract consultant for clinicians, patients, and attorneys specializing in review of records, preparation of treatment plans, neurotoxicology research, lecturing, and writing.

Private practice – 1213 Culberth Drive – Ste. 139, Wilmington, NC 28405  
May 2007 through January 2008

Clinical psychiatrist specializing in forensic consultation, psychotherapy, medication management (detox/neurorehabilitation), neurotoxicology, lecturing, and writing.

Forensic Consultant – 4021 Brookstone Drive – Winterville, NC 28450  
October 2006 through April 2007

Contract consultant for forensic cases involving psychiatric rights, medical negligence, product liability, and neurotoxicology.

Veterans Administration Mental Health Clinic – Locum Tenens Psychiatrist, Eugene OR  
July 2006 – September 2006

Clinical psychiatrist assigned to outpatient psychiatric clinic. Responsible for psychiatric evaluations, medication management, medical workups, and monitoring. Updated metabolic profiles in accordance with Veterans Administration IG guidelines.

Ordered and read EKGs where indicated. Close collaboration with social workers, nursing staff, and community caregivers in the case management of patients with severe and chronic mental illness. Assignment required adjustment of complex polypharmacy regimens in order to minimize metabolic and neurobehavioral toxicities of previous and continuing treatments. Caseload: 200+ patients ranging in age from 20s to 80s.

Forensic Consultant - 4021 Brookstone Drive – Winterville, NC 28450  
March 2004 through June 2006

Contract consultant for forensic cases involving psychiatric rights, medical negligence, product liability, and neurotoxicology.

NC Department of Corrections – Locum Tenens Psychiatrist, Eastern NC  
August 2003 – March 2004

Clinical psychiatrist assigned to misdemeanor in-processing camp, low custody camp (outpatient), and long term residential facility (housing chronically mentally ill prisoners). Responsible for evaluations, medication management, psychotherapy, discharge summaries, and treatment planning with multidisciplinary team.

Independent forensic consultant, researcher, author, lecturer –  
4003 Gaston Court - New Bern NC 28562

April 2002 – June 2003

Expert witness with Law Project for Psychiatric Rights. Initial stages of background research preparatory for writing of first book (*Rethinking Psychiatric Drugs: A Guide for Informed Consent*) published in July 2005.

Staff Psychiatrist, National Naval Medical Center, Bethesda, MD

July 2000 - March 2002

Assigned to adult outpatient clinic at Bethesda Naval Hospital and US Naval Academy. Evaluated and treated active duty military members, dependents, and retirees. Responsible for thorough medical workups and consultation with all relevant specialty clinics. Prepared variety of administrative documents, including medical boards, TDRL (Temporary Disability Retirement List) reports, memoranda for administrative separations, letters for insurers or employers. Devised and delivered comprehensive treatment plans, incorporating supportive, cognitive / behavioral, and psychodynamic psychotherapy; pharmacotherapy; and referrals to outside providers (nutritional, exercise, relaxation, energy-based, music, and/or art therapies). Supervised residents as attending physician on-call, assisting with emergency room assessments and dispositions, adolescent admissions, and surgical/medical ward consultations. Supervised psychiatry interns during their weekly continuity clinic, including pre-clinic viewing and discussion of pertinent films (humanities/literature). Back-filled for staff psychiatrist / department head in Corpus Christi, TX, performing leadership role as only staff psychiatrist on site (October 2000). Assisted Bethesda Chief of Clinical Staff in preparation of Command Provider Morale Survey (August 2001).

Internship and Residency Rotations - 1996 - 2000:

PGY-1 rotating internship, including two months of inpatient psychiatry; two months of neurology; one month each of C/L psychiatry, emergency medicine, family practice, pediatrics, ambulatory care, OB/GYN, general surgery, CCU, internal medicine.

PGY-2 Seven months inpatient adult psychiatry at Walter Reed Army medical center (54 bed locked psych/med ward), 1 month inpatient addictions (Malcolm Grow), 1 month adult Partial Psychiatric Hospitalization program (Walter Reed), 1 month inpatient child/adolescent psychiatry, 1 month emergency psychiatry / night float, 1 month NOVA (Northern Virginia State Hospital) chronically mentally ill

PGY-3 dedicated year of outpatient psychiatry, including long-term and short-term psychotherapy: two long-term psychodynamic cases, two CBT cases, one short-term psychodynamic case, two family therapy cases, one marital psychotherapy case, one short-term psychotherapy group, one long-term psychotherapy group, > 100 active medication management cases (active duty members, dependents, retirees)

PGY-4 Two months inpatient adult psychiatry as subattending (Walter Reed Army Medical Center), two months intensive outpatient treatment (Partial Hospitalization Program - Walter Reed), 4 months electives (neurology consult, child /adolescent outpatient, research, outpatient addictions), 3 months emergency/consult-liaison psychiatry (Walter Reed), 1 month community psychiatry (including forensic psychiatry at Clifton T. Perkins maximum security hospital in Jessup, MD and care of indigent at Montgomery County Crisis Center, Rockville, MD)

**Personal Training Psychotherapy:**

Psychodynamic/Psychoanalytic training therapy: 3 1/2 yrs. with Dr. Ann-Louise Silver, a former analyst of Harold Searles. Intermittent psychotherapy with Dr. Alexander Lowen, founder of Bioenergetic Analysis. Additional experience with energy modalities, music therapy, deep tissue massage, and Jungian / trance work.

**Governmental Testimony:**

Florida State Legislature in support of H.B. 1213 and S.B. 2286, Informed Consent in Education (12 April 2006) – written testimony

Food and Drug Administration, Psychopharmacologic Drug Advisory Committee, Open Public Hearing, Gaithersburg, MD (23 March 2006) – oral testimony

Food and Drug Administration, Pediatric Advisory Committee, Open Public Hearing, Gaithersburg, MD (22 March 2006) – oral testimony

**Lecturing Experience:**

“The Role of Psychiatric Drugs in the Treatment of Addiction,” presented at the 58<sup>th</sup> Annual Conference of the National Catholic Council on Alcoholism and other related drug problems (NCCA), New Orleans, LA (23 January 2008)

“Chemo Brain: A psychiatric drug phenomenon,” presented at the 10<sup>th</sup> Annual Conference of the International Center for the Study of Psychiatry and Psychology, Arlington, VA (13 October 2007)

“Parens Patriae, Parens Inscius: Beware the Dangers of the Incompetent State,” presented at the 9<sup>th</sup> Annual Conference of the International Center for the Study of Psychiatry and Psychology, Bethesda, MD (09 October 2006)

“Addiction and Stimulants,” presented at ICSPP Press Conference, Gaithersburg, MD (22 March 2006)

“Ritalin vs. Jiminy Cricket: The Suppression of Human Intention (Are Psychiatrists Medicating Can’t or Won’t?),” presented at the 5<sup>th</sup> Annual Conference of the New Jersey Institute for Training in Psychoanalysis, Inc., Teaneck, NJ (12 March 2006)

“Risk Assessment and the Challenge of Neurotechnologies: When Do Treatments Become Toxins to the Self ?” presented before the Novel Tech Ethics Research Team of Dalhousie University, Halifax, Nova Scotia (06 February 2006)

“Rethinking Psychiatric Drugs,” presented before the Committee for Public Counsel Services / Continuing Legal Education for attorneys, Boston MA (14 November 2005)

“*Parens patriae, Parens inscius*: The Problem of the Incompetent State,” presented at the 7<sup>th</sup> Annual Conference of ISPS-US (International Society for the Psychosocial Treatments of Schizophrenia and Other Psychoses), Boston MA (12 November 2005)

“Allostatic Load: How Psychiatric Drugs Stress the Brain and Body,” presented at the 8th Annual Conference of the International Center for the Study of Psychiatry and Psychology, New York City (09 October 2005)

“Rethinking Psychiatric Drugs,” presented at META Services, Phoenix, AZ (18 May 2005)

“What Doctors May Not Tell You About Psychiatric Drugs,” presented at University of Central England, Birmingham, UK (09 June 2004)

“Psychiatric Drugs: What We All Need to Know,” presented to community health centers in Shropshire County UK (07 and 08 June 2004)

“Cybernetic Children,” presented for the British Psychological Society/Psychotherapy Section at the Tavistock Clinic, London UK (05 June 2004)

“SOS: The Current Crisis in Psychiatric Drugs,” presented for Global Opportunities, Inc. and Children’s Development Council. Palm Beach, FL (17 April 2004)

“Gulf War Syndrome: Then and Now,” presented for the New Bern Coalition for Peace and Justice New Bern, NC (20 May 2003)

“Be Careful What You Fish For: An Introduction to Pre-Psychosis Screening Programs,” presented at the Columbia Academy of Psychodynamics, Columbia, MD (19 March 2003)

“The Limitations of Biological Psychiatry,” and “Recognizing the Drug-Induced Crisis,” plenary lecture and individual workshop presented at the annual conference of ICSP (International Center for the Study of Psychiatry and Psychology), Newark, NJ (11-13 OCT 2002)

“A Plea for Psyche,” and “Postmodern Psychiatry,” presented at Mental Health in the 21st Century Conference, Teesside University, Middlesbrough UK (06 and 13 SEP 2002)

“The Promise of Biotechnology: Unintended Consequences in the Posthuman Era,” presented at 7th annual Women in Technology International Conference, Santa Clara, CA (20 JUN 2002)

“The Meaning of ADD/ADHD,” presented at 1st Steven Baldwin Memorial Conference, Teesside University, Middlesbrough UK (28 FEB 2002)

“Beyond Reductionism - One Resident’s Search for Mind,” Chief Resident Research Project, presented at Walter Reed Army Medical Center (14 JUN 2000)

### **Teaching Experience:**

Expert panelist/contributor to “A Critical Skills Curriculum on Psychiatric Medications for Mental Health Professionals” (Florida International University, Miami, FL - 2007).

Chief Resident in Psychiatry (Walter Reed Army Medical Center - 1999 - 2000): Supervised junior residents, interns, and medical students on various rotations, including inpatient, partial hospitalization program, addictions medicine, and consult-liaison service. Organized and led morning report on inpatient ward, selecting daily case presentations as subattending. Delivered lectures on case formulation, psychotherapies, psychiatric history, and biopsychosocial model of illness. Assisted consult-liaison service chief with hypnotherapy interventions in pain and rehab/physiatry clinics.

Instructor, Political Science (California Lutheran University, Thousand Oaks, CA – 1986 - 1988):

Prepared and delivered original curriculum in American government. Advised, tested, and evaluated students. Assisted students with career development planning. Prepared grant proposals for tenured faculty members and Dean for International Affairs. Completed advanced degree in Public Administration, including community service project (library site selection assessment) for city of Thousand Oaks.

**Forensic Experience:**

Expert Witness  
in re: Thomsen vs. Thomsen  
Morristown, NJ (April – May 2008)

Professional Consultant:  
Vickery, Waldner, & Mallia  
(November 2006 through February 2008)

Expert Witness  
in re: Rogers vs. Ulmer's Drug  
Homer, AK (April – May 2007)

Expert Witness  
in re: L. Welch  
Nampa, ID (March – April 2007)

Expert Witness  
in re: J. Freeman  
Springfield, Massachusetts (June 2006)

Expert Witness  
in re: G. Daniels  
Melbourne Australia (December 2005 – present)

Expert Witness in guardianship case  
in re: A. Braman  
Columbia Circuit Court, OR (July 15, 2005)

Expert Witness in foster care case  
Witness for Attorney Ad Litem – Pasco County FL  
Juvenile Dependency Division Case No. 96-01158DPAES (August 4, 2004)

Forensic consultant re:  
State of Utah vs. Leon Gall (April 30, 2004)

Expert Witness and Professional Consultant - Law Project for Psychiatric Rights  
March 2003 - Present

Ad hoc forensic assistant for Alaska attorney specializing in rights of mentally ill.  
Activities have included professional testimony and affidavits, retrieval and analysis of medical research, and assistance with development of publicly accessible computer database.

Creighton in re: Office of Hearings and Appeals (August 26, 2004)  
Bavilla vs. Department of Corrections (April 4, 2004)  
Myers vs. Alaska Psychiatric Institute (February 2003)

**Other Employment:**

Rapid City Regional Hospital – Family Practice Residency Rapid City, SD  
June 2003 - July 2003

First year resident in family practice, responsible for inpatient treatment of medical patients, consultations, and outpatient clinic (children and adults). Responsibilities included EKG stress tests, Intensive Care Unit / Cardiac Care Unit (patient management). Left residency in good standing to resume work as mental health specialist due to concerns about continuing crisis in “evidence based medicine” and drug safety.

Secretary / Receptionist , Kamiya Biomedical Company  
June 1992 - August 1992

Temporary assistant for independent biomedical firm in Westlake Village, CA. Responsible for preparing all shipping documents, updating mail and invoice computer database, processing incoming orders, and interacting with large domestic and international customer network, correspondence, phones.

Administrative Assistant, Pepperdine University  
June 1991 - August 1991

Temporary assistant in Insurance and Risk Management Department. Adjusted student athletic claims, property floater, employee and student insurance database.

Treasury Analyst, Pepperdine University  
April 1989 - August 1989

Administered living trusts. Fulfilled debt compliance and daily cash management requirements for University. Executed wire transfers, foreign currency transactions, and various custodial duties for University accounts and securities. Generated financial reports, correspondence. Systematized procedures of this position prior to transition back to school for premedical studies.



Administrative Assistant, Pepperdine University  
January 1989 - April 1989

Assistant to VP for Finance, overseeing payments of taxes and expenses for University-managed property. Maintained investment and real estate files. Regulated access to off-site safekeeping vault. Generated correspondence and reports. Supervised student workers. Ordered department supplies, routed mail, scheduled appointments, and screened incoming calls for office personnel.

Administrative Assistant, Pepperdine University  
November 1988 - January 1989

Temporary assistant in Insurance and Risk Management Department. Adjusted student athletic claims, updated University property floater and driver records, edited and prepared University Safety Manual, supervised athletic policy changeover.

**Publications:**

“A Critical Analysis of the Neurogenesis Theory of Antidepressant Efficacy,”  
(April 2008) – under peer review.

“Chemo Brain: A Psychiatric Drug Phenomenon ?” *Medical Hypotheses* 70:3 (2008):  
572-577.

“The Case Against Stimulants,” contributed chapter, in S. Timimi and J. Leo, *Rethinking ADHD* (Hampshire, UK: Palgrave Macmillan, expected 2008).

“Mental Health Screening in Schools: Essentials of Informed Consent.” *Ethical Human Psychology and Psychiatry* 8 (2006): 217-225.

“A Curious Consensus: Brain Scans Prove Disease?” *Ethical Human Psychology and Psychiatry* 8 (2006): 55-60.

*Rethinking Psychiatric Drugs – A Guide for Informed Consent* (Bloomington, IN: Author House, 2005).

“Cybernetic Children,” contributed chapter, in C. Newnes and N. Radcliffe, *Making and Breaking Children’s Lives* (Ross on Wye: PCCS Books, 2005).

Contributor to "The Myth of the Magic Pill" in B. Duncan, S. Miller, and J. Sparks. *The Heroic Client*, 2nd ed. (San Francisco: Jossey Bass, 2004).

“A Plea for Psyche.” *Review of Existential Psychology & Psychiatry* XXVI (2003):  
97-100.

“The Dilemma of Early Intervention: Some Problems with Mental Health Screening and Labeling.” *Ethical Human Sciences and Services* 5 (2003): 35-40.

“Rethinking the Finnish Adoption Studies: A Challenge to the Doctrine of Genetic Determinism.” *Journal of Critical Psychology, Counselling, and Psychotherapy* 3 (2003): 129-138.

### **Other Independent Research:**

“Aerospace Medicine: A Review of Major Responses to Space Flight” - Aerospace Medicine Clerkship at Johnson Space Center, Houston TX (spring 1996)

“Psychobiology: Mind/Body Communication in the Manifestation and Mitigation of Illness” (spring 1992)

### **Volunteer Activities:**

Member, Board of Directors - ICSPP January 2001- present

As active member of International Center for the Study of Psychiatry and Psychology, have participated in lectures, research, and communiques with fellow health care professionals, policy makers, and public. Contributed to position paper on ADHD as part of Task Force on Child/Adolescent Mental Health Care. Frequent consultant on risks associated with use of mind-altering drugs and alternatives to same.

US Navy June 1996 - March 2002

As psychiatry intern, prepared and distributed intern directory; assisted with annual beach picnic, and coordinated purchase and distribution of discount lab coats. As resident: facilitated small group discussions of Uniformed Services 2nd yr. medical student course in psychiatry; instructor at Operational Medicine Course (Bushmaster) at Camp Bullis, TX (November 1988). Member of Call Committee, responsible for preparation and distribution of call schedule for over 40 interns and residents covering three separate emergency rooms / hospitals. Pioneered night float system for PGY2s.

University of Colorado School of Medicine 1992 - 1996

Class Secretary / Treasurer (1992 - 1996). Responsible for student administered accounts, fundraising activities, and minutes of all class government meetings. Student Council Secretary (1992-1993). Co-President, AMSA (American Medical Student Association) - University of Colorado Chapter (1993-1994): donated medical books to Romania, oversaw fundraising efforts, supervised Medicine Wheel alternative medicine lecture series. Course Representative, Microbiology and Immunology (1993 - 1994). Co-editor, Medical Examiner, medical school newspaper (1993-1994). National Editor, AMSA Medical Education Task Force Quarterly Newsletter (1993 - 1994). Sports: class softball and soccer teams (1993 - 1994). Senior Class Co-President (1995-1996). Coordinated Match Day celebration, co-wrote Senior Skit, recruited and hosted Graduation speaker.

**Professional Memberships:**

International Center for the Study of Psychiatry and Psychology (member, Board of Directors), International Society for the Psychosocial Treatment of Schizophrenia and Other Psychoses.

**Personal Facts:**

Facile writer and speaker. Well travelled (East Asia, Europe, USA). Hobbies include medical research, movies, poetry, music, physical fitness, time in nature, foreign languages, literature.