

## DRUGDEX® Evaluations

### OLANZAPINE

#### 0.0 Overview

##### 1) Class

- a) This drug is a member of the following class(es):
  - Antipsychotic
  - Thienobenzodiazepine

##### 2) Dosing Information

###### a) Adult

###### 1) Agitation - Bipolar I disorder

- a) initial, 10 mg INTRAMUSCULARLY; lower dose of 5 mg or 7.5 mg may be used if indicated; usual effective ZYPREXA(R) oral tablets, IM injection, ZYPREXA(R) ZYDIS(R) orally disintegrating tablets, 2006
- b) subsequent doses may be given INTRAMUSCULARLY in doses up to 10 mg; maximal dosing, three 10 mg doses (orthostatic hypotension prior to the administration of repeated doses) (Prod Info ZYPREXA(R) oral tablets, IM disintegrating tablets, 2006)

###### 2) Agitation - Schizophrenia

- a) initial, 10 mg INTRAMUSCULARLY; lower dose of 5 mg or 7.5 mg may be used if indicated; usual effective ZYPREXA(R) oral tablets, IM injection, ZYPREXA(R) ZYDIS(R) orally disintegrating tablets, 2006
- b) subsequent doses may be given INTRAMUSCULARLY in doses up to 10 mg; maximal dosing, three 10 mg doses (orthostatic hypotension prior to the administration of repeated doses) (Prod Info ZYPREXA(R) oral tablets, IM disintegrating tablets, 2006)

###### 3) Bipolar I disorder, Acute mixed or manic episodes

- a) monotherapy: 10 to 15 mg/day ORALLY, dose adjustments should be made in 5 mg increments in intervals (Prod Info ZYPREXA(R) oral tablets, IM injection, ZYPREXA(R) ZYDIS(R) orally disintegrating tablets, 2006)
- b) combination therapy (with lithium or valproate): 10 mg/day ORALLY, dose adjustments should be made in 5 mg increments (Prod Info ZYPREXA(R) oral tablets, IM injection, ZYPREXA(R) ZYDIS(R) orally disintegrating tablets, 2006)

###### 4) Bipolar I disorder, Maintenance therapy

- a) (monotherapy) 5 to 20 mg ORALLY per day (after achieving a responder status for an average duration of 4 weeks) (Prod Info ZYPREXA(R) oral tablets, IM injection, ZYPREXA(R) ZYDIS(R) orally disintegrating tablets, 2006)

###### 5) Schizophrenia

- a) 5 to 10 mg/day orally with a target dose of 10 mg/day within several days; further dose adjustments should be made in 5 mg increments (Prod Info ZYPREXA(R) oral tablets, IM injection, ZYPREXA(R) ZYDIS(R) orally disintegrating tablets, 2006)

###### b) Pediatric

- 1) safety and effectiveness in pediatric patients have not been established

##### 3) Contraindications

- a) specific contraindications have not been determined (Prod Info ZYPREXA(R) oral tablets, orally disintegrating tablets, 2006)

##### 4) Serious Adverse Effects

- a) Cerebrovascular disease
- b) Death
- c) Diabetic ketoacidosis
- d) Status epilepticus
- e) Sudden cardiac death

##### 5) Clinical Applications

###### a) FDA Approved Indications

- 1) Agitation - Bipolar I disorder
- 2) Agitation - Schizophrenia
- 3) Bipolar I disorder, Acute mixed or manic episodes
- 4) Bipolar I disorder, Maintenance therapy
- 5) Schizophrenia

#### 1.0 Dosing Information

Drug Properties

Storage and Stability

Adult Dosage

Pediatric Dosage

**1.1 Drug Properties**

- A) Information on specific products and dosage forms can be obtained by referring to the Tradename List (Product In
- B) Synonyms
  - Olanzapine
- C) Physicochemical Properties
  - 1) Molecular Weight
    - a) 312.44 (Prod Info Zyprexa(R), 2004)
  - 2) Solubility
    - a) Practically insoluble in water (Prod Info Zyprexa(R), 2004)

**1.2 Storage and Stability**

- A) Preparation
  - 1) Intramuscular route
    - a) For intramuscular use only. Do not administer intravenously or subcutaneously (Prod Info ZYPREXA(R) ir 2004).
    - b) For the preparation of solution for intramuscular injection containing approximately 5 milligrams/milliliter (r supplied vial using 2.1 mL of Sterile Water for Injection. The resulting solution should appear clear and yellow (within 1 hour) after reconstitution and any unused portion should be discarded (Prod Info ZYPREXA(R) injec
  - 2) Oral route
    - a) Orally Disintegrating Tablets
      - 1) For administration of orally disintegrating tablets, peel back foil on blister pack to expose tablet; do NI hands to remove the tablet from the blister unit and immediately place the entire tablet in the mouth. Tab swallowed with or without liquid (Prod Info Zyprexa(R), Zyprexa(R) Zydis(R), Zyprexa(R) IntraMuscular C
- B) Oral route
  - 1) Store at controlled room temperature, 20 to 25 degrees C (68 to 77 degrees F) (Prod Info Zyprexa(R), Zyprex Olanzapine, 2004a). Protect from light and moisture
- C) Extemporaneous Formulation - Oral route
  - 1) Olanzapine is practically insoluble in water. A 1-milligram per milliliter (mg/mL) suspension prepared from crus syrup, carboxymethylcellulose and parabens) was found to be stable for 14 days when stored in a refrigerator anc preparation and administration is advised as olanzapine may be irritating to the eye and can cause contact derma it is recommended to wear gloves and wash hands before and after exposure (Personal Communication, 2001).

**1.3 Adult Dosage**

Normal Dosage

Dosage in Renal Failure

Dosage in Hepatic Insufficiency

Dosage in Geriatric Patients

Dosage Adjustment During Dialysis

Dosage in Other Disease States

**1.3.1 Normal Dosage**

Intramuscular route

Oral route

Chemotherapy-induced nausea and vomiting; Treatment and Prophylaxis

Parkinson's disease - Psychotic disorder

**1.3.1.A Intramuscular route**

Agitation - Bipolar I disorder

Agitation - Schizophrenia

**1.3.1.A.1 Agitation - Bipolar I disorder**

**a)** The recommended intramuscular dose for the treatment of agitation associated with bipolar mania is mg may be used when clinically indicated. Efficacy of intramuscular olanzapine has been demonstrated in a ZYPREXA(R) oral tablets, IM injection, ZYPREXA(R) ZYDIS(R) orally disintegrating tablets, 2006).

**b)** The efficacy of repeated doses of intramuscular olanzapine in agitated patients has not been evaluated persists after the initial dose and additional intramuscular doses are warranted, subsequent doses up to total daily doses greater than 30 mg, or 10 mg injections given more frequently than 2 hours after the initial dose not been evaluated in clinical trials. Maximal dosing of intramuscular olanzapine (ie, three 10 mg doses a day) with an increased risk of orthostatic hypotension. It is recommended that patients requiring subsequent doses of intramuscular olanzapine for injection prior to the administration of any subsequent doses of intramuscular olanzapine for injection patient with a clinically significant postural change in systolic blood pressure. If ongoing olanzapine therapy a range of 5 to 20 mg/day as soon as clinically appropriate (Prod Info ZYPREXA(R) oral tablets, IM injection, 2006).

**c)** Intramuscular olanzapine for injection is intended for intramuscular use only; do NOT administer intramuscularly into the muscle mass (Prod Info ZYPREXA(R) oral tablets, IM injection, ZYPREXA(R) ZYDIS(R) orally disintegrating tablets, 2006).

**1.3.1.A.2 Agitation - Schizophrenia**

**a)** The recommended intramuscular dose for the treatment of agitation associated with schizophrenia is mg may be used when clinically indicated. Efficacy of intramuscular olanzapine has been demonstrated in a ZYPREXA(R) oral tablets, IM injection, ZYPREXA(R) ZYDIS(R) orally disintegrating tablets, 2006).

**b)** The efficacy of repeated doses of intramuscular olanzapine in agitated patients has not been evaluated persists after the initial dose and additional intramuscular doses are warranted, subsequent doses up to total daily doses greater than 30 mg, or 10 mg injections given more frequently than 2 hours after the initial dose not been evaluated in clinical trials. Maximal dosing of intramuscular olanzapine (ie, three 10 mg doses a day) with an increased risk of orthostatic hypotension. It is recommended that patients requiring subsequent doses of intramuscular olanzapine for injection prior to the administration of any subsequent doses of intramuscular olanzapine for injection patient with a clinically significant postural change in systolic blood pressure. If ongoing olanzapine therapy a range of 5 to 20 mg/day as soon as clinically appropriate (Prod Info ZYPREXA(R) oral tablets, IM injection, 2006).

**c)** Intramuscular olanzapine for injection is intended for intramuscular use only; do NOT administer intramuscularly into the muscle mass (Prod Info ZYPREXA(R) oral tablets, IM injection, ZYPREXA(R) ZYDIS(R) orally disintegrating tablets, 2006).

**1.3.1.B Oral route**

Agitation - Bipolar I disorder

Agitation - Schizophrenia

Bipolar I disorder, Acute mixed or manic episodes

Bipolar I disorder, Maintenance therapy

Schizophrenia

**1.3.1.B.1 Agitation - Bipolar I disorder**

**a)** In one study, rapid initial dose escalation of oral olanzapine was effective in the treatment of acute agitation disorder. Investigators used a dosing regimen of 20 to 40 milligrams (mg)/day for 2 days, then 20 to 30 mg daily. Also effective was the more conventional dosing regimen of olanzapine 10 mg daily with adjunctive olanzapine 5 to 20 milligrams for 3 days (Baker et al, 2003).

**1.3.1.B.2 Agitation - Schizophrenia**

**a)** In one study, rapid initial dose escalation of oral olanzapine was effective in the treatment of acute agitation disorder. Investigators used a dosing regimen of 20 to 40 milligrams (mg)/day for 2 days, then 20 to 30 mg daily. Also effective was the more conventional dosing regimen of olanzapine 10 mg daily with adjunctive olanzapine 5 to 20 milligrams for 3 days (Baker et al, 2003).

**1.3.1.B.3 Bipolar I disorder, Acute mixed or manic episodes**

**a)** Monotherapy

**1)** In clinical trials evaluating the short-term (3 to 4 weeks) effects of olanzapine in acute mania, efficacy was demonstrated with doses of 10 to 20 mg daily. The recommended initial dosage of olanzapine is 10 or 15 milligrams (mg) once daily, less than 24 hours, by 5 mg daily. Doses above 20 mg/day have not been evaluated for safety in clinical trials.

injection, ZYPREXA(R) ZYDIS(R) orally disintegrating tablets, 2006).

**b) Combination Therapy**

**1)** In clinical trials evaluating the short-term (6 weeks) effects of olanzapine in acute mania, efficacy (mg) daily. The recommended initial dosage of olanzapine in combination with lithium or valproate is not been evaluated for safety in clinical trials (Prod Info Zyprexa(R), Zyprexa(R) Zydis(R), Zyprexa(R)

**1.3.1.B.4 Bipolar I disorder, Maintenance therapy**

**a) Monotherapy**

**1)** Bipolar patients responding to initial olanzapine therapy for an average period of two weeks have monotherapy at a dose of 5 to 20 milligrams/day. The long-term usefulness of olanzapine for the ind olanzapine is used for extended periods of time (Prod Info ZYPREXA(R) oral tablets, IM injection, Z 2006).

**1.3.1.B.5 Schizophrenia**

**a)** Initial dosages are 5 to 10 milligrams administered on a once-a-day schedule without regard to meals several days of initiation of therapy is recommended. If dosage adjustments are needed, decrease or inc adjustments should typically occur at intervals of not less than 1 week (Prod Info ZYPREXA(R) oral table disintegrating tablets, 2006).

**b)** In clinical trials, antipsychotic efficacy occurred at a dosage range of 10 to 15 milligrams/day. Doses : be more efficacious than the 10 milligrams/day dose. The safety of doses above 20 milligrams/day has n ZYPREXA(R) oral tablets, IM injection, ZYPREXA(R) ZYDIS(R) orally disintegrating tablets, 2006).

**c)** Effective doses of olanzapine in the treatment of schizophrenia have ranged from 7.5 to 40 milligrams; al, 1996)(Beasley et al, 1996aa; Anon, 1994b; Anon, 1994aa). Clinical trials have shown that 10 milligrar dose may have greater efficacy in relieving negative symptoms; further studies are needed (Nemeroff, 1'

**1.3.1.C Chemotherapy-induced nausea and vomiting; Treatment and Prophylaxis**

See Drug Consult reference: CHEMOTHERAPY AND RADIOTHERAPY TREATMENT GUIDELINES FOR N

**1.3.1.D Parkinson's disease - Psychotic disorder**

See Drug Consult reference: THERAPY OF PSYCHOTIC DISTURBANCES IN PARKINSONIAN PATIENTS

**1.3.1.E Switching to Olanzapine**

**1)** Schizophrenic and schizophreniform patients may be successfully transitioned from clozapine to olanzapine a stable dose of clozapine (Henderson et al, 1998). Olanzapine is increased by 2.5 to 5 mg weekly to a maxi doses should be gradually decreased by increments of 25 to 50 mg per week.

**2)** Switching patients to olanzapine from conventional antipsychotic therapy or risperidone was most succes implemented at the full therapeutic dose and other antipsychotics were gradually discontinued. In a study of 2 schizophrenia or schizoaffective disorder, 4 treatment strategies were used. Patients were randomized to unc antipsychotic drug and immediate or stepwise initiation of olanzapine. Olanzapine was administered in doses stepwise fashion (1 week of placebo, followed by 1 week of olanzapine 5 mg daily and then 1 week of olanza assessed using the Clinical Global Impressions (CGI) Improvement scale, Patient's Global Impressions (PGI), Syndrome Scale (PNSS). These scoring systems showed that immediate initiation of olanzapine with gradua the safest and most effective approach. However, all strategies were effective; by week 3, the majority of pati clinically unchanged without increased risk of relapse or of drug withdrawal symptoms. Patients who abruptly gradually implemented olanzapine had a significantly greater incidence of sleep disorders than those using o more often in when antipsychotic medication was abruptly discontinued with immediate implementation of ole et al, 2000).

**1.3.2 Dosage in Renal Failure**

**A)** Patients with renal impairment DO NOT require a dosage adjustment. The pharmacokinetic parameters were impairment and normal patients. Only 7% of olanzapine is excreted in the urine as unchanged drug (Prod Info Zyp IntraMuscular Olanzapine, 2004b). However, a lower initial dose of 5 milligrams daily should be considered (Prod

**1.3.3 Dosage in Hepatic Insufficiency**

**A)** Olanzapine is extensively metabolized, however, no change in dosage is needed. In patients with significant li A and B), little effect was seen on the pharmacokinetics of olanzapine (Prod Info Zyprexa(R), Zyprexa(R) Zydis(R)

**1.3.4 Dosage in Geriatric Patients**

**A)** Caution should be used when oral olanzapine is administered to the elderly, especially if there are other factor pharmacodynamic parameters (Prod Info Zyprexa(R), Zyprexa(R) Zydis(R), Zyprexa(R) IntraMuscular Olanzapine

**B)** The recommended intramuscular dose for elderly patients is 5 milligrams per injection (Prod Info Zyprexa(R) I

**1.3.5 Dosage Adjustment During Dialysis**

**A) Hemodialysis**

**1)** Olanzapine is not removed by dialysis (Prod Info Zyprexa(R), Zyprexa(R) Zydis(R), Zyprexa(R) IntraMusc

**B) Peritoneal Dialysis**

**1)** Olanzapine is not removed by dialysis (Prod Info Zyprexa(R), Zyprexa(R) Zydis(R), Zyprexa(R) IntraMusc

**1.3.6 Dosage in Other Disease States**

**A) Special Populations**

- 1) The recommended starting oral dose is 5 milligrams in the following populations: patients who are debilitated reactions, who exhibit a combination of factors that may cause a slower metabolism of olanzapine (eg, nonsmoking pharmacodynamically sensitive to olanzapine (Prod Info Zyprexa(R), Zyprexa(R) Zydis(R), Zyprexa(R) IntraMuscular Olanzapine, 2004b).
- 2) The recommended intramuscular dose is 2.5 milligrams per injection for patients who are debilitated, have been pharmacodynamically sensitive to olanzapine (Prod Info Zyprexa(R) IntraMuscular Olanzapine, 2004b).
- 3) No dosage modification is needed but the manufacturer reports that the clearance of olanzapine is 30% lower in elderly patients (Prod Info Zyprexa(R) IntraMuscular Olanzapine, 2004b).
- 4) No dosage modification is needed but the manufacturer reports that the clearance of olanzapine is 40% lower in elderly patients (Prod Info Zyprexa(R), Zyprexa(R) Zydis(R), Zyprexa(R) IntraMuscular Olanzapine, 2004b).
- 5) The combined effects of age, smoking, and gender could cause substantial pharmacokinetic differences in elderly patients. In elderly patients, the clearance of olanzapine in male smokers may be 3 times higher than that in elderly nonsmoking females (Prod Info Zyprexa(R), Zyprexa(R) IntraMuscular Olanzapine, 2004b). Age over 65, gender, or smoking status alone does NOT require dosage modification.

**1.4 Pediatric Dosage**

**1.4.1 Normal Dosage**

**1.4.1.A Anorexia nervosa**

See Drug Consult reference: ANOREXIA NERVOSA - DRUG THERAPY

**2.0 Pharmacokinetics**

Onset and Duration

Drug Concentration Levels

ADME

**2.1 Onset and Duration**

**A) Onset**

- 1) Initial Response
  - a) Schizophrenia: 1 week (Beasley et al, 1996).

**2.2 Drug Concentration Levels**

**A) Therapeutic Drug Concentration**

- 1) Schizophrenia, greater than 9 ng/ml (Perry et al, 1997).
  - a) In acutely schizophrenic patients receiving olanzapine (n=79), 45% of patients with a trough level above 9 ng/ml versus only 15% of patients with concentrations less than 9.3 ng/ml responding (Perry et al, 1997).

**B) Time to Peak Concentration**

- 1) Oral: 6 hours (Prod Info Zyprexa(R), Zyprexa(R) Zydis(R), Zyprexa(R) IntraMuscular Olanzapine, 2004). Oral: (Prod Info Zyprexa(R) IntraMuscular Olanzapine, 2004).
  - a) In an open-label, inpatient trial involving 8 patients (ages 10 to 18 years) receiving olanzapine 2.5 to 20 mg, the mean plasma concentration was 115.6 +/- 26.7 nanograms/milliliter. The mean time to maximum concentration was 6 hours. These adolescent patients are similar to the concentrations observed in nonsmoking adult patients being treated with olanzapine. The average concentrations in smokers (Grothe et al, 2000).
- 2) Intramuscular: 15 to 45 minutes (Prod Info Zyprexa(R), Zyprexa(R) Zydis(R), Zyprexa(R) IntraMuscular Olanzapine, 2004).

**2.3 ADME**

Absorption

Distribution

Metabolism

Excretion

Elimination Half-life

**2.3.1 Absorption**

- A) Bioavailability
  - 1) Oral: Well-absorbed (Prod Info Zyprexa(R), Zyprexa(R) Zydis(R), Zyprexa(R) IntraMuscular Olanzapine, 2004)
    - a) Extensively eliminated by first-pass metabolism; 40% of dose metabolized before reaching systemic circulation (Prod Info Zyprexa(R), Zyprexa(R) IntraMuscular Olanzapine, 2004; Bever & Perry, 1998a).
- B) Effects of Food
  - 1) None (Prod Info Zyprexa(R), Zyprexa(R) Zydis(R), Zyprexa(R) IntraMuscular Olanzapine, 2004).

**2.3.2 Distribution**

- A) Distribution Sites
  - 1) Protein Binding
    - a) 93% (Prod Info Zyprexa(R), Zyprexa(R) Zydis(R), Zyprexa(R) IntraMuscular Olanzapine, 2004).
      - 1) The primary binding sites are albumin and alpha-1- acid glycoprotein (Prod Info Zyprexa(R), Zyprexa(R) IntraMuscular Olanzapine, 2004).
- B) Distribution Kinetics
  - 1) Volume of Distribution
    - a) 1000 L (Prod Info Zyprexa(R), Zyprexa(R) Zydis(R), Zyprexa(R) IntraMuscular Olanzapine, 2004).

**2.3.3 Metabolism**

- A) Metabolism Sites and Kinetics
  - 1) Liver, extensively metabolized (Prod Info Zyprexa(R), Zyprexa(R) Zydis(R), Zyprexa(R) IntraMuscular Olanzapine, 2004)
    - a) The primary metabolic pathways for olanzapine are direct glucuronidation and oxidation mediated by monooxygenase system. CYP2D6 appears to be a minor pathway (Prod Info Zyprexa(R), Zyprexa(R) Zydis(R), Zyprexa(R) IntraMuscular Olanzapine, 2004).
    - b) Forty percent is metabolized via first pass metabolism (Prod Info Zyprexa(R), Zyprexa(R) Zydis(R), Zyprexa(R) IntraMuscular Olanzapine, 2004).
- B) Metabolites
  - 1) 10-N-glucuronide, (inactive) (Prod Info Zyprexa(R), Zyprexa(R) Zydis(R), Zyprexa(R) IntraMuscular Olanzapine, 2004)
  - 2) 4'-N-desmethyl olanzapine, (inactive) (Prod Info Zyprexa(R), Zyprexa(R) Zydis(R), Zyprexa(R) IntraMuscular Olanzapine, 2004)

**2.3.4 Excretion**

- A) Kidney
  - 1) Renal Excretion (%)
    - a) 57% (Prod Info Zyprexa(R), Zyprexa(R) Zydis(R), Zyprexa(R) IntraMuscular Olanzapine, 2004; Anon. 2004)
- B) Total Body Clearance
  - 1) 26.1 L/hr (Kando, 1997).
    - a) Clearance ranges from 12 to 47 L/hour (Prod Info Zyprexa(R), Zyprexa(R) Zydis(R), Zyprexa(R) IntraMuscular Olanzapine, 2004)
    - b) In 8 pediatric and adolescent patients (ages 10 to 18 years) receiving 2.5 to 20 milligrams olanzapine daily, the mean clearance was 9.6 +/- 2.4 liters/hour (Grothe et al, 2000).
- C) Other
  - 1) OTHER EXCRETION
    - a) Feces, 30% (Prod Info Zyprexa(R), Zyprexa(R) Zydis(R), Zyprexa(R) IntraMuscular Olanzapine, 2004)

**2.3.5 Elimination Half-life**

- A) Parent Compound
  - 1) ELIMINATION HALF-LIFE
    - a) 21 to 54 hours (mean = 30 hours) (Prod Info Zyprexa(R), Zyprexa(R) Zydis(R), Zyprexa(R) IntraMuscular Olanzapine, 2004)
      - 1) In 8 pediatric and adolescent patients (ages 10 to 18 years) receiving 2.5 to 20 milligrams olanzapine daily, the mean elimination half-life was 37.2 +/- 5.1 hours (Grothe et al, 2000).
      - 2) Although the mean elimination half-life of olanzapine is prolonged in the elderly (young patients: mean = 21 hours), the mean elimination half-life is prolonged in the elderly (young patients: mean = 21 hours; elderly patients: mean = 37.2 hours). Thus, a dose reduction is not necessary in otherwise healthy elderly patients.

**3.0 Cautions**

Contraindications

Precautions

Adverse Reactions

Teratogenicity/Effects in Pregnancy/Breastfeeding

Drug Interactions

**3.0.A Black Box WARNING**

- 1) Intramuscular (Powder for Solution)

**Increased Mortality in Elderly Patients with Dementia-Related Psychosis**

Elderly patients with dementia-related psychosis treated with antipsychotic drugs are at an increased risk of death (modal duration of 10 weeks), largely in patients taking atypical antipsychotic drugs, revealed a risk of 4.5 times the risk of death in placebo-treated patients. Over the course of a typical 10-week controlled trial, the rate was 4.5%, compared to a rate of about 2.6% in the placebo group. Although the causes of death were varied, most were cardiovascular (eg, heart failure, sudden death) or infectious (eg, pneumonia) in nature. Observational studies suggest that, in patients with dementia-related psychosis, treatment with conventional antipsychotic drugs may increase mortality. The extent to which the findings may be attributed to the antipsychotic drug as opposed to some characteristic(s) of the patients is not clear. (See Warnings and Precautions, (1) patients with dementia-related psychosis (Prod Info ZYPREXA(R) oral tablets, orally disintegrating tablets, IM injection, 2009)

**2) Oral (Tablet; Tablet, Disintegrating)**

**Increased Mortality in Elderly Patients with Dementia-Related Psychosis**

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**3.1 Contraindications**

**A)** specific contraindications have not been determined (Prod Info ZYPREXA(R) oral tablets, orally disintegrating tablets, IM injection, 2009)

**3.2 Precautions**

- A)** elderly patients with dementia-related psychosis (unapproved use); increased risk of death; most deaths were attributed to cardiovascular (eg, heart failure, sudden death) or infectious (eg, pneumonia) (Prod Info ZYPREXA(R) oral tablets, orally disintegrating tablets, IM injection, 2009)
- B)** elderly patients with dementia-related psychosis (unapproved use); cerebrovascular events (eg, stroke, transient ischemic attack) (Prod Info ZYPREXA(R) oral tablets, orally disintegrating tablets, IM injection, 2009)
- C)** cardiovascular or cerebrovascular disease or conditions that predispose patients to hypotension (eg, dehydration, orthostatic hypotension) (Prod Info ZYPREXA(R) oral tablets, orally disintegrating tablets, IM injection, 2009)
- D)** concomitant use of parenteral benzodiazepine and intramuscular olanzapine is not recommended (Prod Info ZYPREXA(R) oral tablets, orally disintegrating tablets, IM injection, 2009)
- E)** conditions that may contribute to elevated body temperature (eg, strenuous exercise, extreme heat exposure, dehydration) (Prod Info ZYPREXA(R) oral tablets, orally disintegrating tablets, IM injection, 2009)
- F)** diabetes mellitus or risk factors for diabetes mellitus; increased risk of severe hyperglycemia (Prod Info ZYPREXA(R) oral tablets, orally disintegrating tablets, IM injection, 2009)
- G)** diseases or conditions affecting hemodynamic response, preexisting (Prod Info ZYPREXA(R) oral tablets, orally disintegrating tablets, IM injection, 2009)
- H)** elderly patients, especially elderly women, are at increased risk of tardive dyskinesia (Prod Info ZYPREXA(R) oral tablets, orally disintegrating tablets, IM injection, 2009)
- I)** glaucoma, narrow angle; condition may be exacerbated due to anticholinergic properties (Prod Info ZYPREXA(R) oral tablets, orally disintegrating tablets, IM injection, 2009)
- J)** hepatic impairment, significant, preexisting conditions associated with limited hepatic functional reserve, or concurrent conditions (Prod Info ZYPREXA(R) oral tablets, orally disintegrating tablets, IM injection, 2009)
- K)** hyperglycemia (some extreme cases associated with ketoacidosis or hyperosmolar coma or death) has been reported (Prod Info ZYPREXA(R) oral tablets, orally disintegrating tablets, IM injection, 2009)
- L)** hyperlipidemia, hypercholesterolemia, and significantly elevated triglycerides have been reported (Prod Info ZYPREXA(R) oral tablets, orally disintegrating tablets, IM injection, 2009)
- M)** increased duration of therapy and/or higher cumulative doses; increased risk of tardive dyskinesia (Prod Info ZYPREXA(R) oral tablets, orally disintegrating tablets, IM injection, 2009)
- N)** neuroleptic malignant syndrome, potentially fatal; has been reported in association with olanzapine therapy; increased risk of neuroleptic malignant syndrome (Prod Info ZYPREXA(R) oral tablets, orally disintegrating tablets, IM injection, 2009)
- O)** paralytic ileus, history; condition may be exacerbated due to anticholinergic properties (Prod Info ZYPREXA(R) oral tablets, orally disintegrating tablets, IM injection, 2009)
- P)** prostatic hypertrophy; condition may be exacerbated due to anticholinergic properties (Prod Info ZYPREXA(R) oral tablets, orally disintegrating tablets, IM injection, 2009)
- Q)** seizure disorder, history, or conditions that may lower seizure threshold; may increase seizure risk (Prod Info ZYPREXA(R) oral tablets, orally disintegrating tablets, IM injection, 2009)
- R)** tardive dyskinesia, potentially irreversible, may occur (Prod Info ZYPREXA(R) oral tablets, orally disintegrating tablets, IM injection, 2009)

**3.3 Adverse Reactions**

Cardiovascular Effects

Dermatologic Effects

Endocrine/Metabolic Effects

Gastrointestinal Effects

Hematologic Effects

Hepatic Effects

Immunologic Effects

Musculoskeletal Effects

Neurologic Effects

Ophthalmic Effects

Psychiatric Effects

Renal Effects

Reproductive Effects

Respiratory Effects

Other

### 3.3.1 Cardiovascular Effects

Bradycardia

Chest pain

Hypertension

Hypotension

Orthostatic hypotension

Peripheral edema

Sudden cardiac death

Tachycardia

#### 3.3.1.A Bradycardia

1) A 24-year-old, healthy, non-smoking, woman volunteer experienced hypotension (70/30 mmHg) and bradycardia taking a single oral dose of olanzapine 5 mg. Lying down with feet elevated brought both pulse and blood pressure back to normal. The maximum plasma concentration of olanzapine in this subject (13 nanograms/mL) was unusually high and reported range for Tmax (5 to 6 hours). Her Cmax was in the range expected for a single dose of 10 to 15 mg.

#### 3.3.1.B Chest pain

1) Incidence: 3% (Prod Info Zyprexa(R), Zyprexa(R) Zydis(R), Zyprexa(R) IntraMuscular Olanzapine, 2004a)  
2) Chest pain has been reported in 3% of patients treated with olanzapine (Prod Info Zyprexa(R), Zyprexa(R) 2004a).

#### 3.3.1.C Hypertension

1) Incidence: 2% (Prod Info Zyprexa(R), Zyprexa(R) Zydis(R), Zyprexa(R) IntraMuscular Olanzapine, 2004a)  
2) Hypertension has been reported in 2% of patients treated with olanzapine (Prod Info Zyprexa(R), Zyprexa(R) Olanzapine, 2004a).

**3.3.1.D Hypotension**

1) A 24-year-old, healthy, non-smoking, woman volunteer experienced hypotension (70/30 mmHg) and bradycardia taking a single oral dose of olanzapine 5 mg. Lying down with feet elevated brought both pulse and blood pressure back to normal. The maximum plasma concentration of olanzapine in this subject (13 nanograms/mL) was unusually high and reported range for Tmax (5 to 6 hours). Her Cmax was in the range expected for a single dose of 10 to 15 mg.

**3.3.1.E Orthostatic hypotension**

- 1) Incidence: 3% to 5% (Prod Info Zyprexa(R), Zyprexa(R) Zydis(R), Zyprexa(R) IntraMuscular Olanzapine, 2004a).
- 2) Postural hypotension has been reported in 3% to 5% of patients treated with olanzapine (Prod Info Zyprexa(R) IntraMuscular Olanzapine, 2004a).
- 3) Orthostatic hypotension has been observed in greater than 5% of patients participating in olanzapine clinical trials. A decrease in heart rate (bradycardia) has been reported in clinical trials with tachycardia occurring in greater than 5% of the patients. Orthostatic hypotensive changes (Bronson & Lindenmayer, 2000).
- 4) Small reductions in orthostatic blood pressure have been reported in olanzapine-treated patients during clinical trials.

**3.3.1.F Peripheral edema**

- 1) Incidence: 3% (Prod Info Zyprexa(R), Zyprexa(R) Zydis(R), Zyprexa(R) IntraMuscular Olanzapine, 2004a).
- 2) Peripheral edema has been reported in 3% of patients treated with olanzapine (Prod Info Zyprexa(R), Zyprexa(R) IntraMuscular Olanzapine, 2004a).

**3.3.1.G Sudden cardiac death**

1) In a large, retrospective, cohort study that included a primary cohort of 93,300 users of antipsychotic drug there was an increased risk of sudden cardiac death in adult participants 30 to 74 years of age (mean age of 50 years) compared to those who were not using antipsychotic drugs (incidence-rate ratio, 2.04; 95% confidence interval (CI), 1.5 to 2.7). In a secondary cohort of 1.5 million treated with atypical antidepressants (clozapine, olanzapine, quetiapine, risperidone), the incidence-rate ratio (95% CI, 1.03 to 2.46) for those using low doses to 2.86 (95% CI, 2.25 to 3.65) for those using high doses (p < 0.001).

**3.3.1.H Tachyarrhythmia**

- 1) Incidence: 3% (Prod Info Zyprexa(R), Zyprexa(R) Zydis(R), Zyprexa(R) IntraMuscular Olanzapine, 2004a).
- 2) Tachycardia has been reported in 3% of patients treated with olanzapine (Prod Info Zyprexa(R), Zyprexa(R) IntraMuscular Olanzapine, 2004a).

**3.3.2 Dermatologic Effects**

Dermatological finding

Sweating symptom

**3.3.2.A Dermatological finding**

- 1) Summary
  - a) A 36-year-old African-American man developed a PUSTULAR SKIN ERUPTION 2 weeks after beginning olanzapine therapy. The eruption began on his face and spread to his hips and buttocks. One day later he developed ERYTHEMATOUS FLAKY SCALD with no lymphadenopathy or fever. Olanzapine was discontinued and warm compresses were applied. The eruption resolved within 2 weeks (Prod Info Zyprexa(R), Zyprexa(R) IntraMuscular Olanzapine, 1999).
- 2) Pustular eruptions, sweating and erythematous plaques are reported with olanzapine administration.

**3.3.2.B Sweating symptom**

- 1) Summary
  - a) The manufacturer reports that sweating has been associated with olanzapine therapy (Prod Info Zyprexa(R) IntraMuscular Olanzapine, 2004a).

**3.3.3 Endocrine/Metabolic Effects**

Diabetes mellitus

Diabetic ketoacidosis

Galactorrhea

Hypercholesterolemia

Hyperglycemia

Hypoglycemia

Hypothermia

Increased appetite

Increased body temperature

Metabolic syndrome

Prolactin level raised

Serum triglycerides raised

Summary

Weight gain

Weight loss

### 3.3.3.A Diabetes mellitus

#### 1) Summary

**a)** Diabetic mellitus was reported infrequently (0.1% to 1%) in clinical trials (n=8661) representing 4165 multiple doses of oral olanzapine at doses 1 mg/day or more (Prod Info ZYPREXA(R) oral tablets, IM inj tablets, 2008).

**b)** As with other atypical antipsychotics, hyperglycemia has been reported in patients on olanzapine. Th nonfasting levels, from baseline to the average of the 2 highest serum concentrations was 15 mg/dL, dur Effectiveness in patients treated for a median olanzapine-exposure duration of 9.2 months. Olanzapine is difficult to assess the relationship because of an increased risk of diabetes mellitus in patients with schiz mellitus in the general population. In general, epidemiological studies show that atypical antipsychotics ir hyperglycemia. Olanzapine appears to have a greater risk of glucose abnormalities compared with other oral tablets, IM injection, ZYPREXA(R) ZYDIS(R) orally disintegrating tablets, 2008).

**c)** The risks and benefits of olanzapine should be considered prior to prescribing in patients with an est with borderline increased blood glucose levels (fasting 100 to 126 mg/dL or nonfasting 140 to 200 mg/dL recommended. For patients with risk factors for diabetes mellitus (obesity, family history of diabetes), fas initiation and periodically during olanzapine therapy. All patients should be monitored for signs and symp polyphagia, and weakness). Fasting blood glucose should be tested if symptoms of hyperglycemia devel discontinuation of olanzapine; however, some patients may continue to need antidiabetic therapy despite ZYPREXA(R) oral tablets, IM injection, ZYPREXA(R) ZYDIS(R) orally disintegrating tablets, 2008).

**2)** Incidence: 0.1% to 1% (Prod Info ZYPREXA(R) oral tablets, IM injection, ZYPREXA(R) ZYDIS(R) orally di

**3)** New onset diabetes mellitus (DM) has been reported with the administration of olanzapine. At least 25 fat olanzapine-induced diabetic ketoacidosis (Torrey & Swallow, 2003; Goldstein et al, 1999; Lindenmayer & Pa

**4)** A 51-year-old woman with schizoaffective disorder and type 2 diabetes (stabilized on metformin 1 gram tw developed hyperglycemia, without weight gain, when an episode of elevated mood and psychosis was treate risperidone for 4 weeks but did not respond. Chlorpromazine also was not effective. Olanzapine, titrated to 3l symptoms. Her blood glucose then began to increase, although her diet was controlled by the hospital. Oral f maximum and she was started on actrapid insulin. Glucose levels remained unstable until olanzapine was taj hypoglycemic medications were reduced to previous levels and actrapid insulin was discontinued. Zuclopent schizoaffective disorder. The patient showed no significant weight gain during treatment with olanzapine, whi effect on glucose regulation (Ramankutty, 2002).

**5)** A 27-year-old man developed signs of diabetes mellitus (polydipsia, polyphagia, nausea and vomiting, hyj olanzapine for treatment of schizophrenia. He was treated with insulin, and his dose of olanzapine was increz valproic acid, which he had taken for 3 years. After 3 months, insulin therapy was replaced by pioglitazone 3f control. Olanzapine therapy was not discontinued because of the risk of psychotic worsening (Seaburg et al,

**6)** A 45-year-old obese man developed elevated fasting glucose 1 year after his treatment for schizophrenia 25 mg/day). Six months later, he was treated with glyburide 1.25 mg/day. Over the next 6 months, his glycos weight began to increase. Five months later, he complained of diarrhea and weight loss. His glyburide dose v symptoms (polyuria, polydipsia, and diaphoresis), his glyburide dosage was increased to 10 mg twice daily, ii replaced by risperidone. Six weeks after discontinuation of olanzapine, the patient's glycosylated hemoglobin glyburide was reduced to 1.25 mg/day, and his weight stabilized. Five months later, his diabetes was well-co

**7)** Olanzapine-induced glucose dysregulation has been reported as an adverse effect, possibly due to drug-i with a severe exacerbation of type 2 diabetes in a 51-year-old woman with a major depressive disorder and s

with sertraline and haloperidol decanoate. After 4 weeks, sertraline was replaced by fluoxetine due to continued haloperidol was replaced by olanzapine due to persistent auditory and visual hallucinations. Prior to initiation well-controlled by diet (glycosylated hemoglobin 6.5%, baseline fasting blood glucose 89 to 132 mg/dL). Two control diminished and continued to worsen despite treatment with glipizide, metformin, and diet. At week 26, due to inadequate antidepressant response. At week 35 (fasting blood glucose 120 to 461 mg/dL, glycosylated was initiated and titrated to 70 units per day. Olanzapine was tapered during weeks 39 and 40 and discontinued, the patient's fasting blood glucose levels had decreased to within 85 and 163 mg/dL. By the time of units/day NPH 70/30 (Bettinger et al, 2000).

**8)** Cases of new-onset diabetes mellitus (DM) were reported that developed after initiation of olanzapine treatment months (mean 26 weeks; median 20 weeks) after olanzapine initiation. Two cases presented with diabetic ketoacidosis and 4 patients experienced weight gain while on olanzapine. Olanzapine was eventually discontinued in all cases. DM was still required (Goldstein et al, 1999).

See Drug Consult reference: ATYPICAL ANTIPSYCHOTIC AGENTS - EFFECT ON GLUCOSE AND RISK OF

### 3.3.3.B Diabetic ketoacidosis

#### 1) Summary

**a)** Diabetic acidosis was reported rarely (less than 0.1%) in clinical trials (n=8661) representing 4165 patients on multiple doses of oral olanzapine at doses 1 mg/day or more (Prod Info ZYPREXA(R) oral tablets, IM injection, 2008).

**b)** As with other atypical antipsychotics, diabetic ketoacidosis or hyperosmolar coma, including death, has been reported. Olanzapine is implicated in glucose abnormalities; however, it is difficult to assess the relationship because of the high prevalence of patients with schizophrenia and the increasing incidence of diabetes mellitus in the general population. In comparison with other atypical antipsychotics, olanzapine appears to have a lower risk of treatment-emergent hyperglycemia. Olanzapine appears to have a lower risk compared with other atypical antipsychotics (Prod Info ZYPREXA(R) oral tablets, IM injection, ZYPREXA(R) oral tablets, 2008).

**c)** The risks and benefits of olanzapine should be considered prior to prescribing in patients with an estimated fasting blood glucose levels (fasting 100 to 126 mg/dL or nonfasting 140 to 200 mg/dL) who are at high risk for diabetes mellitus (obesity, family history of diabetes), before initiating and periodically during olanzapine therapy. All patients should be monitored for signs and symptoms of hyperglycemia (polyphagia, and weakness). Fasting blood glucose should be tested if symptoms of hyperglycemia develop. Discontinuation of olanzapine; however, some patients may continue to need antidiabetic therapy despite ZYPREXA(R) oral tablets, IM injection, ZYPREXA(R) ZYDIS(R) orally disintegrating tablets, 2008).

**2)** Incidence: less than 0.1% (Prod Info ZYPREXA(R) oral tablets, IM injection, ZYPREXA(R) ZYDIS(R) orally disintegrating tablets, 2008).

**3)** A case report described a near fatal case of olanzapine-induced ketoacidosis in a 44-year-old African American man for approximately one month (Straker et al, 2002).

**4)** Diabetic ketoacidosis following 3 months of olanzapine therapy was reported in a 31-year-old man with schizophrenia who was started on insulin and olanzapine was discontinued. Fifteen days later, his insulin requirements decreased and he has remained metabolically stable, free of diabetic symptoms (Gatta et al, 1999).

**5)** At least 25 fatalities have been reported in association with olanzapine-induced diabetic ketoacidosis (Torres-Lindenmayer & Patel, 1999).

**6)** A 50-year-old African American man developed diabetic ketoacidosis after receiving 8 months of olanzapine 30 mg daily with divalproex 750 mg twice daily. He began insulin therapy and after olanzapine was discontinued (Lindenmayer & Patel, 1999).

**7)** A 39-year-old man developed diabetic ketoacidosis after receiving olanzapine 10 mg for a treatment-refractory schizophrenia. Laboratory evidence of diabetes. His BMI was 40 kg/m<sup>2</sup>. He was admitted with asthenia, polyuria, dehydration. His HbA1C was 14.7%. He was maintained on insulin 3 times daily. When olanzapine was discontinued, his fasting blood glucose and HbA1C became normal (Gatta et al, 1999).

### 3.3.3.C Galactorrhea

**1)** A case of galactorrhea with elevated serum prolactin levels was reported in a 33-year-old woman after recent treatment of schizophreniform disorder. During the fifth week of olanzapine therapy, the patient developed symptoms of galactorrhea and missed her menstrual period. Her serum prolactin level was 146.55 nanograms (ng)/mL (normal range 2.5 to 25 ng/mL) and replaced with quetiapine (25 to 100 mg/day). Symptoms of galactorrhea resolved within 3 weeks of stopping olanzapine and prolactin level decreased. Quetiapine therapy was continued without recurrence of galactorrhea (Mendhekar et al, 2004).

### 3.3.3.D Hypercholesterolemia

#### 1) Summary

**a)** Increases in total cholesterol have been observed during treatment with olanzapine. The mean increases in total cholesterol (LDL) from baseline were 5.3 mg/dL and 3 mg/dL, respectively, in olanzapine-treated patients compared with placebo-treated patients (statistically significant), in an analysis of 12-weeks duration. There were no statistically significant differences between olanzapine-treated and placebo-treated patients in total cholesterol. Patients with lipid dysregulation at baseline experienced greater increases in total cholesterol compared to patients without these factors. Lipid dysregulation was defined as patients diagnosed with hypercholesterolemia or treated with lipid-lowering agents, or patients with high baseline lipid levels. Baseline and follow-up lipid levels were compared in olanzapine (Prod Info ZYPREXA(R) oral tablets, IM injection, ZYPREXA(R) ZYDIS(R) orally disintegrating tablets, 2008).

**2)** Incidence: up to 24% (Prod Info ZYPREXA(R) oral tablets, IM injection, ZYPREXA(R) ZYDIS(R) orally disintegrating tablets, 2008).

**3)** In an analysis of 5 placebo-controlled monotherapy studies of up to 12-weeks duration, the fasting total cholesterol of olanzapine-treated patients compared with up to 12% of placebo-treated patients. The fasting low density lipoprotein cholesterol of olanzapine-treated patients compared with up to 14% of placebo-treated patients. The

increase of fasting cholesterol and LDL cholesterol (Prod Info ZYPREXA(R) oral tablets, IM injection, ZYPRE 2008):

**Fasting Total Cholesterol In Adults**

Change from Baseline	Treatment Arm	N	Portion of Patients
Increase by 40 mg/dL or more	olanzapine	745	21.6% *
	placebo	402	9.5%
Increase from Normal (less than 200 mg/dL) to High (240 mg/dL or more)	olanzapine	392	2.8%
	placebo	207	2.4%
Increase from Borderline (200 mg/dL to less than 240 mg/dL) to High (240 mg/dL or more)	olanzapine	222	23% *
	placebo	112	12.5%

KEY: mg/dL = milligrams/deciliter; \* = statistically significant compared to placebo

**Fasting Low-Density-Lipoprotein Cholesterol In Adults**

Change from Baseline	Treatment Arm	N	Portion of Patients
Increase by 30 mg/dL or more	olanzapine	536	23.7% *
	placebo	304	14.1%
Increase from Normal (less than 100 mg/dL) to High (160 mg/dL or more)	olanzapine	154	0%
	placebo	82	1.2%
Increase from Borderline (100 mg/dL to less than 160 mg/dL) to High (160 mg/dL or more)	olanzapine	302	10.6%
	placebo	173	8.1%

KEY: mg/dL = milligrams/deciliter; \* = statistically significant compared to placebo

4) In an analysis of 3 placebo-controlled monotherapy studies of up to 6 weeks duration in adolescents, the approximately 39% of olanzapine-treated patients compared with up to 8% of placebo-treated patients. The increase in up to approximately 49% of olanzapine-treated patients compared with up to 11% of placebo-treated patients degree of increase of fasting total cholesterol and LDL cholesterol (Prod Info ZYPREXA(R) oral tablets, IM in disintegrating tablets, 2008):

**Fasting Total Cholesterol In Adolescents**

Category Change from Baseline	Treatment Arm	N	Portion of Patients
Increase by 40 mg/dL or more	olanzapine	138	14.5% *
	placebo	66	4.5%
Increase from Normal (less than 170 mg/dL) to High (200 mg/dL or more)	olanzapine	87	6.9%
	placebo	43	2.3%
Increase from Borderline (170 mg/dL to less than 200 mg/dL) to High (200 mg/dL or more)	olanzapine	36	38.9% *
	placebo	13	7.7%

KEY: mg/dL = milligrams/deciliter; \* = statistically significant compared to placebo

**Fasting Low-Density-Lipoprotein Cholesterol In Adolescents**

Category Change from Baseline	Treatment Arm	N	Portion of Patients
Increase by 30 mg/dL or more	olanzapine	137	17.5%
	placebo	63	11.1%
Increase from Normal (less than 110 mg/dL) to High (130 mg/dL or more)	olanzapine	98	5.1%
	placebo	44	4.5%
Increase from Borderline (110 mg/dL to less than 130 mg/dL) to High (130 mg/dL or more)	olanzapine	29	48.3% *
	placebo	9	0%

KEY: mg/dL = milligrams/deciliter; \* = statistically significant compared to placebo

5) Random cholesterol levels of 240 mg/dL or more has been reported during postmarketing reports (Prod Info ZYPREXA(R) ZYDIS(R) orally disintegrating tablets, 2008).

6) Patients receiving olanzapine (n=25) were found to have increases in their weight and serum triglycerides receiving olanzapine (mean dose 13.8 mg) had their weight, cholesterol, and triglycerides measured at baseline mean of 5.4 kg. Cholesterol levels increased by only 3 mg/dL while triglyceride levels increased by 60 mg/dL with weight change (p less than 0.02).

7) After an average of 16 months of olanzapine therapy, 9 patients had marked increases in triglyceride levels from 170 mg/dL to a mean of 240 mg/dL. Five patients had at least a 50% increase in levels. Cholesterol levels remained stable with a mean weight gain of 10 kg (Sheitman et al, 1999).

**3.3.3.E Hyperglycemia**

**1) Summary**

a) As with other atypical antipsychotics, hyperglycemia has been reported in patients on olanzapine. The nonfasting levels) from baseline to the average of the 2 highest serum concentrations was 15 mg/dL, due to effectiveness in patients treated for a median olanzapine-exposure duration of 9.2 months. Olanzapine is difficult to assess the relationship because of an increased risk of diabetes mellitus in patients with schiz



treatment. Treatment effect on weight change was consistent between male and female patients (Tollefson e

**3.3.3.I Increased body temperature**

1) Disruption of the body's ability to reduce core body temperature may occur with antipsychotic agents. Elev following therapeutic doses in clinical trials. Patients experiencing conditions that may contribute to an elevat strenuously, exposure to extreme heat, or dehydration) should use appropriate care (Prod Info ZYPREXA(R) orally disintegrating tablets, 2008).

**3.3.3.J Metabolic syndrome**

See Drug Consult reference: ANTIPSYCHOTIC AGENTS - METABOLIC SYNDROME

**3.3.3.K Prolactin level raised**

1) Summary

a) Prolactin levels are modestly-elevated and persist during treatment with olanzapine. The clinical signi however, galactorrhea, amenorrhea, gynecomastia, and impotence have been reported in patients on pr elevating potential of olanzapine should be considered in patients with prolactin-dependent breast cance ZYPREXA(R) ZYDIS(R) orally disintegrating tablets, 2008).

b) A dose-related increase in prolactin elevation occurred in 31.2% to 61.1% of olanzapine-treated patie in an 8-week randomized, double-blind, fixed-dose study (n=599). Elevated prolactin levels (greater than 18.77 ng/mL in males) occurred in 31.2% in patients on 10 mg/day; 42.7% in patients on 20 mg/day; anc significant differences between 10 mg/day and 40 mg/day and between 20 mg/day and 40 mg/day (Seat

2) Incidence: 31.2% to 61.1% (Prod Info ZYPREXA(R) oral tablets, IM injection, ZYPREXA(R) ZYDIS(R) ora

3) A case of galactorrhea with elevated serum prolactin levels was reported in a 33-year-old woman after rec treatment of schizophreniform disorder. During week 5 of olanzapine therapy, the patient developed spontane reported missing her menstrual period. Her serum prolactin level was 146.55 nanograms (ng)/mL (normal rar and replaced with quetiapine (25 to 100 mg/day). Symptoms of galactorrhea resolved within 3 weeks of stopp to decrease. Quetiapine therapy was continued without recurrence of galactorrhea (Mendhekar et al, 2004).

4) High dose olanzapine was associated with mild extrapyramidal symptoms (EPS), elevated serum prolactin an average weight gain of 8 kg in 8 men with schizophrenia and schizoaffective disorder. These patients, wh risperidone or clozapine at adequate doses, were dosed with olanzapine 20 to 40 mg for a mean of 40 weeks

5) Olanzapine has produced small elevations in serum prolactin (about 0.1 to 0.2 nanomoles (nmol)/L), that ; greater increases have occurred with haloperidol (Anon, 1994a; Beasley et al, 1996). Cases of unwanted pre conventional neuroleptic medications to olanzapine, possibly due to a normalization of prolactin levels and a 1998).

**3.3.3.L Serum triglycerides raised**

1) Summary

a) Elevations in serum triglycerides have been observed, at times a greater than 500 mg/dL increase, di increase in fasting triglyceride from baseline was 20.8 mg/dL in olanzapine-treated patients compared wi placebo-treated patients (statistically significant), in an analysis of 5 placebo-controlled monotherapy stu lipid dysregulation at baseline experienced greater increases in fasting triglyceride levels compared to pæ was defined as patients diagnosed with dyslipidemia or related adverse events, patients treated with lipic lipid levels. Baseline and follow-up lipid monitoring of lipids is recommended in patients on olanzapine (F ZYPREXA(R) ZYDIS(R) orally disintegrating tablets, 2008).

2) Incidence: up to 40% (Prod Info ZYPREXA(R) oral tablets, IM injection, ZYPREXA(R) ZYDIS(R) orally dis

3) In an analysis of 5 placebo-controlled monotherapy studies of up to 12-weeks duration, the fasting triglyce olanzapine-treated patients compared with up to 26% of placebo-treated patients. The table below provides t triglycerides (Prod Info ZYPREXA(R) oral tablets, IM injection, ZYPREXA(R) ZYDIS(R) orally disintegrating t

Fasting Triglycerides In Adults

Category Change from Baseline	Treatment Arm	N	Portion of Patients
Increase by 50 mg/dL or more	olanzapine	745	39.6% *
	placebo	402	26.1%
Increase from Normal (less than 150 mg/dL) to High (200 mg/dL or more)	olanzapine	457	9.2%*
	placebo	251	4.4%
Increase from Borderline (150 mg/dL to less than 200 mg/dL) to High (200 mg/dL or more)	olanzapine	135	39.3% *
	placebo	65	20%

KEY: mg/dL = milligrams/deciliter; \* = statistically significant compared to placebo

4) In an analysis of 3 placebo-controlled monotherapy studies of up to 6 weeks duration in adolescents, the l approximately 60% of olanzapine-treated patients compared with up to 35% of placebo-treated patients. The increase of fasting triglycerides (Prod Info ZYPREXA(R) oral tablets, IM injection, ZYPREXA(R) ZYDIS(R) or

Fasting Triglycerides In Adolescents

Category Change from Baseline	Treatment Arm	N	Portion of Patients
Increase by 50 mg/dL or more	olanzapine	138	37% *
	placebo	66	15.2%
Increase from Normal (less than 150 mg/dL)	olanzapine	67	26.9%



IM injection, ZYPREXA(R) ZYDIS(R) orally disintegrating tablets, 2008).

7) Adolescent patients taking olanzapine experienced greater weight gain and increased in body mass index retrospective study involving 103 patients younger than 18 years of age. Patients received olanzapine (n=50, mean daily dose 510.9 mg) for at least 2 weeks. Weight and height were measured at baseline and 14 or more months. Mean weight gain in the olanzapine group was 3.8 kg (p less than 0.001) compared to 0.03 kg in the quetiapine group. Both groups showed slight, but significant, increases in height from baseline (0.006 meters, p=0.042 and 0.006 meters, p=0.001). Baseline differences, the mean weight change between groups was significant (3.4 kg, p less than 0.001). BMI in the olanzapine group (p less than 0.001) compared to a decrease of 0.2 kg/m(2) in the quetiapine group. After controlling for differences in change in BMI was significant (0.9 kg/m(2), p=0.008) (Patel et al, 2004).

8) Excessive appetite was seen more commonly with olanzapine therapy than with haloperidol (24% versus 10%). Excessive weight gain was also associated with a clinically significant greater increase in weight over haloperidol therapy (p less than 0.001). BMI was the predominant predictor of weight gain. Patients with a low pre-study body mass index were more likely to gain weight on olanzapine treatment. Treatment effect on weight change was consistent between male and female patients.

9) In a continuing day-treatment program, 15 out of 16 patients receiving olanzapine gained weight. The mean weight gain on olanzapine dose of 14 mg and mean treatment duration of 7 months (Gupta et al, 1999).

10) A prospective, multicenter, observational study showed that olanzapine treatment of outpatients (n=212) was associated with a significantly lower incidence of adverse events than the control group (n=821) receiving a variety of other antipsychotic drug therapies. Drugs used in the control group included: zuclopenthixol, fluphenazine, thioridazine, perphenazine, pimozide, clozapine, pipotiazine, sulpiride, chlorpromazine, lorazepam. Overall, olanzapine had a significantly lower incidence of adverse events than the control group (p=0.001). Weight gain occurred significantly more frequently in olanzapine-treated patients. Over a 6-month period, few patients in the olanzapine group required concomitant anticholinergic medication in comparison to patients in the control group (36% vs 58%, p less than 0.001).

**3.3.3.O Weight loss**

1) Weight loss was reported when the formulation of olanzapine was changed from standard oral tablets (SC) to orally disintegrating tablets (ODT) in an open-label, prospective study of 22 adult patients with schizophrenia and a BMI of 25 kg/m(2) or greater who had experienced relapses requiring hospitalization within 3 months of study recruitment and no changes in medication requiring a minimum of 1 year. Olanzapine ODT (mean dose of 13.9 mg) was substituted for SC. Participants' weights were measured at baseline and 3, 6, and 12 months. At 3, 6, and 12 months, the mean changes in weight compared with baseline were -2.5 +/- 0.8 kg (p=0.01), respectively. At 12 months, the average decrease in BMI was 1 +/- 0.3 kg/m(2) (p=0.001) and the percentage of patients who lost weight was significantly greater in the ODT group (5.6 +/- 1.2% vs 1.9 +/- 0.9%; p=0.04). (Chawla & Luxton-Andrew, 2008).

**3.3.4 Gastrointestinal Effects**

Constipation

Excessive salivation

Gastrointestinal tract finding

Nausea and vomiting

Pancreatitis

Xerostomia

**3.3.4.A Constipation**

1) Summary

a) The manufacturer reports that constipation (9-11%) has occurred with olanzapine therapy (Prod Info : IntraMuscular Olanzapine, 2004a). A relatively common adverse gastrointestinal effect of olanzapine is constipation, which appears to be dose-related (Anon, 1995); (Beasley et al, 1996). In patients receiving a mean of 12 mg daily, the incidences of constipation were 8% and 15% (Beasley et al, 1996). The incidence of constipation with olanzapine is greater than observed with haloperidol 10 to 20 mg daily (Beasley et al, 1996). Anticholinergic effects, which are common with olanzapine therapy (Isbister et al, 2001); (Beasley et al, 1996)(Prod Info Zyprexa(R), Zyprexa(R) Tablets, 2004a).

2) Incidence: 5-6%

**3.3.4.B Excessive salivation**

1) Summary

a) Hypersalivation has occurred with olanzapine therapy. A 20-year-old woman experienced morning grogginess and difficulty sleeping while receiving olanzapine 10 milligrams/day (mg/d). Her symptoms worsened with an increased dose. Excessive salivation has been reported in premarketing clinical trials and in an accidental pediatric ingestion (Prod Info : IntraMuscular Olanzapine, 2004a; Yip & Graham, 1997).

**3.3.4.C Gastrointestinal tract finding**

- 1) Summary
  - a) The manufacturer reports that INCREASED SALIVATION, THIRST and DYSPEPSIA (7-11%) have o DYSMOBILITY has been associated with antipsychotic therapy. (Prod Info Zyprexa(R), Zyprexa(R) Zydis 2004a). Dyspepsia is not dose-related. (Beasley et al, 1996). ANTICHOLINERGIC EFFECTS, including adverse effects of olanzapine therapy. These effects are dose-related (Isbister et al, 2001); (Beasley et al also been one case report of acute hemorrhagic pancreatitis (Doucette et al, 2000).
  - 2) The manufacturer reports that constipation, increased salivation, vomiting, thirst, dry mouth, dyspepsia, ar Dry mouth and nausea appear to be dose-related. Esophageal dysmobility has been associated with antipsy

**3.3.4.D Nausea and vomiting**

- 1) Summary
  - a) Vomiting (4%) and nausea (greater than or equal to 2%) have occurred with olanzapine therapy. Nau nausea tends to increase with dose (2% with 12 milligrams (mg) daily, 9% with 16 mg daily) and in highe observed with haloperidol 10 to 20 mg daily (Beasley et al, 1996)(Prod Info Zyprexa(R), Zyprexa(R) Zydi 2004a).

**3.3.4.E Pancreatitis**

- 1) Summary
  - a) ACUTE HEMORRHAGIC PANCREATITIS has been reported as a probable adverse event of olanzap onset of symptoms. Other concomitant drugs were ruled out as contributing to pancreatitis. Death due to case (Doucette et al, 2000). This is a rare adverse effect of olanzapine.
  - b) In one study of reported cases (n=192) of antipsychotic-induced pancreatitis, 33% of the cases were daily dose of 15 milligrams. In most patients, time to onset of pancreatitis was within 6 months after initia
  - c) Olanzapine was the probable cause of acute hemorrhagic pancreatitis in a 72-year-old female admitt verapamil overdose. Past medical history included multiple sclerosis, left temporal cerebral infarct (2 wee and drug abuse. Prior to admission she was taking ketorolac, morphine, and temazepam. Olanzapine (5 prior to admission for recent cognitive decline. The patient's chief complaint of abdominal pain began 24 ingested 10 of her husband's verapamil 240 mg sustained release tablets. Laparotomy revealed hemorr patient died due to peritonitis related to pancreatitis. Using the Naranjo Probability Scale, olanzapine wa pancreatitis in this patient (Doucette, 2000). Other authors have pointed out possible discrepancies in the medications and chronic alcoholism which they believe could have contributed to the acute pancreatitis (

**3.3.4.F Xerostomia**

- 1) Summary
  - a) The manufacturer reports that dry mouth (9-22%) has occurred with olanzapine therapy. Dry mouth a Zyprexa(R) Zydis(R), Zyprexa(R) IntraMuscular Olanzapine, 2004a). A relatively common adverse gastr (secondary to anticholinergic activity), which appears to be dose-related (Anon, 1995); (Beasley et al, 19 (mg) daily and 16 mg daily, respective incidences of dry mouth were 5% and 13% (Beasley et al, 1996). higher doses (12.5 to 17.5 mg daily) is greater than observed with haloperidol 10 to 20 mg daily (Beasley dry mouth, are common adverse effects of olanzapine therapy (Isbister et al, 2001); (Beasley et al, 1996 Zyprexa(R) IntraMuscular Olanzapine, 2004a).
- 2) Incidence: 5-15%

**3.3.5 Hematologic Effects**

Agranulocytosis

Leukopenia

Neutropenia

Pancytopenia

**3.3.5.A Agranulocytosis**

- 1) Summary
  - a) Agranulocytosis has not been reported with administration of olanzapine either during clinical studies was given to the hematologic parameters during premarketing studies of olanzapine and no evidence of ZYPREXA(R) oral tablets, orally disintegrating tablets, IM injection, 2007).
  - b) Unlike clozapine, a structurally related drug, olanzapine has not been shown in preclinical trials to cau 1997a); (Beasley et al, 1996)(Anon, 1994a; Anon, 1995). However, due to the structural similarities of the hematologic reactions. Subsequently, however, there have been reports of agranulocytosis with olanzap (Fachinfo, Zyprexa(R), 1998)(Naumann et al, 1999). There have also been several cases of olanzapine ; clozapine-induced granulocytopenia reported (Konakanchi et al, 2000).

**2) LITERATURE REPORTS**

**a)** Fifteen days after starting olanzapine (5 milligrams daily), a 46-year-old male presented to the hospital concurrently taking cyanamide. A white blood cell count of  $0.5 \times 10^9/\text{liter}$  (L) with a neutrophil count of (cyanamide were stopped and antibiotic therapy was initiated. By the sixth hospital day, his white blood cell count between olanzapine therapy and new onset agranulocytosis was noted (Tolosa-Vilella et al, 2002).

**b)** Neutropenia was reported in a 39-year-old African American woman receiving olanzapine for paranoid schizophrenia. She received clozapine for 7 years, but this was discontinued due to the development of granulocytopenia. Clozapine 1000 milligrams (mg) three times daily, nifedipine 60 mg daily, metformin 1000 mg three times daily, insulin (insulin evening) and lorazepam 2 mg once daily. Her absolute neutrophil count (ANC) was 3110/millimeter (mm) at the time clozapine was switched to olanzapine (10 mg once daily). After 7 days of olanzapine therapy, it had decreased to 1050 cells/mm. Olanzapine was reintroduced 6 months later without incident.

**c)** During clozapine-induced agranulocytosis in 2 patients with schizophrenia, olanzapine [doses greater than 10 mg daily] was used as a safe and effective treatment. Additionally, olanzapine did not worsen the severe neutropenia or agranulocytosis (Semaan, 2000).

**d)** A 27-year-old man who had been previously treated with clozapine therapy and had a normal leukocyte count on olanzapine. Five months after discontinuing clozapine therapy, olanzapine therapy was begun and rapidly his white blood cell (WBC) count decreased to  $3.4 \times 10^9/\text{Liter}$  (L). Olanzapine therapy was discontinued and his WBC count decreased to  $2.3 \times 10^9/\text{L}$ . His neutrophil count also decreased to  $0.39 \times 10^9/\text{L}$ . He was successfully treated with granulocyte colony-stimulating factor (G-CSF) (Naumann et al, 1999).

**3.3.5.B Leukopenia****1) Summary**

**a)** Leukopenia was reported infrequently in clinical trials (n=8661) representing 4165 patient-years of exposure to olanzapine at doses 1 mg/day or more. Careful attention was given to the hematologic parameters during the trials; evidence of neutropenia was demonstrated (Prod Info ZYPREXA(R) oral tablets, orally disintegrating tablets).

**b)** Unlike clozapine, a structurally related drug, olanzapine has not been shown in preclinical trials to cause leukopenia (Anon, 1994a; Anon, 1995). However, due to the similarities of the two drugs, there may be a potential for olanzapine adversely prolonging the recovery time of clozapine-induced granulocytopenia.

**2) Incidence:** 0.1% to 1% (Prod Info ZYPREXA(R) oral tablets, orally disintegrating tablets, IM injection, 2000).

**3) LITERATURE REPORTS**

**a)** Two patients treated with olanzapine for levodopa-induced psychosis developed leukopenia. A 56-year-old woman (2400 microliters) after 4 months of therapy. She was tapered off olanzapine and recovered over 4 weeks. A similar reaction. In the other case, a 58-year-old man who had previously had a decline in his white blood cell count (decline in his WBC (2100 microliters) 13 months after starting olanzapine therapy. After discontinuation of olanzapine, his WBC count after 2 weeks (Meissner et al, 1999).

**3.3.5.C Neutropenia****1) Summary**

**a)** Neutropenia was reported during postmarketing surveillance. Careful attention was given to the hematologic parameters during olanzapine therapy and no evidence of neutropenia was demonstrated (Prod Info ZYPREXA(R) oral tablets, oral tablets).

**b)** Significant hematologic abnormalities have not been reported during olanzapine therapy in available clinical trials (Anon, 1996)(Anon, 1994a; Anon, 1995). However, neutropenia has been reported with olanzapine therapy (Oyler, 1998; Benedetti et al, 1999). Unlike clozapine, a structurally related drug, olanzapine has not been shown to cause leukopenia or agranulocytosis. However, due to the similarities of the two drugs, there may be a potential for olanzapine adversely prolonging the recovery time of clozapine-induced granulocytopenia.

**2) LITERATURE REPORTS**

**a)** A patient previously treated with clozapine developed neutropenia associated with olanzapine therapy. The patient had a schizoaffective disorder (bipolar type), chronic paranoid schizophrenia, and schizoid personality disorder. She was treated with olanzapine 10 mg daily for over 1 year. His white blood cell (WBC) count ranged from 4000 to 6000 cells per cubic millimeter (mm<sup>3</sup>). His absolute neutrophil count (ANC) fell below 1000 cells/mm<sup>3</sup>. After 11 days of olanzapine therapy, his WBC count (7300 cells/mm<sup>3</sup>) (ANC not reported). Olanzapine therapy was initiated at 10 mg once daily and titrated to 15 mg once daily (olanzapine dose 15 mg at bedtime), WBC fell to 5500 cells/mm<sup>3</sup>. At 30 mg/day, the WBC count fell to 3000 cells/mm<sup>3</sup>. Olanzapine was discontinued and the patient's WBC count slowly began to return to normal, and the patient's ANC also improved.

**b)** A 60-year-old African American male with chronic undifferentiated schizophrenia had been treated with clozapine for 10 years. While receiving clozapine, his WBC counts ranged between 4000 and 6000 cells/mm<sup>3</sup>. After 10 years of olanzapine (30 mg once daily), which was discontinued due to hyperglycemia and weight gain. Over a 17-month period, the patient's WBC count declined to 3100 cells/mm<sup>3</sup> with an ANC of 1023 cells/mm<sup>3</sup>. After 5 days, the patient's WBC count had risen to 4500 cells/mm<sup>3</sup> with an ANC of 1986 cells/mm<sup>3</sup>. Hematologic monitoring performed every other day. Within 1 week, the patient's WBC count again declined to 3000 cells/mm<sup>3</sup>. Olanzapine was continued with intensive monitoring. The patient's WBC ranged between 4000 and 6000 cells/mm<sup>3</sup> and the patient's ANC ranged between 1000 and 2000 cells/mm<sup>3</sup>.

**c)** During clozapine-induced agranulocytosis in 2 patients with schizophrenia, olanzapine [doses greater than 10 mg daily] was used as a safe and effective treatment. Additionally, olanzapine did not worsen the severe neutropenia or agranulocytosis (Semaan, 2000).

**d)** A 31-year-old woman who had previously experienced neutropenia with clozapine, experienced neutropenia after olanzapine was introduced 5 days after clozapine withdrawal; the neutrophil count had normalized.



1) Summary

a) Increases in serum alanine aminotransferase (ALT) above 200 International Units/Liter (IU/L) occur with oral tablets, IM injection, ZYPREXA(R) ZYDIS(R) orally disintegrating tablets, 2006a). Elevations of aspartate glutamyl transferase (GGT) have been observed in approximately 10% of patients. These changes appear to be reversible upon withdrawal of therapy. Close monitoring of liver function is advised, especially with use of higher doses as reported in (Bronson & Lindenmayer, 2000; Beasley et al, 1996; Beasley et al, 1996a; Prod Info ZYPREXA(R) oral tablets, 2006a).

2) Incidence: 2% to 10% (Prod Info ZYPREXA(R) oral tablets, IM injection, ZYPREXA(R) ZYDIS(R) orally disintegrating tablets, 2006a).

3) LITERATURE REPORTS

a) In placebo-controlled premarketing trials, ALT (SGPT) elevations (greater than or equal to 3 times the upper limit of normal) were observed in 2% (6/243) of patients exposed to olanzapine compared to none (0/115) of the placebo patients. This difference was statistically significant. In two olanzapine-treated patients, liver enzymes remained elevated in 2 of these patients in the treatment group discontinued olanzapine therapy. Liver enzymes normalized in 2 of these patients. In one patient, seropositive for hepatitis C, had persistent enzyme elevations. (Prod Info ZYPREXA(R) oral tablets, IM injection, ZYPREXA(R) ZYDIS(R) orally disintegrating tablets, 2006a).

b) Within the larger olanzapine premarketing database of about 2400 patients with baseline SGPT less than 200 IU/L, the incidence of elevation to greater than 200 IU/L was 2% (50/2381). None of these patients experienced jaundice or other significant changes that tended to normalize while olanzapine treatment was continued. Among approximately 1% (23/2500) discontinued treatment due to transaminase increases (Prod Info ZYPREXA(R) orally disintegrating tablets, 2006a).

c) High dose olanzapine was associated with mild extrapyramidal symptoms (EPS), elevated serum prolactin, and an average weight gain of 8 kilograms (kg) in 8 men with schizophrenia and schizoaffective disorder. Olanzapine, at adequate doses, were dosed with olanzapine 20 to 40 milligrams. Olanzapine-treated patients experienced increases in serum ALT concentrations; in one patient also taking pravastatin, ALT rose from 100 to 200 IU/L (Prod Info ZYPREXA(R) orally disintegrating tablets, 2006a).

d) In another trial, the incidence of TRANSAMINASEMIA was comparable to that seen with haloperidol.

e) Elevations of aspartate and alanine aminotransferases and gamma-glutamyl transferase (GGT) have been reported in available trials. However, close monitoring of liver function is advised, especially with prolonged therapy.

f) The incidence of aminotransferase elevations was greater with olanzapine than with haloperidol in one trial.

3.3.7 Immunologic Effects

3.3.7.A Immunologic finding

1) Summary

a) FLU SYNDROME (greater than 1%) has occurred with olanzapine therapy (Prod Info Zyprexa(R), Zyprexa(R) Olanzapine, 2004a). Olanzapine-induced HYPERSENSITIVITY syndrome, consisting of fever, rash, eosinophilia, and facial edema, has been reported in a 34-year-old man 60 days after initiation of olanzapine therapy. Symptoms resolved following the discontinuation of olanzapine. Confirmed drug-induced hypersensitivity syndrome (Raz et al, 2001).

2) Hypersensitivity syndrome and flu syndrome have occurred with olanzapine therapy.

3.3.8 Musculoskeletal Effects

3.3.8.A Musculoskeletal finding

1) Summary

a) The manufacturer reports that BACK PAIN, JOINT PAIN (5%), EXTREMITY PAIN (5%), and TWITCHING have been reported during clinical trials (Prod Info Zyprexa(R), Zyprexa(R) Zydys(R), Zyprexa(R) IntraMuscular Olanzapine, Zyprexa(R) Olanzapine, 2004a). Marked elevation of serum creatine kinase (CK) associated with olanzapine therapy, with no other symptoms, has been reported. No psychomotor agitation was present. Drug discontinuation resulted in resolution of symptoms.

2) Back pain, joint pain, extremity pain, elevated creatine phosphokinase and twitching are reported with olanzapine therapy.

3.3.9 Neurologic Effects

Akathisia

Asthenia

Cerebrovascular disease

Disturbance in speech

Dizziness

Extrapyramidal disease

Insomnia

Neurological finding

Parkinsonism

Restless legs syndrome

Seizure

Somnolence

Status epilepticus

Tardive dyskinesia

Tremor

**3.3.9.A Akathisia**

- 1) Incidence: 1% to 27% (Prod Info ZYPREXA(R) oral tablets, IM injection, ZYPREXA(R) ZYDIS(R) orally disintegrating tablets, 2008).
- 2) Akathisia has been reported in 1% (IM injection) to 27% (oral) of patients treated with olanzapine compared with patients treated with ZYPREXA(R) oral tablets, IM injection, ZYPREXA(R) ZYDIS(R) orally disintegrating tablets, 2008).

**3.3.9.B Asthenia**

- 1) Incidence: 2% to 20% (Prod Info ZYPREXA(R) oral tablets, IM injection, ZYPREXA(R) ZYDIS(R) orally disintegrating tablets, 2008).
- 2) Asthenia has been reported in 2% to 20% of patients treated with olanzapine compared with patients treated with ZYPREXA(R) oral tablets, IM injection, ZYPREXA(R) ZYDIS(R) orally disintegrating tablets, 2008).

**3.3.9.C Cerebrovascular disease**

- 1) The manufacturer has reported cerebrovascular adverse events (ie, stroke transient ischemic attack) in olanzapine-treated patients. In placebo-controlled trials revealed a significantly higher incidence of cerebrovascular adverse events in elderly patients who were treated with olanzapine as compared with placebo (Prod Info ZYPREXA(R) oral tablets, IM injection, ZYPREXA(R) ZYDIS(R) orally disintegrating tablets, 2008; Pers Comm, 2004).

**3.3.9.D Disturbance in speech**

- 1) Four older patients (70 to 86 years old) presented with speech dysfunction or general decreases in functional status. Within 3 days to 4 weeks patients developed the inability to articulate clearly or unintelligible slurred speech. In addition, patients had urinary incontinence, weight gain, and unsteady gait. These symptoms improved after discontinuation of olanzapine. (Gail & Noviasky, 1998).

**3.3.9.E Dizziness**

- 1) Incidence: 4% to 18% (Prod Info ZYPREXA(R) oral tablets, IM injection, ZYPREXA(R) ZYDIS(R) orally disintegrating tablets, 2008).
- 2) Dizziness was reported in 4% (IM injection) to 18% (oral) of patients treated with olanzapine compared with patients treated with ZYPREXA(R) oral tablets, IM injection, ZYPREXA(R) ZYDIS(R) orally disintegrating tablets, 2008).

**3.3.9.F Extrapyramidal disease**

- 1) The manufacturer reports that extrapyramidal events occurred in 15% to 32% of patients, specific events occurred in 11%, dystonic events 2% to 3%, dyskinesia, tardive dyskinesia, and other residual events (movement disorder) occurred in 1% to 11% of patients treated with olanzapine compared with patients treated with ZYPREXA(R) oral tablets, IM injection, ZYPREXA(R) ZYDIS(R) orally disintegrating tablets, 2008). Extrapyramidal events have been reported in less than 9% of patients treated with olanzapine compared with patients treated with ZYPREXA(R) oral tablets, IM injection, ZYPREXA(R) ZYDIS(R) orally disintegrating tablets, 2008). Extrapyramidal events have been reported in less than 9% of patients treated with olanzapine compared with patients treated with ZYPREXA(R) oral tablets, IM injection, ZYPREXA(R) ZYDIS(R) orally disintegrating tablets, 2008). Extrapyramidal events have been reported in less than 9% of patients treated with olanzapine compared with patients treated with ZYPREXA(R) oral tablets, IM injection, ZYPREXA(R) ZYDIS(R) orally disintegrating tablets, 2008). Extrapyramidal events have been reported in less than 9% of patients treated with olanzapine compared with patients treated with ZYPREXA(R) oral tablets, IM injection, ZYPREXA(R) ZYDIS(R) orally disintegrating tablets, 2008).
- 2) A prospective, multicenter, observational study showed that olanzapine treatment of outpatients (n=2128) group of patients (n=821) receiving a variety of other antipsychotic drug therapies. Drugs used in the control group included zuclopenthixol, fluphenazine, thioridazine, perphenazine, pimozide, clozapine, pipotiazine, sulpiride, chlorpromazine, and lorazepam. Overall, olanzapine had a significantly lower incidence of adverse events than the control group (p < 0.001) and weight gain occurred significantly more frequently in olanzapine-treated patients. Akathisia, dystonia, and extrapyramidal events were significantly higher in the control group. Abnormal ejaculation and impotence occurred significantly more frequently in olanzapine-treated patients. Extrapyramidal events occurred significantly more frequently in olanzapine-treated patients (p < 0.001) compared with patients receiving a concomitant anticholinergic medication in comparison (p < 0.001) (Gomez et al, 2000).

- 3) High dose olanzapine was associated with mild extrapyramidal symptoms (EPS), elevated serum prolactin an average weight gain of 8 kilograms (kg) in 8 men with schizophrenia and schizoaffective disorder. These patients, when compared to risperidone or clozapine at adequate doses, were dosed with olanzapine 20 to 40 milligrams (mg) for a period of 28 weeks. EPS included rigidity alone or combined with cogwheeling of the elbow, wrist, or shoulder joints (Bronson & Lindenmayer, 2004).
- 4) The incidence of extrapyramidal symptoms (EPS) as a result of antipsychotic treatment was less in olanzapine patients. This finding was confirmed in an international, multicenter, double-blind, prospective study involving doses of olanzapine 17 milligrams/day (mg/d) or risperidone 7 milligrams/day (mg/d) for 28 weeks. The use of anticholinergic medications. Data suggests that the therapeutic dose threshold for EPS may be wider for olanzapine than for other antipsychotics (Glazer, 2000a).
- 5) Extrapyramidal effects have occurred in clinical trials and appear to be dose-related (greater than 20 mg/d). Olanzapine appears to be more sensitive to extrapyramidal side effects of olanzapine (Granger & Hanger, 1999).
- 6) An 81-year-old woman treated with olanzapine 5 mg daily developed rigidity and hypertonicity. She had no other symptoms. She had been independent but over several weeks declined, eventually requiring the assistance of another person and within 1 week, she was totally independent again (Granger & Hanger, 1999).
- 7) A rate of 1.4% has been reported for acute dystonic reactions in patients taking olanzapine. Two case reports describe a woman who had severe torticollis and lingual dystonia with dysarthria, respectively. Both were controlled with anticholinergics (1998).
- 8) In one comparative trial, akathisia, tremor, and dystonia were reported in 16%, 15%, and 13% of schizophrenic patients [mean, 16 milligrams (mg) daily]. Corresponding incidences in those treated with olanzapine in higher doses studies, olanzapine has produced numeric improvements relative to baseline in the Simpson-Angus scale (for akathisia) during treatment, whereas numerical worsening of these scales occurred in haloperidol-treated patients. See Drug Consult reference: NEUROLEPTIC-INDUCED EXTRAPYRAMIDAL REACTIONS

### 3.3.9.G Insomnia

- 1) Incidence: 1% to 12% (Prod Info ZYPREXA(R) oral tablets, IM injection, ZYPREXA(R) ZYDIS(R) orally disintegrating tablets, 2008).
- 2) Insomnia has been reported in 1% (IM injection) to 12% (oral) of patients treated with olanzapine compared to placebo (Prod Info ZYPREXA(R) oral tablets, IM injection, ZYPREXA(R) ZYDIS(R) orally disintegrating tablets, 2008).

### 3.3.9.H Neurological finding

- 1) Olanzapine has been shown to have acute central nervous system depressant effects in humans during clinical trials. Sedation is a frequent adverse effect, occurring at an incidence of 26%, and appears to be dose-related. Headache, dizziness, and orthostatic hypotension, respectively, in clinical trials (Beasley et al, 1996).

### 3.3.9.I Parkinsonism

- 1) Contrary to common belief, the results of a retrospective cohort study suggest that atypical antipsychotics dose and potency are considered (Rochon et al, 2005).
- 2) In a retrospective review of 12 Parkinson's disease patients receiving olanzapine, only 1 patient was able to perform activities of daily living (Molho & Factor, 1999). Several other studies also reported a worsening of Parkinson's disease symptoms (Rudolf et al, 1999; Jimenez-Jimenez et al, 1998).
- 3) The results of a cohort study indicate that high-dose atypical antipsychotic therapy carries a similar risk for the development of parkinsonism symptoms associated with typical or atypical antipsychotic use. As compared with patients prescribed atypical antipsychotics (all were considered lower potency) (HR, 1.44; 95% CI, 0.48 to 1.15). In addition, a positive dose-related relationship was observed between the occurrence of incident parkinsonism and the use of atypical antipsychotics. The risk for developing parkinsonism was more than twice as great in patients using a high-dose atypical antipsychotic agent (HR, 2.07; 95% CI, 1.42 to 3.02). Furthermore, patients receiving high-dose atypical antipsychotics may not be safer than typical antipsychotics when dose and potency are considered (Rochon et al, 2005).
- 4) In a retrospective review of 12 Parkinson's disease patients receiving olanzapine, only 1 patient was able to perform activities of daily living. Nine out of 12 patients had their psychosis improve with olanzapine therapy. Nine out of 12 also had available Unified Parkinson's Disease Rating Scale scores, average declines in scores were 9 points. Only 1 patient was able to perform activities of daily living (Factor, 1999).
- 5) A 72-year-old man had his Parkinson's disease worsen with olanzapine treatment for hallucinations. The patient became very rigid. He was unable to stand or walk. After discontinuing olanzapine, his functioning returned to baseline (Factor, 1999).
- 6) A 68-year-old man with Parkinson's disease developed a severe akinetic-rigid syndrome after receiving olanzapine. He was later successfully treated with clozapine (Rudolf et al, 1999).
- 7) Parkinson's disease was reported to worsen in 2 patients after olanzapine was substituted for clozapine. (Rudolf et al, 1999).

### 3.3.9.J Restless legs syndrome

- 1) A 41-year-old man developed restless legs syndrome while receiving olanzapine therapy for schizophrenia. The symptoms increased to 20 mg daily after 6 weeks. At that time, he began to experience paresthesias of both legs or feet. He experienced some relief by applying cold packs and walking around. A sleep lab evaluation also showed

dose was decreased to 10 mg daily with only a slight decrease in symptoms. Nine days later the patient disc immediately (Kraus et al, 1999).

### 3.3.9.K Seizure

- 1) Seizures have been reported in only 0.9% of patients in pre- marketing clinical trials of olanzapine. Patient the seizure threshold may be more prone to seizures following olanzapine therapy (Lee et al, 1999; Prod Info (R) ZYDIS(R) orally disintegrating tablets, 2008).
- 2) Drug interactions with other drugs that lower the seizure threshold, such as clomipramine, have been rep olanzapine (Deshauer et al, 2000a).
- 3) A 31-year-old woman with schizoaffective disorder, organic mental disorder due to anoxic brain injury, and generalized tonic-clonic seizures 13 days after starting olanzapine. Previously, she had been seizure-free for haloperidol 40 milligrams (mg) twice daily to olanzapine 5 mg twice daily. Her other medications included lithi nitrofurantoin, and docusate. Multiple confounding factors may have contributed to her seizures (Lee et al, 19

### 3.3.9.L Somnolence

- 1) Incidence: 2% to 52% (Prod Info ZYPREXA(R) oral tablets, IM injection, ZYPREXA(R) ZYDIS(R) orally di
- 2) Somnolence was reported in 6% to 52% of patients treated with olanzapine compared with patients treat tablets, IM injection, ZYPREXA(R) ZYDIS(R) orally disintegrating tablets, 2008).
- 3) During five placebo-controlled trials, somnolence was reported in at least 2% of elderly patients (n=1184) olanzapine, at a rate significantly greater than placebo-treated patients (Prod Info ZYPREXA(R) oral tablets, l disintegrating tablets, 2008).

### 3.3.9.M Status epilepticus

- 1) A 48-year-old female with psychotic disorder experienced status epilepticus within 2 days following antips olanzapine and dose increase of mirtazapine. A brain MRI 10 days prior revealed no pathological findings, ar head trauma. Laboratory tests at hospital admission for psychogenic vomiting and anorexia showed no bioch was prescribed quetiapine 600 mg which was abruptly discontinued due to the lack of efficacy and suspicion tablets found). Therefore, the patient was switched to orodispersible olanzapine 10 mg, and the dose was qu initiated 4 days prior to the seizure and then increased to 60 mg 2 days prior to the incident. On day 16 of ho tonic-clonic seizure which progressed to status epilepticus. CT tomography revealed no abnormalities, and n neurological signs. Olanzapine and mirtazapine were discontinued and IV phenytoin was initiated. Phenytoin complications and the patient remained seizure-free (Spyridi et al, 2009).
- 2) Fatal status epilepticus associated with olanzapine therapy in a woman with no underlying cause or predic had been on olanzapine therapy for 5 months prior to the seizures. Subsequent to the seizures she died from intravascular coagulation. The authors classified this as a probable adverse event due to olanzapine (Wyders

### 3.3.9.N Tardive dyskinesia

- 1) Incidence: rare
- 2) Tardive dyskinesia may occur occasionally with olanzapine (Glazer, 2000a; Ananth & Kenan, 1999; Herra Tardive dyskinesia has been reported during clinical trials (Prod Info ZYPREXA(R) oral tablets, IM injection, z 2008).
- 3) A 40-year-old woman developed tardive dystonia with olanzapine therapy for her psychosis. She had prev therapy. After beginning olanzapine 10 mg at bedtime, she developed severe, frequent torticollis. She also di She was switched to clozapine and her dystonia decreased by 50% after 4 months (Dunayevich & Strakowsk
- 4) Two cases of tardive dyskinesia associated with olanzapine therapy were described. A 30-year-old woma months after beginning olanzapine 10 milligrams/day (mg/d). She had previously experienced parkinsonism v developed athetoid movements of the tongue and chewing movements of the jaw after 7 months of olanzapir the tardive dyskinesia continued (Herran & Vazquez-Barquero, 1999).
- 5) Tardive dyskinesia may occur occasionally with olanzapine. A patient diagnosed with paranoid schizophre daily. Five years later, the patient developed abnormal movements of his upper extremities and neck. A diagn dystonia was made after ruling out all other causes. The patient continued to receive olanzapine with improv in his tardive dyskinesia (Ananth & Kenan, 1999).
- 6) A long-term follow-up study, which utilized results from 3 other studies, reported that haloperidol-treated p incidence rate/year 12 times higher than that of olanzapine-treated patients (n=513). Both medications were i 2000a). (Tollefson, 1997a)
- 7) Data combined from 3 studies evaluating patients treated with olanzapine (n=707) or haloperidol (n=197) lower incidence of tardive dyskinesia. At any visit after baseline, 7.1% of patients in the olanzapine group anc manifested treatment-emergent tardive dyskinesia (p less than 0.001). At the last study visit, 2.3% of olanzap manifested tardive dyskinesia (p equal to 0.001) (Tollefson, 1997a).

### 3.3.9.O Tremor

- 1) Incidence: 1% to 23% (Prod Info ZYPREXA(R) oral tablets, IM injection, ZYPREXA(R) ZYDIS(R) orally di
- 2) Tremors have been reported in 1% (IM injection) to 23% (oral) of patients treated with olanzapine compar ZYPREXA(R) oral tablets, IM injection, ZYPREXA(R) ZYDIS(R) orally disintegrating tablets, 2008).

### 3.3.10 Ophthalmic Effects

Esotropia

Eye / vision finding

**3.3.10.A Esotropia**

1) Esotropia developed in a 14-year-old African American female with psychotic depression, who received of fluoxetine 40 mg/d) for 6 months. The patient, who had no history of strabismus, complained of a severe headache. A neurologic examination revealed no focal neurologic findings. Computed tomography and magnetic resonance tomography a week of discontinuation of olanzapine, diplopia and headache had cleared, with reported resolution of esotropia.

**3.3.10.B Eye / vision finding**

1) Summary

a) The manufacturer reports that AMBLYOPIA (3%) and CONJUNCTIVITIS (greater than 1%) have been reported with Zyprexa(R), Zyprexa(R) Zydis(R), Zyprexa(R) IntraMuscular Olanzapine, 2004a). Esotropia with diplopia has been reported with olanzapine and fluoxetine therapy. When olanzapine was discontinued, symptoms cleared within one week.

2) Amblyopia, diplopia, esotropia and conjunctivitis are reported with olanzapine therapy.

**3.3.12 Psychiatric Effects**

Aggressive behavior

Mania

Obsessive-compulsive disorder

Panic attack

Psychiatric sign or symptom

**3.3.12.A Aggressive behavior**

1) Summary

a) Two cases of patients developing AGITATION, CONFUSION, PARANOID BEHAVIOR and aggressive behavior were reported. The aggressive behavior worsened in patients beginning olanzapine. Agitation has been reported in up to 23% of olanzapine-treated patients in clinical trials, as compared to placebo. Agitation may be a part of the disease process as opposed to a pharmacologic effect of the drug (Pr...

**3.3.12.B Mania**

1) Summary

a) Mania and hypomania have been described following olanzapine Administration (Aubrey et al, 2000)(1998).

2) LITERATURE REPORTS

a) A review of the literature identified 10 cases of mania or hypomania related to olanzapine therapy. Patients with schizophrenia (n=6), schizoaffective disorder (n=2), pervasive developmental disorder (n=1), or an unspecified bipolar disorder (n=1) developed manic symptoms ranging between 2 days and 35 days. Six of 10 patients were receiving olanzapine. In the other 4 patients, hypomania or mania resolved with a decrease in olanzapine dose.

b) A 31-year-old woman with psychotic disorder experienced hypomania after receiving olanzapine 20 mg daily. On the second day of olanzapine therapy, she developed pressured speech, social disinhibition, and euphoric mood. Her symptomatology remitted.

c) Two schizophrenic patients experienced manic-like activation after the start of olanzapine treatment. One patient had never experienced mania. In one case the mania resolved with a decrease in olanzapine dose. In the second case olanzapine was discontinued (Lindenmayer & Klebanov, 1998).

**3.3.12.C Obsessive-compulsive disorder**

1) Summary

a) Two cases of patients experiencing olanzapine-induced OBSESSIVE-COMPULSIVE DISORDER (OCD) were reported (1999). A 35-year-old woman developed obsessive-compulsive disorder (OCD) after having olanzapine 10 mg daily. A 35-year-old man with schizophrenia and obsessive-compulsive disorder (OCD), had his OCD symptoms remitted after olanzapine therapy (Lindenmayer et al, 1998).

2) LITERATURE REPORTS

a) Two cases of patients experiencing olanzapine-induced obsessive-compulsive disorder (OCD) were reported. One patient was switched to olanzapine 15 to 25 milligrams (mg). The first man developed OCD 14 days after beginning olanzapine therapy.

head and the compulsion to check doors. This disappeared with fluoxetine therapy. The second develop isolation, repeated hand-washing, checking doors and the alarm system. He also had impulsion phobias (Mottard & De La Sablonniere, 1999).

**b)** A 35-year-old woman developed obsessive-compulsive disorder (OCD) after having olanzapine 10 mg major depression with psychotic features, borderline personality, and bulimia. After 1 week she developed changed to venlafaxine which successfully treated her OCD (Al-Mulhim et al, 1998).

**c)** A 35-year-old man with schizophrenia and obsessive-compulsive disorder (OCD), had his OCD symptoms (Morrison et al, 1998). His fluvoxamine was increased from 200 to 300 milligrams/day (mg/d) which help

### 3.3.12.D Panic attack

#### 1) Summary

**a)** CASE REPORT - A 36-year-old woman with schizophrenia began experiencing panic attacks after olanzapine was started at 5 milligrams (mg) twice daily and increased to 3 times daily after 18 days. Panic attacks were successfully treated with alprazolam 0.5 mg as needed (Mandalos & Szarek, 1999).

### 3.3.12.E Psychiatric sign or symptom

#### 1) Summary

**a)** The manufacturer reports that the following adverse reactions have occurred with olanzapine therapy (Prod Info Zyprexa(R), Zyprexa(R) Zydis(R), Zyprexa(R) IntraMuscular Olanzapine, 2004a). Relapse of psychosis after olanzapine administration (Kostakoglu et al, 1999). The manufacturer reports that INTENTIONAL INJURY occurred during olanzapine therapy. (Prod Info Zyprexa(R), Zyprexa(R) Zydis(R), Zyprexa(R) IntraMuscular Olanzapine, administration (Ramos & Budman, 1998).

**2)** Hostility, anxiety, aggression, koro and personality disorder are reported with olanzapine administration.

#### 3) LITERATURE REPORTS

**a)** Two cases are reported where patients initially responded to olanzapine therapy and then relapsed and returned to 20 milligrams (mg) over 2 to 3 weeks for chronic paranoid schizophrenia. A 38-year-old man showed relapse during the fourth week through the sixth week. After 7 weeks, he had reemergence of the paranoid hallucinations, but the 19-year-old woman also had an increase in paranoid delusions and reemergence of auditory hallucinations, lack of insight, and weight gain. The authors conclude that a rapid displacement of these drugs due to loose binding could play a role in relapse (Ramos & Budman, 1998).

**b)** A 19-year-old schizophrenic man developed KORO after having his olanzapine abruptly stopped to relieve a sudden overwhelming fear that his penis and left testicle were shrinking and receding into his abdomen. After 3 days, the olanzapine was restarted with his symptoms resolving (Ramos & Budman, 1998). Hostility and aggression have been reported in approximately 15% and 10% of patients treated, respectively, although the frequency of these symptoms is higher in patients (Beasley et al, 1996).

### 3.3.13 Renal Effects

Urinary incontinence

Urogenital finding

#### 3.3.13.A Urinary incontinence

##### 1) Summary

**a)** There has been one reported case of urinary incontinence successfully treated with ephedrine following olanzapine therapy.

##### 2) LITERATURE REPORTS

**a)** Ephedrine successfully counteracted urinary incontinence associated with olanzapine in a 61-year-old patient who developed urinary incontinence when olanzapine (dose not reported) was added to lithium (dose not reported) for mania, psychosis, agitation, and verbalized homicidal thoughts. Incontinence remitted 24 hours after ephedrine regimen. (Vernon, 2000).

#### 3.3.13.B Urogenital finding

##### 1) Summary

**a)** The manufacturer reports that AMENORRHEA (1%), HEMATURIA (1%), METRORRHAGIA (1%), URINARY INFECTION (2%), and VAGINITIS (greater than 1%) have been associated with olanzapine therapy (Prod Info Zyprexa(R) IntraMuscular Olanzapine, 2004a).

**b)** A prospective, multicenter, observational study showed that olanzapine treatment of outpatients (n=200) receiving a variety of other antipsychotic drug therapies. Drugs used in the control group included sertindole, zuclopenthixol, fluphenazine, thioridazine, perphenazine, pimozide, clozapine, pipotiazine, sulpiride, and lorazepam. Overall, olanzapine had a significantly lower incidence of adverse events than the control group (p < 0.001). Somnolence and weight gain occurred significantly more frequently in olanzapine-treated patients than in the control group. Abnormal ejaculation and impotence were significantly higher in the control group. Over a 6-month period, fewer olanzapine-treated patients received a concomitant antiemetic than the control group (36% versus 58%, p < 0.001) (Gomez et al, 2000).

**2)** Amenorrhea, hematuria, metrorrhagia, urinary incontinence, urinary tract infection, vaginitis and priapism are reported with olanzapine administration.

**3.3.14 Reproductive Effects**

**3.3.14.A Priapism**

- 1) Summary
  - a) Priapism and instances of PAINFUL ERECTIONS have been reported with Olanzapine (Kuperman et al, 1998; Heckers et al, 1998).
- 2) LITERATURE REPORTS
  - a) Priapism developed in a 26-year-old man treated with olanzapine 10 milligrams per day for disorganized sexually overactive, he had previously taken varied psychotropic medications (including risperidone) with hours of discontinuation of olanzapine, priapism disappeared (Kuperman, 2000).
  - b) There are reports of men with painful erections occurring 1 to 3 days after beginning olanzapine. One symptom of sexual dysfunction receiving olanzapine 15 mg nightly (Gordon & De Groot, 1999). The other involving the spinal cord and a history of prostate surgery receiving olanzapine 5 mg daily. Both required return (Heckers et al, 1998).
  - c) One report of an African-American man with a history of hypersexual behavior receiving olanzapine 1 increased frequency and duration of erections (up to 2 hours). Within 1 week of olanzapine discontinuation (Deirmenjian et al, 1998).

**3.3.15 Respiratory Effects**

Cough

Dyspnea

Pharyngitis

Pulmonary aspiration

Pulmonary embolism

Rhinitis

Summary

**3.3.15.A Cough**

- 1) Incidence: 6% (Prod Info ZYPREXA(R) oral tablets, IM injection, ZYPREXA(R) ZYDIS(R) orally disintegrating tablets, 2008).
- 2) Increased cough was reported in 6% of patients treated with oral olanzapine at doses of 2.5 mg/day or greater plus placebo (n=294) in the acute phase of short-term, placebo controlled trials (Prod Info ZYPREXA(R) orally disintegrating tablets, 2008).

**3.3.15.B Dyspnea**

- 1) Incidence: 3% (Prod Info ZYPREXA(R) oral tablets, IM injection, ZYPREXA(R) ZYDIS(R) orally disintegrating tablets, 2008).
- 2) Dyspnea was reported in 3% of patients treated with oral olanzapine at doses of 5 mg/day or greater plus those treated with lithium or valproate alone (n=115) in the acute phase of short-term, placebo-controlled, controlled, oral tablets, IM injection, ZYPREXA(R) ZYDIS(R) orally disintegrating tablets, 2008).

**3.3.15.C Pharyngitis**

- 1) Incidence: 4% (Prod Info ZYPREXA(R) oral tablets, IM injection, ZYPREXA(R) ZYDIS(R) orally disintegrating tablets, 2008).
- 2) Pharyngitis was reported in 4% of patients treated with oral olanzapine at doses of 2.5 mg/day or greater plus placebo (n=294) in the acute phase of short-term, placebo controlled trials. Pharyngitis was also reported in 4% of 5 mg/day or greater plus lithium or valproate (n=229) compared with 1% of those treated with lithium or valproate alone, placebo-controlled, combination, clinical trials (Prod Info ZYPREXA(R) oral tablets, IM injection, ZYPREXA(R) ZYDIS(R) orally disintegrating tablets, 2008).

**3.3.15.D Pulmonary aspiration**

- 1) Aspiration has been associated with antipsychotic therapy. Aspiration pneumonia has resulted in morbidities including Alzheimer's disease. Olanzapine should be used cautiously in patients at increased risk for aspiration pneumonia (Prod Info ZYPREXA(R) ZYDIS(R) orally disintegrating tablets, 2008).

**3.3.15.E Pulmonary embolism**

- 1) A case report described 3 episodes of pulmonary embolism in a 25-year-old man after treatment with olanzapine for schizoaffective disorder. His physical health was generally good and there was no personal or family history of pulmonary embolism or physical activity level changed under neuroleptic medication. Smoking a pack of cigarettes per day was his habit (Prod Info ZYPREXA(R) ZYDIS(R) orally disintegrating tablets, 2008).



risk appeared to persist to 180 days for both groups. Some important limitations to the study include unknown results and cause of death could not be examined (Gill et al, 2007).

**2)** Results of a population-based, retrospective cohort study demonstrated comparable to possibly greater risk of death with atypical antipsychotic medications in the elderly (aged 65 years and older) compared with atypical antipsychotic medications and included only new users of antipsychotic medications. The primary study outcome was 180-day all-cause mortality measured based on healthcare utilization data within 6 months before the initiation of antipsychotic medication and 24,359 received conventional and atypical antipsychotic medications, respectively. The risk of death in the elderly was 14.1% compared with 9.6% in the atypical drug group (unadjusted mortality ratio, 1.47; 95% confidence interval, 1.23 to 1.76). Analysis which controlled for potential confounders, the adjusted mortality ratio for the risk of death within 180 days was 1.32 (95% CI, 1.23 to 1.42). When the most frequently prescribed conventional antipsychotic drugs were associated with haloperidol was 2.14 (95% CI, 1.86 to 2.45) and loxapine was 1.29 (95% CI, 1.19 to 1.40), with olanzapine. The increased mortality risk for conventional versus atypical drug therapy was greatest when dose was high (mortality ratio 1.67; 95% CI, 1.5 to 1.86) and also during the first 40 days of therapy (mortality ratio 1.6; 95% CI, 1.4 to 1.8). Multi-variable Cox regression, propensity score, and instrumental variable estimation confirmed the results.

**3)** The findings of one meta-analysis suggest that there may be a small increased risk of death associated with treatment of dementia in elderly patients. The study analysis (n=5110), including 15 randomized, double-blind trials of atypical antipsychotic use (ie, aripiprazole (n=3), olanzapine (n=5), quetiapine (n=3), risperidone (n=5)) in elderly patients with dementia, found that death occurred more often in patients receiving atypical antipsychotic therapy as compared with conventional antipsychotic therapy (odds ratio, 1.54 (95% confidence interval (CI), 1.06 to 2.23; p=0.02), and the risk difference was 0.01 (95% CI, 0.004 to 0.016) with atypical antipsychotic use was 1.65 (95% CI, 1.19 to 2.29; p=0.003); however this increased risk was not seen in meta-analyses of individual drugs did not show a statistically significant increased risk. A similar drop in mortality was found in placebo-treated patients (32.2% vs 31.4%, respectively), with no significant difference in dropouts found.

**4)** The results of a retrospective cohort study indicate that conventional antipsychotic agents are at least as likely to be associated with the risk of death among elderly patients 65 years of age or older. The study included 9,142 new users of conventional antipsychotics and 13,748 new users of atypical agents (mean age, 83.5 years). A higher adjusted relative risk of death was associated with conventional antipsychotics at all timepoints studied after beginning therapy (within 180 days: RR, 1.27 to 1.49; less than 40 days: RR, 1.56; 95% CI, 1.37 to 1.78; 40 to 79 days: RR, 1.37; 95% CI, 1.19 to 1.56). In addition, the adjusted risks of death observed in patients with dementia (RR, 1.29; 95% CI, 1.15 to 1.45), in a nursing home (RR, 1.26; 95% CI, 1.08 to 1.47), or not in a nursing home (RR, 1.42; 95% CI, 1.29 to 1.56) with conventional antipsychotic therapy as compared with atypical antipsychotic use. This risk appeared to be dose-related and was greater than the median) conventional antipsychotics (RR, 1.73; 95% CI, 1.57 to 1.90). Additional studies with elderly patients requiring antipsychotic therapy are needed so that appropriate guidance regarding therapeutic use can be provided.

### 3.3.16.C Drug withdrawal

#### 1) Summary

**a)** CASE REPORT - Within 3 days of stopping olanzapine therapy, a 33-year-old female developed mild depression, restlessness, and blurred vision. Because myoclonus is consistent with serotonergic hyperactivity, the patient represented a SEROTONERGIC REBOUND phenomena (Nayudu & Scheftner, 2000).

### 3.3.16.D Extrapyramidal disease

See Drug Consult reference: NEUROLEPTIC-INDUCED EXTRAPYRAMIDAL REACTIONS

### 3.3.16.E Neuroleptic malignant syndrome

#### 1) Summary

**a)** Neuroleptic malignant syndrome (NMS), due to dopaminergic blockade, associated with olanzapine therapy. Patients taking concomitant or recently discontinued neuroleptics appear to be more susceptible to drug-induced NMS. Myoglobin levels may be elevated; and high fever and rigidity are present. Generally after stopping the drug, NMS resolves (Stanfield & Privette, 2000; Nyfort-Hansen & Alderman, 2000; Sierra-Biddle et al, 2000; Marder et al, 1999); (Burkhard et al, 1999)(Apple & Van Hauer, 1999; Cohen et al, 1999); (Johnson & Brusner, 1998)(Marder et al, 1999).

**b)** Symptoms have begun as early as 2 to 4 days and as late as 1 year. Patients have presented with rigidity, muscle rigidity, mental status changes, and autonomic instability. Increases in serum creatine kinase have been reported up to 41,900 international units/L. Some patients previously had NMS with other neuroleptics including risperidone. Discontinuation of olanzapine and with treatments including dantrolene, bromocriptine, or benzodiazepines, however, the patient was also receiving clozapine and no rigidity was noted (Moltz & Coeytaux, 1998).

#### 2) LITERATURE REPORTS

**a)** A case report describes a 56-year-old male who experienced neuroleptic malignant syndrome (NMS) with a history of sleep disturbances, preoccupied and hallucinatory behaviors and persecutory thoughts. He was treated with thioridazine, then trifluoperazine with chlorthalidone, which caused extrapyramidal symptoms. After 1 year, he was noncompliant with treatments of fluoxetine, clonazepam, escitalopram and olanzapine before being diagnosed with schizophrenia based on ICD-10 criteria. Upon admission, he started olanzapine 5 mg twice daily and olanzapine was increased to 15 mg/day. On day 5, his perspiration and blood pressure (BP, 150/86 mmHg) were improved. On day 6, he experienced fever (102 degrees Fahrenheit), confusion, diaphoresis, and tremors, upper and lower limb rigidity, leucocytosis, uremia and elevated creatinine phosphokinase. He was treated with olanzapine and alprazolam were discontinued and he received amoxicillin 500 mg three times daily and his sensorium improved and the rigidity and tremors resolved. After 7 days, he was discharged on lorazepam and he started amisulpride 50 mg nightly. He has continued success with amisulpride 100 mg and clonazepam.

**b)** Atypical neuroleptic malignant syndrome, also described as fever-delirium-autonomic instability syndrome.

30-year-old man developed fever, difficulty swallowing, sinus tachycardia, delirium, elevated white blood count, and rigidity. Olanzapine (10 milligrams/day) was initiated for the treatment of violent behavior. No rigidity, hyperreflexia observed. Olanzapine was discontinued and symptoms completely resolved within 2 days (Robinson et al, 2000).

**c)** A 23-year-old woman developed clinical features consistent with neuroleptic malignant syndrome (NMS) while on olanzapine therapy. She was on olanzapine 10 mg daily for schizoaffective disorder. Other medications included lithium and fluoxetine. After 40 days of olanzapine therapy, her trunk and limbs were hypertonic and hyperextended, with generalized tremor, blood pressure fluctuations, and an elevated body temperature of 38.6 degrees Celsius. Laboratory data showed metabolic acidosis, hypernatremia, hypokalemia, a lithium level of 0.7 milliequivalents per liter (mEq/L), and a urine toxicology screen was consistent with amphetamine. Cultures of cerebrospinal fluid and blood were negative. A urine toxicology screen was consistent with amphetamine. In the intensive care unit, the patient recovered fully (Sierra-Biddle et al, 2000).

**d)** A 42-year-old man with a history of schizophrenia developed symptoms consistent with neuroleptic malignant syndrome while on olanzapine therapy. At the onset of symptoms, the patient was also taking ranitidine, benztropine mesylate, and a respiratory distress, intermittent apnea, decreased mental status, fever (rectal temperature of 41 degrees Celsius), rigidity, and dry mucous membranes. On admission, vital signs included a pulse of 111/79. Respiratory effort was absent. Laboratory tests revealed a serum creatinine phosphokinase (CPK) level of 12.4 grams%, hematocrit 35%, serum sodium 141 millimoles/liter (mmol/L), blood urea nitrogen 12.4 mg/dL, and creatinine 0.8 mg/dL. Olanzapine was discontinued. The patient was intubated and mechanically ventilated. He received bromocriptine and empiric antibiotic therapy. The patient's hospital course was complicated by pneumonia. On discharge, he demonstrated obvious cognitive deficits and left hemiplegia (Stanfield & Privette, 2000).

**e)** Other cases have reported only elevations in serum creatine kinase without other symptoms of NMS.

### 3.4 Teratogenicity/Effects in Pregnancy/Breastfeeding

#### A) Teratogenicity/Effects in Pregnancy

**1)** U.S. Food and Drug Administration's Pregnancy Category: Category C (Prod Info ZYPREXA(R) oral tablets, IM injection, 2008) (All Trimesters)

**a)** Either studies in animals have revealed adverse effects on the fetus (teratogenic or embryocidal or other) or studies in women and animals are not available. Drugs should be given only if the potential benefit justifies the potential risk to the fetus.

**2)** Australian Drug Evaluation Committee's (ADEC) Category: B3(Australian Drug Evaluation Committee, 1999)

**a)** Drugs which have been taken by only a limited number of pregnant women and women of childbearing age, but which have shown no evidence of malformation or other direct or indirect harmful effects on the human fetus having been observed. Studies in animals have shown evidence of occurrence of fetal damage, the significance of which is considered uncertain in humans.

See Drug Consult reference: PREGNANCY RISK CATEGORIES

**3)** Crosses Placenta: Yes

**4)** Clinical Management

**a)** There is insufficient evidence to clearly establish the safety of olanzapine during pregnancy and it is recommended that the potential benefit justifies the potential risk to the fetus (Prod Info ZYPREXA(R) oral tablets, IM injection, 2008). Limited data to date do not suggest an increased risk of major malformation (Aichhorn et al, 2008; Ernster et al, 2008). Notably, schizophrenic women may have higher prevalence rates of social and lifestyle behaviors (e.g. smoking) associated with risky neonatal outcomes (Patton et al, 2002). Patients with histories of chronic psychosis maintained on medication therapy throughout gestation, as these patients and their fetuses represent a high risk population.

**5)** Literature Reports

**a)** A prospective, observational study of 54 women (mean age, 30.7 years), recruited from the Emory Women's Health Clinic, showed permeability of the placental barrier. Outcomes were determined by comparing placental to maternal plasma concentrations of olanzapine, risperidone, and haloperidol. Placental to maternal plasma concentrations showed a significant difference between antipsychotic medications, with olanzapine having the highest, followed by haloperidol 65.5% (95% CI, 40.3%-90.7%), risperidone 49.2% (95% CI, 13.6%-84.8%), and haloperidol 13.6% (95% CI, 0.0%-30.0%), showing the lowest placental passage ratio. There was a greater frequency of pre-term deliveries (21.4%, p=0.007), and neonatal intensive care admission (30.8%, p=0.009) in infants exposed to olanzapine during pregnancy.

**b)** There are no adequate and well-controlled studies with olanzapine use during pregnancy. Seven pregnancies which resulted in 2 normal births, 1 neonatal death due to cardiovascular defect, 3 therapeutic abortions and 1 stillbirth. However, in 23 pregnancies which resulted in 23 spontaneous abortions, 2 stillbirths, prematurity, or major malformation in those infants exposed to olanzapine during pregnancy. Expanded data from this latter report produced similar conclusions; data included 96 pregnancies, among which there were 2 spontaneous abortions, 2.1% in premature deliveries, 3.1% in stillbirths, and 1% in major malformation (Ernst et al, 2008). To assess the fetal safety of atypical antipsychotics, interim results from 32 exposures to risperidone, olanzapine, and haloperidol during pregnancy showed 32 pregnancies, 3 spontaneous abortions, 2 stillbirths, and 7 therapeutic abortions (McKenna et al, 2008).

**c)** Occasional spontaneous case reports of in utero exposure to olanzapine have produced viable newborns. A case report established (Mendhekar et al, 2002; Nagy et al, 2001; Littrell et al, 2000; Kirchheiner et al, 2000). A case report showed a placental level of 11 nanograms (ng)/mL compared with 34 ng/mL in the maternal plasma drawn before birth in a woman who took 10 mg during pregnancy. During gestation, the maternal olanzapine plasma levels were between 25 and 34 ng/mL, the only complication being gestational diabetes which was resolved with diet. Delivery was uncomplicated and the infant was born normally during the first 6 months (Aichhorn et al, 2008).

**d)** In another case report, a 37-year-old woman with a 7-year history of paranoid schizophrenia gave birth to a healthy baby after 25 mg/day starting at week 8 until week 32 when she discontinued it against medical advice. She had not been on olanzapine preceding her pregnancy (Lim, 2001). An isolated case of maternal use of up to 20 mg of olanzapine and 2 mg of risperidone during gestation until 10 days prior to delivery has been reported. In this case, a healthy baby was delivered with Apgar scores of 9 at 1 minute; at 3 months of age, the infant showed age-appropriate milestones (Mendhekar et al, 2002). A single case of maternal use of olanzapine during the 18th week of pregnancy through delivery and during breastfeeding also exists. Delivery was uncomplicated.

months of age, the infant showed no abnormal findings at 11 months of age (Kirchheiner et al, 2000).

**B) Breastfeeding**

1) Thomson Lactation Rating: Infant risk cannot be ruled out.

a) Available evidence and/or expert consensus is inconclusive or is inadequate for determining infant risk with benefits of drug treatment against potential risks before prescribing this drug during breastfeeding.

2) Clinical Management

a) Limited data from studies of nursing mothers treated with olanzapine have demonstrated that olanzapine is excreted in breast milk. ZYPREXA(R) oral tablets, IM injection, ZYPREXA(R) ZYDIS(R) orally disintegrating tablets, 2008; Gardiner et al, 2008 described jaundice, cardiomegaly, somnolence, and a heart murmur in the infant of a mother receiving olanzapine after bottle-feeding was initiated on day 7 of life. Another case from the same report demonstrated no adverse effects in the infant receiving olanzapine doses at 2 months of age (Goldstein et al, 2000a). Undetectable infant olanzapine plasma levels (less than 32.8 to 39.5 nanograms/mL) were reported in another case (Kirchheiner et al, 2000a). Because olanzapine has been shown to be excreted in breast milk, it is recommended that women treated with olanzapine should not breast-feed (Prod Info ZYPREXA(R) oral tablets, 2008).

3) Literature Reports

a) In a study of healthy, nursing women, olanzapine was excreted in breast milk. The estimated mean infant olanzapine dose (Prod Info ZYPREXA(R) oral tablets, IM injection, ZYPREXA(R) ZYDIS(R) orally disintegrating tablets, 2008) of 20 mg/day of olanzapine, the median infant dose ingested through breast milk was approximately 1% (Garland et al, 2008). The theoretical value of 0.38 that was determined using the known pharmacokinetic parameters of the drug. Based on and assuming 100% bioavailability, relative infant dose was estimated to be 0% to 2.5% of the weight-adjusted maternal dose. In the report, breast milk was collected by an electric pump and olanzapine concentrations were measured by gas chromatography-mass spectrometry. Olanzapine was excreted in the breast milk in relatively small amounts. Breast milk/plasma concentration ratio was 0.01 to 0.02.

b) Limited data from cases of olanzapine exposure via breast milk fail to affirm or eliminate the potential for adverse effects. One case described an infant exposed in utero to olanzapine (maternal dose 5 mg/day) who was born with cardiomegaly and jaundice. However, jaundice and sedation continued despite the initiation of bottle-feeding on day seven of life. In the same report, an infant 3 months of age (maternal dose 10 mg/day) had no adverse effects (Goldstein et al, 2000a). Another case report described an infant with plasma levels (less than 2 ng/mL) despite maternal steady-state trough levels of 32.8 to 39.5 nanograms/mL throughout pregnancy and during breastfeeding (Kirchheiner et al, 2000a).

4) Drug Levels in Breastmilk

a) Parent Drug

1) Milk to Maternal Plasma Ratio

a) 0.2 to 0.84 (mean 0.46) (Buist & A, 2001; Croke et al, 2002)

**3.5 Drug Interactions**

Drug-Drug Combinations

Drug-Food Combinations

**3.5.1 Drug-Drug Combinations**

Activated Charcoal

Belladonna

Belladonna Alkaloids

Betel Nut

Carbamazepine

Ciprofloxacin

Clomipramine

Dehydroepiandrosterone

Eszopiclone

Fluvoxamine

Haloperidol  
Levodopa  
Levomethadyl  
Lithium  
Mirtazapine  
Phenylalanine  
Ritonavir  
St John's Wort  
Tetrabenazine  
Tramadol

**3.5.1.A Activated Charcoal**

- 1) Interaction Effect: decreased bioavailability of olanzapine
- 2) Summary: Activated charcoal reduces the maximum concentration and area under the concentration-time Zyprexa(R), 1999b). This drug interaction may make activated charcoal useful in cases of olanzapine overdose
- 3) Severity: minor
- 4) Onset: rapid
- 5) Substantiation: theoretical
- 6) Clinical Management: Do not administer activated charcoal and olanzapine concomitantly.
- 7) Probable Mechanism: binding of olanzapine in the gut

**3.5.1.B Belladonna**

- 1) Interaction Effect: excessive anticholinergic activity (severe dry mouth, constipation, decreased urination,
- 2) Summary: The anticholinergic activity of the active alkaloids present in belladonna may predispose the patient with olanzapine. Belladonna contains L-hyoscyamine, atropine, and scopolamine with a total alkaloid content (Blumenthal et al, 1998). Because belladonna is typically available as a homeopathic preparation, the clinical unknown. Caution is advised.
- 3) Severity: minor
- 4) Onset: rapid
- 5) Substantiation: theoretical
- 6) Clinical Management: Excessive anticholinergic activity may be manifested by dry mouth, constipation, urinary mydriasis, blurred vision, elevated temperature, muscular weakness, and sedation. If such effects are noted, severe cases, paralytic ileus, confusion, psychoses, agitation, delusions, delirium, and paranoia may be associated with hypertension. In severe cases, immediate medical attention should be obtained.
- 7) Probable Mechanism: additive anticholinergic effect

**3.5.1.C Belladonna Alkaloids**

- 1) Interaction Effect: excessive anticholinergic activity (severe dry mouth, constipation, decreased urination,
- 2) Summary: The anticholinergic activity of the active alkaloids present in belladonna may predispose the patient with olanzapine. Belladonna contains L-hyoscyamine, atropine, and scopolamine with a total alkaloid content (Blumenthal et al, 1998). Because belladonna is typically available as a homeopathic preparation, the clinical unknown. Caution is advised.
- 3) Severity: minor
- 4) Onset: rapid
- 5) Substantiation: theoretical
- 6) Clinical Management: Excessive anticholinergic activity may be manifested by dry mouth, constipation, urinary mydriasis, blurred vision, elevated temperature, muscular weakness, and sedation. If such effects are noted, severe cases, paralytic ileus, confusion, psychoses, agitation, delusions, delirium, and paranoia may be associated with hypertension. In severe cases, immediate medical attention should be obtained.
- 7) Probable Mechanism: additive anticholinergic effect

**3.5.1.D Betel Nut**

- 1) Interaction Effect: increased extrapyramidal side effects of olanzapine (difficulty with movement or abnormal



inhibitor of CYP1A2. Although olanzapine has a wide therapeutic range and a correlation between plasma concentration and clinical response is established, this interaction may be clinically significant (Markowitz & DeVane, 1999a).

- 3) Severity: moderate
- 4) Onset: delayed
- 5) Substantiation: probable
- 6) Clinical Management: Patients receiving olanzapine and ciprofloxacin concurrently should be monitored for increased sedation and orthostatic hypotension.
- 7) Probable Mechanism: inhibition by ciprofloxacin of cytochrome P450 1A2-mediated olanzapine metabolism
- 8) Literature Reports
  - a) A 54-year-old female was admitted to the hospital with suicidal ideation and lacerations to her wrists. She was on olanzapine 5 mg at bedtime, nefazodone 100 mg twice daily, atenolol 25 mg daily, levothyroxine 0.25 mg daily, and tapered off prior to electroconvulsive therapy, and ciprofloxacin 250 mg twice daily for seven days was initiated immediately before her last dose of ciprofloxacin, the plasma olanzapine concentration was 32.6 ng/mL. Her olanzapine concentration had decreased by more than 50% to 14.6 ng/mL. Although this patient did not have an increased olanzapine level, higher doses of ciprofloxacin could potentially cause more inhibition of olanzapine.

### 3.5.1.G Clomipramine

- 1) Interaction Effect: an increased risk of seizures
- 2) Summary: Psychotropic drugs have been shown to reduce the seizure threshold. A case report describes a patient who received treatment with olanzapine and clomipramine concomitantly. This combination resulted in a seizure threshold (Deshauer et al, 2000a).
- 3) Severity: major
- 4) Onset: delayed
- 5) Substantiation: probable
- 6) Clinical Management: It is advised to use caution when administering olanzapine concomitantly with clomipramine.
- 7) Probable Mechanism: unknown
- 8) Literature Reports
  - a) A 34-year-old male with schizophrenia and obsessive-compulsive disorder (OCD) without any underlying long-term noncompliance. Inpatient olanzapine treatment (20 mg/day) was initiated and the patient was discharged and readmitted because of inability to control symptoms. Clomipramine 250 mg daily with myoclonic jerks were reported which quickly progressed to general motor seizures and postictal somnolence. Paroxysmal slowing on the EEG was consistent with seizure activity. Clomipramine and olanzapine were controlled with diazepam 30 mg per day for three days. This pattern repeated upon re-challenge with the drug. Presumably from the temporal relationship between clomipramine and olanzapine administration and the occurrence of the adverse event is due to an interaction between these two drugs. Clomipramine and olanzapine are both substrates of CYP1A2 and CYP2D6. One theory is that coadministration may result in elevated levels of both compounds. Although the mechanism is not yet known, it is advised to use caution when administering olanzapine concomitantly with clomipramine (Deshauer et al, 2000).

### 3.5.1.H Dehydroepiandrosterone

- 1) Interaction Effect: reduced effectiveness of olanzapine
- 2) Summary: Dehydroepiandrosterone (DHEA) levels within the normal range of 100 to 400 microgram/deciliter in patients with psychosis (Howard, 1992a). In case reports, patients have been resistant to antipsychotics when treated with olanzapine should avoid DHEA supplementation.
- 3) Severity: moderate
- 4) Onset: delayed
- 5) Substantiation: theoretical
- 6) Clinical Management: Avoid concomitant use of dehydroepiandrosterone (DHEA) and olanzapine. If DHEA is used to normalize DHEA levels.
- 7) Probable Mechanism: elevated dehydroepiandrosterone (DHEA) blood levels may reduce responsiveness to olanzapine
- 8) Literature Reports
  - a) A 24-year-old female diagnosed with schizophrenia was resistant to daily doses of haloperidol 20 mg, lithium carbonate 1200 mg, and lithium carbonate 900 mg plus thioridazine 300 mg. The patient appeared to have gained weight, and a 40 pound weight gain in the previous 8 months. Dehydroepiandrosterone (DHEA) measured 1000 mcg/dL (normal: 100 to 400 mcg/dL). Dexamethasone 1 mg orally at bedtime resulted in a normal DHEA level (328 mcg/dL). The patient appeared calmer, more alert with improved psychotic symptoms and ability to concentrate. The author concluded that elevated DHEA levels were associated with severe therapy (Howard, 1992).
  - b) A 13-year-old male decompensated with a subsequent two-year period of emotional problems, alcoholism, and alcohol. His mental status included bizarre, disorganized, delusional thinking, auditory and visual hallucinations, agitation, and combativeness. He was diagnosed with chronic paranoid schizophrenia; schizoaffective disorder, excited type. He was resistant to daily doses of trifluoperazine 40 mg, chlorpromazine 400 mg, and chlorpromazine 400 mg with thiothixene 80 mg, thioridazine 100 mg, clonazepam 4 mg, and carbamazepine 1200 mg daily. Baseline DHEA level exceeded 900 mcg/dL. Dexamethasone 1 mg orally at bedtime resulted in a normal DHEA level of 200 mcg/dL. By day 5, the patient was conversational, and was making good eye contact. Once dexamethasone was discontinued, rapid decompensation occurred.

"substantial amounts of psychotropic medications". DHEA increased to 536 mcg/dL. The author concluded florid psychosis resistant to conventional antipsychotic therapy (Howard, 1992).

#### 3.5.1.I Eszopiclone

- 1) Interaction Effect: decreased psychomotor function
- 2) Summary: Coadministration of 3 mg eszopiclone and 10 mg olanzapine resulted in the pharmacodynamic Substitution Test scores, a measurement of psychomotor function. No pharmacokinetic interactions were observed (Prod Info LUNESTA(TM), 2004).
- 3) Severity: minor
- 4) Onset: unspecified
- 5) Substantiation: theoretical
- 6) Clinical Management: Monitor patients for decreased psychomotor function. Adjust dose accordingly or cc
- 7) Probable Mechanism: unknown

#### 3.5.1.J Fluvoxamine

- 1) Interaction Effect: an increased risk of olanzapine adverse effects
- 2) Summary: Fluvoxamine inhibits cytochrome P450 1A2 enzymes and may inhibit olanzapine elimination (F significance of this interaction is unknown since olanzapine is metabolized by multiple enzyme systems.
- 3) Severity: moderate
- 4) Onset: delayed
- 5) Substantiation: probable
- 6) Clinical Management: Monitor patients for excessive olanzapine adverse effects (orthostatic hypotension,
- 7) Probable Mechanism: inhibition of olanzapine elimination
- 8) Literature Reports
  - a) A patient experienced elevated olanzapine plasma levels during coadministration of fluvoxamine. The several months for schizophrenia and secondary depression. She appeared to move rigidly, had a slight concentration was 120 mcg/L and fluvoxamine concentration was 70 mcg/L. Olanzapine was decreased Fourteen days after the last decrease in dose, olanzapine plasma levels were 38 mcg/L. Tremor and rigi Fluvoxamine was replaced by paroxetine which resulted in paroxetine concentration of 0.027 mg/L and c al, 2001).
  - b) Addition of fluvoxamine to olanzapine therapy may result in olanzapine-induced side effects or intoxic being treated for not less than 3 months with 10-20 mg/day of olanzapine. The dose of olanzapine was u study and remained stable throughout the study period. Fluvoxamine 100 mg/day was added to olanzapi continued for 8 weeks. Olanzapine concentrations increased during fluvoxamine treatment 1.58-fold from 4, and 1.81-fold from week 0 to week 8. Percentage change from week 0 to week 8 ranged from 12% to metabolite were not significantly changed. Even though all eight patients had higher olanzapine blood se ratio of increase of olanzapine blood serum concentrations from week 0 to week 8 did not correlate signi than 0.05). This study confirmed that the addition of fluvoxamine to a stable dose of olanzapine increase Combined olanzapine and fluvoxamine should be used cautiously and controlled clinically and by therap side effects or intoxication (Hiemke et al, 2002).

#### 3.5.1.K Haloperidol

- 1) Interaction Effect: an increased risk of parkinsonism (cogwheeling rigidity, unstable gait)
- 2) Summary: A patient receiving haloperidol experienced extreme parkinsonism following the addition of olar pharmacokinetic interaction between olanzapine, a weak cytochrome P450 2D6 (CYP2D6) inhibitor, and halc Pharmacodynamically, the small amount of dopamine (D2) blockade from olanzapine may have been enough 1999a).
- 3) Severity: moderate
- 4) Onset: delayed
- 5) Substantiation: probable
- 6) Clinical Management: Patients should be closely monitored for signs and symptoms of increased parkinsc haloperidol therapy. Doses of haloperidol may need to be decreased.
- 7) Probable Mechanism: competitive inhibition of cytochrome P450 2D6-mediated haloperidol metabolism; ir
- 8) Literature Reports
  - a) A 67-year-old hospitalized male with bipolar disorder who had stopped taking his medications was re: mg nightly, and valproate 750 mg twice daily. He had been experiencing some mild parkinsonian symptc worsen when haloperidol was reinstated. Following stabilization on this regimen, it was decided to chan minimize any parkinsonism that was a result of his medications. While tapering the haloperidol and initia parkinsonism that resulted in an inability to walk. His mental status remained unchanged. Haloperidol wa and two days later the patient's parkinsonism side effects had resolved back to baseline. Benztropine wa symptoms did not reoccur while on olanzapine (Gomberg, 1999).

#### 3.5.1.L Levodopa

- 1) Interaction Effect: decreased levodopa effectiveness
- 2) Summary: Concurrent use of olanzapine may antagonize the pharmacological effects of levodopa (Prod Ii this interaction is unknown.
- 3) Severity: moderate
- 4) Onset: rapid

- 5) Substantiation: theoretical
- 6) Clinical Management: Monitor patients for levodopa efficacy.
- 7) Probable Mechanism: pharmacological antagonism

### 3.5.1.M Levomethadyl

- 1) Interaction Effect: an increased risk of cardiotoxicity (QT prolongation, torsades de pointes, cardiac arrest)
- 2) Summary: Any drug known to have the potential to prolong the QT interval should not be used with levomethadyl and potentially arrhythmogenic agents such as olanzapine that prolong the
- 3) Severity: contraindicated
- 4) Onset: delayed
- 5) Substantiation: theoretical
- 6) Clinical Management: Levomethadyl is contraindicated in patients being treated with olanzapine as it may levomethadyl.
- 7) Probable Mechanism: additive cardiac effects

### 3.5.1.N Lithium

- 1) Interaction Effect: weakness, dyskinesias, increased extrapyramidal symptoms, encephalopathy, and brain
- 2) Summary: An encephalopathic syndrome followed by irreversible brain damage has occurred in a few patients with a dopamine antagonist, particularly haloperidol. A causal relationship between these events and the concomitant administration of lithium has not been established (Prod Info LITHOBID(R) slow-release oral tablets, 2005). Coadministration of lithium and a wide variety of encephalopathic symptoms, brain damage, extrapyramidal symptoms, and dyskinesias in isolation have occurred with therapeutic lithium levels (Amdisen, 1982; Prakash, 1982; Addonizio et al, 1988a). However, such combinations with no severe adverse consequences (Goldney & Spence, 1986). The mechanism is not clear but may decrease striatal dopaminergic activity, probably through a direct action on the G protein and the capacity of adenyl cyclase (Carli et al, 1994). Hyperglycemic reactions have also occurred during combined phenothiazine
- 3) Severity: major
- 4) Onset: delayed
- 5) Substantiation: probable
- 6) Clinical Management: Monitor patients closely for any signs of toxicity or extrapyramidal symptoms, especially when haloperidol, and lithium are used. Serum lithium levels should be monitored periodically. Some clinical effects may be outside the therapeutic range.
- 7) Probable Mechanism: unknown
- 8) Literature Reports
  - a) Concomitant haloperidol and lithium therapy has resulted in symptoms of encephalopathy, confusion, and mania in patients with mania (Cohen & Cohen, 1974; Loudon & Waring, 1976; Thomas, 1979). Irreversible neurological damage has been reported (Hurwitz, 1983; Keitner & Rahman, 1984).
  - b) Seizures, encephalopathy, delirium, and abnormal EEG occurred in four patients during combined lithium and phenothiazine therapy. Serum lithium levels were below 1 mEq/L at the time of the toxic reaction in all cases. All patients had previously received another phenothiazine. Three of these patients developed symptoms within eight days of initiating combination therapy.
  - c) The addition of lithium to neuroleptic therapy exacerbated extrapyramidal symptoms (EPS) in a small number of patients who received at least five days of treatment with either oral thiothixene, haloperidol, or fluphenazine in mean serum lithium levels of 0.65 to 1.27 mEq/L. The symptoms were experienced during the initiation of the lithium and were experiencing drug-induced extrapyramidal symptoms. Oral lithium was discontinued to achieve a therapeutic serum concentration. The maximum levels attained were 0.65 to 1.27 mEq/L. The symptoms resolved after the addition of lithium. However, only three patients developed marked symptoms and no patient developed severe symptoms including gait, shoulder shaking, elbow rigidity, and tremor.
  - d) Ten patients treated with clozapine and lithium were studied (Blake et al, 1992). Of the ten patients, five developed extrapyramidal symptoms including jerking of limbs, facial spasms and tics, tremor of hands and arms, tongue twitching, and stiffness. These effects reversed when lithium was discontinued or given at a lower dose. On rechallenge, one of the patients developed symptoms keeping serum lithium no greater than 0.5 mEq/L, clozapine could be safely coadministered.
  - e) Chlorpromazine serum levels can be significantly reduced in the presence of lithium treatment. If use continues, the result is rebound elevation of chlorpromazine levels, resulting in chlorpromazine toxicity. In patients on lithium, a withdrawal of the lithium may precipitate chlorpromazine cardiotoxicity. In this report, such toxicity was associated with prolongation of the QTc interval. Hypotension and EPS are also possible in this situation.
  - f) However, other data do not support that such adverse events are frequent or indeed causally related to the combination of a dopamine antagonist antipsychotic drugs and lithium have been used successfully in many patients with manic-depressive illness. Such an interaction may only become significant with very high doses of one or both drugs or with failure to discontinue one of the drugs (Miller & Menninger, 1987).
  - g) A 69-year-old patient with oxygen-dependent chronic obstructive pulmonary disorder and a 25-year-old patient with a 3 mg for the treatment of new-onset auditory and visual hallucinations. She had also been maintained on lithium for 10 years. In addition, she was given amantadine (100 mg twice daily) for tremor. Three weeks after the initiation of amantadine, there was a decline in mental status in addition to dizziness, worsening tremors, nausea and vomiting, polyuria, depression, and weight loss. She was then admitted to the hospital for delirium. Her lithium serum level was 1.36 mEq/L at the time of admission. Although her lithium level decreased to 0.41 mEq/L, she continued to experience profound delirium, tremor, and weight loss. After she started to respond to commands, she was restarted on lithium (300 mg at bedtime) because of her delirium. Later, she was discharged with a regimen of lithium and low-dose lorazepam for treatment of insomnia. It was noted that the concurrent use of lithium and risperidone. Other factors could also have caused delirium, such as pulmonary pathology. In addition, amantadine, which facilitates the release of presynaptic dopamine and contributes to the development of delirium (Chen & Cardasis, 1996).

**3.5.1.O Mirtazapine**

- 1) Interaction Effect: an increased risk of serotonin syndrome
- 2) Summary: Concurrent use of olanzapine with mirtazapine and tramadol in a 53-year-old male resulted in serotonin syndrome (Fetchko, 2002). If olanzapine is used concomitantly with mirtazapine and/or tramadol, monitor closely for symptoms of serotonin syndrome which can be life-threatening. If serotonin syndrome develops, discontinue the offending agents and provide supportive care (Shannon, 2005).
- 3) Severity: major
- 4) Onset: delayed
- 5) Substantiation: probable
- 6) Clinical Management: A case of serotonin syndrome was reported with coadministration of olanzapine, mirtazapine, and tramadol. If 2 or more of these drugs are used concomitantly, monitor closely for symptoms of serotonin syndrome (hyper-reflexia, tremor, muscle rigidity, clonus, peripheral hypertonicity, and shivering), autonomic hyperactivity (the presence of bowel sounds, and diarrhea), and mental status changes (including agitation and delirium). If serotonin syndrome develops, discontinue the offending agents and provide supportive care and other therapy as needed.
- 7) Probable Mechanism: additive serotonergic pharmacologic effects
- 8) Literature Reports
  - a) A 53-year-old male on mirtazapine and tramadol experienced serotonin syndrome 8 days after olanzapine 10 mg qd, mirtazapine 45 mg/day for depression and tramadol 150 mg/day for chronic back pain. Olanzapine 10 mg qd was discontinued 8 days later after being found by the police wandering the streets in inappropriate dress and in tachycardic (120 bpm), and had flushing, twitching of his face, tremors, myoclonus, hyperreflexia, and a stutter. He had marked derangement, appeared perplexed, had prominent perceptual abnormalities, and had a creatine phosphokinase level of 1000 U/L. The creatine phosphokinase was normal. All medications were discontinued and within 12 hours he sign

**3.5.1.P Phenylalanine**

- 1) Interaction Effect: increased incidence of tardive dyskinesia
- 2) Summary: Taking phenylalanine concomitantly with certain neuroleptic drugs may exacerbate tardive dyskinesia. Phenylalanine metabolism in certain patients may lead to phenylalanine accumulation in the brain and in turn to an increased incidence of tardive dyskinesia. This may interfere with the synthesis of catecholamines (Gardos et al, 1992a).
- 3) Severity: moderate
- 4) Onset: rapid
- 5) Substantiation: theoretical
- 6) Clinical Management: Caution is advised if phenylalanine is administered with a neuroleptic agent. Monitor for symptoms of tardive dyskinesia.
- 7) Probable Mechanism: reduced brain availability of other large neutral amino acids and interference with catecholamine synthesis
- 8) Literature Reports
  - a) Phenylalanine tended to increase the incidence of tardive dyskinesia in patients taking neuroleptics in a study of 31 patients: (1) patients with unipolar depression with tardive dyskinesia (n=11), (2) patients with no tardive dyskinesia (n=10), and (3) patients exposed to a neuroleptic drug (n=10). Neuroleptic agents were taken during the study by 6 patients in group 1, 6 patients in group 2, and 6 patients in group 3. Phenylalanine 100 mg/kilogram dissolved in orange juice after an overnight fast. Blood samples were drawn at baseline, 1 hour after administration and 2 hours after administration. Three patients in group 1 (with tardive dyskinesia) had tardive dyskinesia at baseline. This group as a whole had higher (though nonsignificant) mean phenylalanine levels than the other groups. Abnormal Involuntary Movements Scale (AIMS) nonsignificantly increased in group 1. Postloading phenylalanine significantly positively correlated in group 1 (rs=0.347, p less than 0.05; Spearman correlation coefficient between phenylalanine level and baseline AIMS scores demonstrated a trend toward correlation (rs=0.246, p=0.05). In all patients, phenylalanine loading increased plasma phenylalanine levels approximately 50% as a result of conversion of phenylalanine to tyrosine. Plasma levels of competing large neutral amino acids were not significantly affected (Gardos et al, 1992).

**3.5.1.Q Ritonavir**

- 1) Interaction Effect: reduced olanzapine effectiveness
- 2) Summary: An open-label study involving 14 healthy volunteers revealed a significant alteration in pharmacokinetics of olanzapine when administered in the presence of ritonavir. Baseline blood samples were drawn 1 hour before the 10 mg tablet. Venous blood samples were then obtained at specified times. After a 14-day washout period, subjects received 400 mg BID for 4 days, then 500 mg BID for 4 days. Blood samples were again drawn at specified times. On the following day, subjects received 10 mg olanzapine. Results: Statistically significant reductions in the mean olanzapine area under the plasma concentration-time curve (AUC) (p less than 0.001); the half-life by 50% (from 32 hr to 16 hr) (p less than 0.00001) and the peak plasma concentration (C<sub>max</sub>) (p less than 0.002). The oral clearance of olanzapine increased by 115% (from 20 L/hr to 43 L/hr) (p less than 0.002). The study was well-tolerated and a clear relationship between plasma concentrations and toxicity has not been defined, the study (Penzak et al, 2002).
- 3) Severity: moderate
- 4) Onset: delayed
- 5) Substantiation: theoretical
- 6) Clinical Management: Monitor patients for olanzapine efficacy. Doses of olanzapine may need to be adjusted. Patients stabilized on olanzapine and ritonavir, who have their ritonavir discontinued, should have be monitor for symptoms of olanzapine toxicity and systemic exposure to olanzapine.
- 7) Probable Mechanism: induction or CYP1A2- and glucuronosyl transferase-mediated metabolism of olanzapine

**3.5.1.R St John's Wort**

- 1) Interaction Effect: reduced olanzapine efficacy
- 2) Summary: This interaction is based on in vitro information that St. John's Wort induced CYP1A2 enzymes reduced blood theophylline concentrations and loss of efficacy (Nebel et al, 1999). Since olanzapine is metabolized by CYP1A2, olanzapine may be similarly affected. If St. John's Wort and olanzapine are taken together, their dosages should be increased. Increased dosages of olanzapine may be required. Discontinuation of St. John's Wort should be done carefully. Dose reduction may be required.
- 3) Severity: moderate
- 4) Onset: delayed
- 5) Substantiation: theoretical
- 6) Clinical Management: Avoid concomitant use of olanzapine with St. John's Wort. If patients elect to remain on olanzapine, consistent dosing. Olanzapine dosage may need to be increased. Patients should not discontinue St. John's Wort. Downward adjustments in olanzapine dose may be necessary as well as monitoring for increased side effects (constipation, dry mouth, asthenia).
- 7) Probable Mechanism: induction of cytochrome P450 1A2 enzymes by St. John's Wort

**3.5.1.S Tetrabenazine**

- 1) Interaction Effect: increased risk of QT interval prolongation, neuroleptic malignant syndrome, extrapyramidal symptoms
- 2) Summary: Tetrabenazine causes a small increase in the corrected QT interval. As the degree of QT prolongation is dose-dependent, the concomitant use of tetrabenazine with other drugs known for QT prolongation should be avoided. In a randomized, double-blind, placebo controlled crossover study of healthy subjects, the effect of a single 25 mg dose of tetrabenazine was studied with moxifloxacin as a positive control. The 50 mg dose of tetrabenazine caused an approximate 10% increase in QT interval (XENAZINE(R) oral tablets, 2008). In addition to QT prolongation, tetrabenazine may also cause adverse extrapyramidal disorders, which may be exaggerated when coadministered with neuroleptic drugs (eg, olanzapine).
- 3) Severity: major
- 4) Onset: unspecified
- 5) Substantiation: theoretical
- 6) Clinical Management: Coadministration of tetrabenazine with olanzapine or other neuroleptic drugs may increase the risk of QT interval prolongation and increased risk of torsade de pointes. Other adverse reactions, such as neuroleptic malignant syndrome, may be enhanced when given with a dopamine agonist such as olanzapine (Prod Info XENAZINE(R) oral tablets, 2008).
- 7) Probable Mechanism: increased dopamine levels; additive effects on QT interval prolongation

**3.5.1.T Tramadol**

- 1) Interaction Effect: an increased risk of serotonin syndrome
- 2) Summary: Concurrent use of olanzapine with mirtazapine and tramadol in a 53-year-old male resulted in serotonin syndrome (Fetchko, 2002). If olanzapine is used concomitantly with mirtazapine and/or tramadol, monitor closely for symptoms of serotonin syndrome. Serotonin syndrome can be life-threatening. If serotonin syndrome develops, discontinue the offending agents and provide supportive care (Shannon, 2005).
- 3) Severity: major
- 4) Onset: delayed
- 5) Substantiation: probable
- 6) Clinical Management: A case of serotonin syndrome was reported with coadministration of olanzapine, mirtazapine, and tramadol. If 2 or more of these drugs are used concomitantly, monitor closely for symptoms of serotonin syndrome (hyper-reflexia, tremor, muscle rigidity, clonus, peripheral hypertonicity, and shivering), autonomic hyperactivity (including tachycardia, hypertension, hyperthermia, and diaphoresis), and mental status changes (including agitation and delirium). If serotonin syndrome develops, discontinue the offending agents and provide supportive care and other therapy as needed.
- 7) Probable Mechanism: additive serotonergic pharmacologic effects
- 8) Literature Reports
  - a) A 53-year-old male on mirtazapine and tramadol experienced serotonin syndrome 8 days after olanzapine was added. The patient was on mirtazapine 45 mg/day for depression and tramadol 150 mg/day for chronic back pain. Olanzapine 10 mg was added 8 days later after being found by the police wandering the streets in inappropriate dress and in an agitated state. The patient was tachycardic (120 bpm), and had flushing, twitching of his face, tremors, myoclonus, hyperreflexia, and a stutter. He had marked derangement, appeared perplexed, had prominent perceptual abnormalities, and was unable to give a history. The creatine phosphokinase was normal. All medications were discontinued and within 12 hours he sign

**3.5.2 Drug-Food Combinations****3.5.2.A Ethanol**

- 1) Interaction Effect: excessive central nervous system depression
- 2) Summary: Coadministration of olanzapine and ethanol will potentiate the orthostatic hypotension observed with ethanol. Ethanol (45 mg/70 kg) had no effect on olanzapine pharmacokinetics, these drugs should not be taken concomitantly. Avoidance of ethanol should be considered to avoid the depressive effects of both drugs (Prod Info Zyprexa(R), 1999d).
- 3) Severity: moderate
- 4) Onset: rapid
- 5) Substantiation: theoretical
- 6) Clinical Management: Concurrent use of olanzapine and ethanol should be avoided if at all possible. If the use of ethanol is necessary, the dose should be reduced and the patient should be monitored closely.
- 7) Probable Mechanism: additive central nervous system depression

**4.0 Clinical Applications**

Monitoring Parameters

Patient Instructions

Place In Therapy

Mechanism of Action / Pharmacology

Therapeutic Uses

Comparative Efficacy / Evaluation With Other Therapies

**4.1 Monitoring Parameters**

**A) Therapeutic**

**1) Physical Findings**

**a) Improvement of schizophrenic symptoms on standard examination/testing**

- 1) Positive symptoms (distortion of normal function) include hallucinations, irritability, delusions, incoher**
- 2) Negative symptoms (loss or diminution of function) include blunted affect, emotional or social withdraw**

**B) Toxic**

**1) Laboratory Parameters**

**a) Fasting blood glucose at beginning of treatment and periodically thereafter for patients with diabetes mellitus (Prod Info ZYPREXA(R) oral tablets, orally disintegrating tablets, IM injection, 2007).**

**b) Fasting blood glucose for any patient who develops symptoms of hyperglycemia (Prod Info SYMBYAX(R) oral tablets, orally disintegrating tablets, IM injection, 2007).**

**c) Baseline and follow-up lipid panels are suggested (Prod Info ZYPREXA(R) oral tablets, orally disintegrating tablets, IM injection, 2007).**

**d) Liver function tests periodically during therapy for patients with significant hepatic disease (Prod Info ZYPREXA(R) oral tablets, orally disintegrating tablets, IM injection, 2007).**

**e) ECG at baseline and periodically during treatment (Pacher & Kecskemeti, 2004)**

**2) Physical Findings**

**a) Examination/questioning to detect extrapyramidal effects (ie, continuous pacing, restlessness, fine tremor, rigidity, or choreiform movements) (Prod Info ZYPREXA(R) oral tablets, orally disintegrating tablets, IM injection, 2007).**

**b) Temperature**

**c) Vital signs, especially during initial dose titration (Prod Info ZYPREXA(R) oral tablets, orally disintegrating tablets, IM injection, 2007).**

**d) Assess for orthostatic hypotension, bradycardia, and hypoventilation, especially prior to subsequent intravenous injections (Prod Info ZYPREXA(R) oral tablets, orally disintegrating tablets, IM injection, 2007).**

**e) Monitor body weight regularly during treatment (Prod Info ZYPREXA(R) oral tablets, orally disintegrating tablets, IM injection, 2007).**

**f) Monitor all patients for signs and symptoms of hyperglycemia (ie, polydipsia, polyuria, polyphagia, and weight gain) during atypical antipsychotic treatment should undergo fasting blood glucose testing. In some patients, hyperglycemia during atypical antipsychotic was stopped; however, some patient required ongoing anti-diabetic treatment despite discontinuation of antipsychotic (Prod Info ZYPREXA(R) oral tablets, orally disintegrating tablets, IM injection, 2007).**

**g) Monitor patients for signs and symptoms of neuroleptic malignant syndrome (ie, hyperpyrexia, muscle rigidity, autonomic instability) (Prod Info ZYPREXA(R) oral tablets, orally disintegrating tablets, IM injection, 2007).**

**4.2 Patient Instructions**

**A) Olanzapine (By mouth)**

Olanzapine

Treats psychotic mental disorders, such as schizophrenia or bipolar disorder (manic-depressive illness).

When This Medicine Should Not Be Used:

You should not use this medicine if you have had an allergic reaction to olanzapine.

How to Use This Medicine:

Tablet, Dissolving Tablet

Your doctor will tell you how much of this medicine to use and how often. Your dose may need to be changed for you. Do not use more medicine or use it more often than your doctor tells you to.

You may take this medicine with or without food.

If you are using the disintegrating tablet, make sure your hands are dry before you handle the tablet. Do not touch the tablet with your hands. You are ready to take it. Remove the tablet from the blister pack by peeling back the foil, then taking the tablet in your mouth. It should melt quickly. After the tablet has melted, swallow or take a drink of water.

If a Dose is Missed:

If you miss a dose or forget to use your medicine, use it as soon as you can. If it is almost time for your next dose, skip the missed dose. Do not use extra medicine to make up for a missed dose.

**How to Store and Dispose of This Medicine:**

Store the medicine in a closed container at room temperature, away from heat, moisture, and direct light. Keep until you are ready to take it.

Ask your pharmacist, doctor, or health caregiver about the best way to dispose of any leftover medicine after need to throw away old medicine after the expiration date has passed.

Keep all medicine away from children and never share your medicine with anyone.

**Drugs and Foods to Avoid:**

Ask your doctor or pharmacist before using any other medicine, including over-the-counter medicines, vitamins, a You must be careful if you are also using other medicine that might cause similar side effects as olanzapine. pressure, overheating, or liver problems. Make sure your doctor knows about all other medicines you are using. Make sure your doctor knows if you are also using carbamazepine (Tegretol®), fluoxetine (Prozac®), fluvoxamine (Luvox®), or rifampin (Rifadin®).

Make sure your doctor knows if you are also using medicine to treat high blood pressure (such as atenolol, hydrochlorothiazide, quinapril, Accupril®, Cozaar®, Diovan®, Lotrel®, Norvasc®, Toprol®, Zestril®).

Make sure your doctor knows if you are using medicine to treat anxiety (such as alprazolam, diazepam, Valium®). Avoid medicines that make you sleepy. These include sleeping pills, cold and allergy medicine, narcotic pain relievers, and alcohol. Do not drink alcohol while you are using this medicine.

Tell your doctor if you smoke. You might need a different amount of this medicine if you smoke.

**Warnings While Using This Medicine:**

Make sure your doctor knows if you are pregnant or breastfeeding, or if you have diabetes, liver disease, prostatic enlargement, or a history of seizures, breast cancer, or severe constipation.

Make sure your doctor knows about any heart or blood problems you have now or have had in the past. This medicine may increase your cholesterol and fats in the blood. If this condition occurs, your doctor may give you medicine to lower cholesterol and fats in the blood. Tell your doctor if you have ever had neuroleptic malignant syndrome (NMS) caused by any medicine for psychiatric illness.

This medicine may increase your weight. Your doctor may need to check your weight regularly during treatment. This medicine may raise or lower your blood sugar, or it may cover up symptoms of very low blood sugar (hypoglycemia). Your doctor will need to check your blood at regular visits while you are using this medicine. Be sure to keep your blood sugar under control. This medicine may make you dizzy or drowsy. Avoid driving, using machines, or doing anything else that could be dangerous until you no longer feel dizzy. Get up slowly.

This medicine might reduce how much you sweat. Your body could get too hot if you do not sweat enough. If you are tired, or confused. You might vomit or have an upset stomach. Do not get too hot while you are exercising. Air conditioning, fans, and cool drinks can help. You are too hot and cannot cool down.

Some side effects are more likely to happen in elderly people who have memory problems or other reduced mental abilities. If a person who will be using this medicine has Alzheimer's disease or similar problems (often called "dementia"), Zyprexa® Zydys® contains phenylalanine (aspartame). This is only a concern if you have a disorder called phenylketonuria. If you have this condition, talk to your doctor before using this medicine.

**Possible Side Effects While Using This Medicine:**

Call your doctor right away if you notice any of these side effects:

Allergic reaction: Itching or hives, swelling in your face or hands, swelling or tingling in your mouth or throat, chest pain, or difficulty breathing.

Blurred or other changes in vision.

Change in how much or how often you urinate.

Fast or uneven heartbeat.

Fever, sweating, confusion, muscle stiffness.

Increased restlessness or excessive movements.

Jerky muscle movement you cannot control (often in your face, tongue, or jaw).

Lightheadedness or fainting.

Numbness or weakness in your arm or leg, or on one side of your body.

Severe sleepiness, slurred speech, trouble breathing.

Shakiness, problems with balance or walking.

Swelling in your hands, ankles, or feet.

Swollen breasts, or liquid discharge from your nipples (men or women).

Trouble swallowing.

If you notice these less serious side effects, talk with your doctor:

Back pain.

Constipation, upset stomach.

Dry mouth, increased thirst, watering of mouth.

Increased appetite.

Missed menstrual period.

Redness or swelling in your eye.

Sleepiness or unusual drowsiness.

Stuffy or runny nose.  
Trouble sleeping.  
Weakness.  
Weight gain.

If you notice other side effects that you think are caused by this medicine, tell your doctor.

**B) Olanzapine (Injection)**  
Olanzapine

Treats an episode of agitation (being overexcited, tense, hostile, or anxious) in a person who has schizophrenia o

**When This Medicine Should Not Be Used:**

You should not use this medicine if you have had an allergic reaction to olanzapine.

**How to Use This Medicine:**

**Injectable**

Your doctor will prescribe your exact dose and tell you how often it should be given. This medicine is given as  
A nurse or other trained health professional will give you this medicine.  
If your doctor wants you to keep using this medicine, you will need to change to the oral (tablet) form.

**Drugs and Foods to Avoid:**

Ask your doctor or pharmacist before using any other medicine, including over-the-counter medicines, vitamins, a

You must be careful if you are also using other medicine that might cause similar side effects as olanzapine.  
pressure, overheating, or liver problems. Make sure your doctor knows about all other medicines you are usir  
Make sure your doctor knows if you are also using carbamazepine (Tegretol®), fluoxetine (Prozac®), fluvoxa  
omeprazole (Prilosec®), or rifampin (Rifadin®).

Make sure your doctor knows if you are also using medicine to treat high blood pressure (such as atenolol, h  
quinapril, Accupril®, Cozaar®, Diovan®, Lotrel®, Norvasc®, Toprol®, Zestril®).

Make sure your doctor knows if you are using medicine to treat anxiety (such as alprazolam, diazepam, Vali  
medicines that make you sleepy. These include sleeping pills, cold and allergy medicine, narcotic pain relieve  
Do not drink alcohol while you are using this medicine.

Tell your doctor if you smoke. You might need a different amount of this medicine if you smoke.

**Warnings While Using This Medicine:**

Make sure your doctor knows if you are pregnant or breastfeeding, or if you have diabetes, liver disease, pro  
have a history of seizures, breast cancer, or severe constipation.

Make sure your doctor knows about any heart or blood problems you have now or have had in the past. This  
Tell your doctor if you have ever had neuroleptic malignant syndrome (NMS) caused by any medicine for psy  
This medicine may increase your cholesterol and fats in the blood. If this condition occurs, your doctor may g  
of cholesterol and fats in the blood.

This medicine may increase your weight. Your doctor may need to check your weight regularly during treatm

This medicine may raise or lower your blood sugar, or it may cover up symptoms of very low blood sugar (hy

Your doctor will need to check your blood at regular visits while you are using this medicine. Be sure to keep

This medicine may make you dizzy or drowsy. Avoid driving, using machines, or doing anything else that cou  
until you no longer feel dizzy. Get up slowly.

This medicine might reduce how much you sweat. Your body could get too hot if you do not sweat enough. If  
tired, or confused. You might vomit or have an upset stomach. Do not get too hot while you are exercising. A  
are too hot and cannot cool down.

Some side effects are more likely to happen in elderly people who have memory problems or other reduced r  
person who will be using this medicine has Alzheimer's disease or similar problems (often called "dementia")

**Possible Side Effects While Using This Medicine:**

Call your doctor right away if you notice any of these side effects:

Allergic reaction: Itching or hives, swelling in your face or hands, swelling or tingling in your mouth or throat, c  
Blurred or other changes in vision.

Change in how much or how often you urinate.

Fast or uneven heartbeat.

Fever, sweating, confusion, muscle stiffness.

Increased restlessness or excessive movements.

Jerky muscle movement you cannot control (often in your face, tongue, or jaw).

Lightheadedness or fainting.

Numbness or weakness in your arm or leg, or on one side of your body.

Severe sleepiness, slurred speech, trouble breathing.

Shakiness, problems with balance or walking.

Swelling in your hands, ankles, or feet.

Swollen breasts, or liquid discharge from your nipples (men or women).

Trouble swallowing.

If you notice these less serious side effects, talk with your doctor:

- Back pain.
- Constipation, upset stomach.
- Dry mouth, increased thirst, watering of mouth.
- Increased appetite.
- Missed menstrual period.
- Pain where the shot is given.
- Redness or swelling in your eye.
- Sleepiness or unusual drowsiness.
- Stuffy or runny nose.
- Trouble sleeping.
- Weakness.
- Weight gain.

If you notice other side effects that you think are caused by this medicine, tell your doctor.

**4.3 Place In Therapy**

**A)** Current users of atypical antipsychotic drugs (including olanzapine) and typical antipsychotic drugs had a similar risk according to a retrospective cohort of 93,300 adult users of antipsychotic drugs and 186,600 matched controls. The study (45.7 +/- 11.8 years) with similar cardiovascular risk at baseline who had at least one filled prescription and had 1 outpatient cardiac death was defined as occurring in the community and excluded deaths of patients admitted to the hospital, nor causes not related to ventricular tachyarrhythmia. Current use was defined as the interval between the time the prescription Low and high doses was defined as comparable to less than 100 milligrams (mg) of chlorpromazine, and doses comparable, respectively. The adjusted rate of sudden cardiac death (incidence-rate ratio) in current users of atypical antipsychotic drugs was 1.88 to 2.72, p less than 0.001) which was similar to the risk in current users of typical antipsychotic drugs in 86,735 patients (p less than 0.001). The risk of sudden cardiac death in current olanzapine users in 27,257 person-years was 2.04 (95% CI, 1.59 to 2.66). Sudden cardiac death significantly increased with increasing dose in both the typical and atypical antipsychotic drug groups. The rate ratio increased from 1.59 (95% CI, 1.03 to 2.46) in low-dose use to 2.86 (95% CI, 2.25 to 3.65) in high-dose use. In these results, there was a secondary analysis performed in a cohort of patients matched by propensity score, which resulted in a similar cohort analysis (Ray et al, 2009). In an editorial in The New England Journal of Medicine, it has been suggested that a drug with clear evidence of benefit, but in vulnerable populations with cardiac risk profiles (eg, elderly patients), there should be careful administration. It has also been suggested (although not formally tested) that ECGs be performed before and shortly after starting an existing or emergent QT interval prolongation (Schneeweiss & Avorn, 2009).

**B)** Clinical effects of olanzapine appear similar to those of clozapine in schizophrenic patients. Olanzapine when compared to clozapine is associated with a lower incidence of extrapyramidal effects. Olanzapine has been shown to be superior to clozapine in suggesting the possibilities that maintenance of long-term response may be better than haloperidol (Beasley et al, 1997; however, more expensive than haloperidol, however, savings have been demonstrated that make the 2 agents approximately equivalent. These include olanzapine's reduced need for medical services due to lower relapse rates and its greater efficacy in all patients.

**C)** Olanzapine offers a potential advantage over clozapine as it does not appear to cause severe neutropenia or agranulocytosis. Clozapine are a lower propensity to induce orthostatic hypotension, tachycardia, seizures, and hyperthermia, although these effects are less common in clinical trials. Clozapine is primarily indicated in severely disturbed patients who are refractory to typical antipsychotics. Olanzapine may have a similar role, although further studies are needed. Olanzapine may have a similar role, although further studies are needed (eg, first-line therapy in some types of psychosis are needed (eg, schizoaffective disorders, psychotic mood disorders, major depression with psychotic features). Olanzapine is effective for treating schizophrenia and has a favorable adverse effect profile (Bever & Perry, 1998).

See Drug Consult reference: CHEMOTHERAPY AND RADIOTHERAPY TREATMENT GUIDELINES FOR NAUSEA / See Drug Consult reference: FIRST- VS SECOND-GENERATION ANTIPSYCHOTIC AGENTS FOR SCHIZOPHRENIA

**4.4 Mechanism of Action / Pharmacology**

**A) MECHANISM OF ACTION**

**1)** Olanzapine is an antipsychotic agent (thienobenzodiazepine derivative) structurally similar to clozapine. Pharmacologically, those of clozapine, and both agents are classified as "atypical" antipsychotic agents mainly by virtue of their efficacy in treating schizophrenia and lower propensity for extrapyramidal effects compared to conventional or typical antipsychotics. A disadvantage of clozapine is its ability to induce agranulocytosis in up to 2% of patients; olanzapine was primarily developed as an alternative (Anon, 1994; AMA Department of Drugs, 1994).

**2)** Similar to clozapine, olanzapine is both a dopamine (D) and serotonin (5-HT) antagonist; both compounds have been shown to mediate D-mediated responses (Moore et al, 1992; Fuller & Snoddy, 1992). Receptor binding studies have shown olanzapine binds to D4, 5-HT2A, and 5-HT2C receptors, as well as histamine-1, alpha-1 adrenergic, and muscarinic (particularly M1) receptors (1994a; Higgins, 1993). The drug binds more potently to the 5-HT2A receptor than the D2 receptor (3-fold); greater binding has been reported (Tollefson et al, 1994; Fuller & Snoddy, 1992; Beasley et al, 1996). Results of neuroendocrine studies have shown olanzapine to be more potent than clozapine with respect to blockade of 5-HT2 and D2 receptors (Fuller & Snoddy, 1992).

**3)** Olanzapine induces near saturation of the 5-HT(2) receptor at all doses (Kapur et al, 1998). Even a dose of 5 mg/day (2) occupancy, however, is dose-related:

DOSE	D(2) RECEPTOR OCCUPANCY
5 mg/day	55%
10 mg/day	73%

15 mg/day	75%
20 mg/day	76%
20 mg/day	83%

4) D(2) receptor occupancy was measured at 88% in a single patient taking olanzapine 40 mg/day.

**B) REVIEW ARTICLES**

- 1) A review of the side effects of antipsychotic medications, including olanzapine, in the elderly is available. Of particular incidence of sedation and abnormal gait which can lead to falls and other accidents (Masand, 2000).
- 2) Reviews of the adverse effects related to olanzapine are available. The management of these side effects, including appetite, and weight gain is discussed (Zarate, 2000). Safety data from comparative clinical trials is also available.
- 3) Comprehensive reviews on olanzapine have been published (Tollefson & Kuntz, 1999; Falsetti, 1999; Bever & ...)
- 4) The pharmacologic properties and therapeutic efficacy of olanzapine in the management of psychoses are reviewed.
- 5) An in-depth overview of the efficacy of olanzapine in clinical trials has been published (Beasley et al, 1997).
- 6) A review of clinical trials evaluating olanzapine dosing is available (Nemeroff, 1997).
- 7) A study reviewing the safety profile of olanzapine has been published (Beasley et al, 1997a).
- 8) The use of atypical antipsychotic medications in adults (Markowitz et al, 1999; Brown et al, 1999), older adults (1999; Lewis, 1998; Toren et al, 1998) has been reviewed.
- 9) The mechanisms of neuroleptic-induced extrapyramidal symptoms and tardive dyskinesia and their relationships (Glazer, 2000).
- 10) A review of atypical antipsychotics in the treatment of drug-induced psychosis in Parkinson's disease was conducted.

**4.5 Therapeutic Uses**

- Adverse reaction to cannabis - Induced psychotic disorder
- Agitation, acute - Psychotic disorder
- Agitation - Bipolar I disorder
- Agitation - Schizophrenia
- Alzheimer's disease - Psychotic disorder
- Anorexia nervosa
- Anxiety - Dementia
- Bipolar I disorder, Acute mixed or manic episodes
- Bipolar I disorder, Maintenance therapy
- Borderline personality disorder
- Cancer - Nausea - Pain
- Catatonia
- Chemotherapy-induced nausea and vomiting; Prophylaxis
- Chemotherapy-induced nausea and vomiting; Treatment and Prophylaxis
- Cocaine dependence
- Delirium
- Dementia
- Depressed bipolar I disorder

- Depression, Treatment-resistant
- Essential tremor
- Fibromyalgia
- Gilles de la Tourette's syndrome
- Headache, Chronic, refractory
- Huntington's disease
- Obsessive-compulsive disorder, Refractory
- Parkinson's disease - Psychotic disorder
- Pervasive developmental disorder
- Posttraumatic stress disorder
- Repetitive self-excoriation
- Schizophrenia
- Schizophrenia, Refractory
- Schizophrenic prodrome
- Senile dementia of the Lewy body type
- Severe major depression with psychotic features
- Tardive dyskinesia
- Trichotillomania

**4.5.A Adverse reaction to cannabis - Induced psychotic disorder**

- 1) Overview
  - FDA Approval: Adult, no; Pediatric, no
  - Efficacy: Adult, Evidence favors efficacy
  - Recommendation: Adult, Class IIb
  - Strength of Evidence: Adult, Category B
  - See Drug Consult reference: RECOMMENDATION AND EVIDENCE RATINGS
- 2) Summary:
  - As effective as haloperidol for the treatment of cannabis-induced psychotic disorder (Berk et al, 1999b)
- 3) Adult:
  - a) Olanzapine was as effective as haloperidol in the treatment of cannabis-induced psychotic disorder. In a c episode associated with cannabis use were randomized to receive either olanzapine 10 milligrams (n=15) or a significant improvement in both groups as compared to baseline measured on the Brief Psychiatric Rating ( haloperidol). There was no significant difference between the 2 groups. Olanzapine was associated with few

**4.5.B Agitation, acute - Psychotic disorder**

- 1) Overview
  - FDA Approval: Adult, no; Pediatric, no
  - Efficacy: Adult, Evidence favors efficacy
  - Recommendation: Adult, Class IIb
  - Strength of Evidence: Adult, Category B
  - See Drug Consult reference: RECOMMENDATION AND EVIDENCE RATINGS
- 2) Summary:



baseline to 2 hours post-injection. The mean baseline PANSS Excited Component score was 18.4 (range suggesting mostly moderate levels of agitation). The first trial included agitated inpatients meeting DSM-IV intramuscular olanzapine doses (2.5 mg, 5 mg, 7.5 mg and 10 mg) were evaluated and all doses were superior to placebo on the PANSS Excited Component at 2 hours post-injection. However, the effect was larger and more consistent in a second placebo-controlled trial, agitated inpatients with schizophrenia (n=311), received a fixed 10 mg olanzapine was statistically superior to placebo on the PANSS Excited Component at 2 hours post-injection. Olanzapine was significantly better as compared with placebo on the primary outcome measure of agitation, and gender did not show any differential responsiveness on the basis of these sub-groupings (Proc 2)

2) In a multicenter, double-blind, placebo-controlled study (n=270), intramuscular (IM) olanzapine was superior to placebo in reducing agitation among patients with schizophrenia, but there was no significant differences in efficacy between olanzapine 2.5 mg and olanzapine 5 mg in agitated patients (mean age, 36.3 +/- 10.7 years (yr), range 18 to 73 yr) diagnosed with schizophrenia, schizophrenia disorder underwent 5:1 randomization of active treatment to placebo to olanzapine 2.5 milligram (mg) (mean PANSS-EC score, 18.3 +/-2.4; n=48), olanzapine 5 mg (mean PANSS-EC score, 18.9 +/- 2.6; n=46), olanzapine 10 mg (mean PANSS-EC score, 19.3 +/- 2.6; n=46) or placebo IM injection (mean PANSS-EC score, 19.3 +/- 3.1; n=40) in injection (mean PANSS-EC score, 19.3 +/- 3.1; n=40) or placebo IM injection (mean PANSS-EC score, 19.3 +/- 3.1; n=40) allowed to receive a maximum of 3 injections within the 24-hour treatment period. Concomitant benzodiazepines were allowed after the administration of the first injection. The primary endpoint was the mean change in Positive and Negative Syndrome Scale (PANSS-EC) score from baseline to 2 hours after the first IM injection. Response was defined as a 40% or greater reduction in the PANSS-EC score. In the first injection, there was a dose-response correlation across all IM olanzapine doses in reducing agitation. The mean change in PANSS-EC was -5.5 +/- 4.6 in the olanzapine 2.5-mg arm, -8.1 +/-5.3 in the olanzapine 5-mg arm, -7.5 +/- 4.9 in the olanzapine 10-mg arm, -7.5 +/- 5.9 in the haloperidol 7.5-mg compared with -2.9 +/- 4.7 in the placebo arm. Response rates were 50%, 62.6%, 73.9% and 80.4% in patients who received IM olanzapine 2.5 mg, 5 mg, 7.5 mg and 10 mg compared to 20% in patients who received IM haloperidol was 60% compared to 20% in the placebo arm (all p=0.003 or less). The differences in mean change on the PANSS-EC (last observation carried forward) was significant in the olanzapine 2.5-mg, 5-mg, 7.5-mg or 10-mg arms (p=0.12 or higher). The most common adverse effect reported was hypotension (range, 2.2% to 4.4%) while no patients reported hypotension in the haloperidol or placebo arms. Acute dystonia was reported in 1.2% of patients who received IM olanzapine compared to zero patients in the olanzapine and placebo arms. IM olanzapine was associated with parkinsonism (0.7% vs 16.7%; p=0.03 or less) and akathisia (1.2% vs 7.9%) than IM haloperidol (Breier et al, 2001).

3) In a multicenter, double-blind, placebo-controlled study (n=311), treatment with olanzapine intramuscularly was superior to haloperidol in reducing agitation in patients with schizophrenia. Patients (mean age, 38.2 +/- 11.6 years) with a diagnosis of schizophrenia, schizophreniform disorder or schizoaffective disorder were randomized to receive either olanzapine 10 mg IM injection (mean Positive and Negative Syndrome Scale Excited Component (PANSS-EC) score, 18.4 +/- 3.2; n=126) or placebo IM injection (mean PANSS-EC score, 18.4 +/- 3.2; n=126). The primary endpoint was the mean change in the PANSS-EC scores at 2 hours following the first injection, the mean change in the PANSS-EC scores (primary endpoint) was -7.7 +/- 5 for patients who received olanzapine, and -3.6 +/- 5.2 for patients who received placebo (p not reported). Response rates were 73.3% for patients who received olanzapine and 33.3% for patients who received placebo (p less than 0.001), there was no significant difference in response rates between the olanzapine and placebo arms (73.3% vs 33.3%; p=0.001). Acute dystonia was reported in 7.1% of patients who received olanzapine compared to 1.2% of patients who received placebo (p=0.003 or less). Extrapyramidal side effects were reported more frequently in the haloperidol compared to olanzapine arms. Significantly more patients (20.6%) who received haloperidol required anticholinergics compared with 4.4% of patients who received placebo (all p=0.003 or less) (Wright et al, 2001).

#### b) Oral

1) Rapid initial dose escalation (RIDE) of oral olanzapine was effective in the treatment of acute agitation in a randomized, double-blind, multicenter study, acutely agitated patients (n=148) received either RIDE (olanzapine 5 mg qd for 2 days, then 20 to 30 mg/day for 2 days) or "usual clinical practice" (UCP) therapy (olanzapine 10 mg qd). Both treatment groups produced significant mean reductions in the Positive and Negative Syndrome Scale-Excited Component scores at 2 hours (mean reduction, -7.01 and -5.51, respectively, p less than 0.001, both values). However, patients in the UCP group on days 2, 3, and 4 as measured by mean changes in PANSS-EC scores. Adverse events were similar in both groups with headache, somnolence, dizziness, nervousness, and incontinence (Baker et al, 2003).

### 4.5.E Alzheimer's disease - Psychotic disorder

#### 1) Overview

FDA Approval: Adult, no; Pediatric, no  
 Efficacy: Adult, Evidence favors efficacy  
 Recommendation: Adult, **Class III**  
 Strength of Evidence: Adult, Category B

See Drug Consult reference: RECOMMENDATION AND EVIDENCE RATINGS

#### 2) Summary:

Elderly patients with dementia-related psychosis treated with antipsychotic drugs are at an increased risk of death. Olanzapine doses of 5 or 10 mg daily were shown to be safe and effective in decreasing behavioral and cognitive symptoms in elderly patients in a 6-week, multicenter, double-blind, placebo-controlled trial (n=206) (Street et al, 2000). Somnolence and gait disturbances increased in olanzapine-treated patients (Street et al, 2000).

#### 3) Adult:

a) Low doses of olanzapine (5 milligrams (mg) or 10 mg daily) were safe and significantly superior to placebo

symptoms associated with Alzheimer's disease in elderly patients. In a 6-week, multicenter, double-blind, placebo-controlled trial, patients were randomized to receive a fixed daily dose of olanzapine 5, 10, or 15 mg or placebo. Efficacy was measured using aggression, hallucinations, and delusion items ("Core Total") of the Neuropsychiatric Inventory-Nursing Home Disruptiveness score, to assess patient-related caregiver distress. Core Totals were significantly improved in those receiving 5 mg doses. Occupational Disruptiveness scores were significantly reduced in those receiving 5 mg doses. Somnolence was significantly more common in those receiving olanzapine than placebo. Gait disturbances were more common in those receiving olanzapine 5 or 10 mg doses, increased extrapyramidal symptoms, and central anticholinergic effects in olanzapine-treated patients (Street et al, 2000). In an 18-month, open extension of this trial with 105 patients, behavioral and psychiatric symptoms improved, with the final average Core Total score having decreased to 6 from 7.9 at the start of the open trial ( $p=0.002$ ). Nearly 50% of patients had an additional reduction in Core Total score. Measures of cognitive status showed no change. Levels of akathisia symptoms and parkinsonian symptoms did not increase. Although weight did not change significantly for the trial, weight gain (average, 4.3 kilograms) or weight loss (average, 4.4 kilograms). Somnolence and accidental injury events. Five milligrams was the modal dose (the dose prescribed for a patient for the most number of days) for the trial (Street et al, 2001).

#### 4.5.F Anorexia nervosa

##### 1) Overview

FDA Approval: Adult, no; Pediatric, no  
Efficacy: Adult, Evidence favors efficacy  
Recommendation: Adult, Class IIb  
Strength of Evidence: Adult, Category B

See Drug Consult reference: RECOMMENDATION AND EVIDENCE RATINGS

##### 2) Summary:

Significantly improved body mass index and obsessive symptoms compared to placebo in patients with anorexia nervosa in a 10-week, double-blind clinical trial ( $n=34$ ) (Bissada et al, 2008)

Associated with a mean weight gain of 8.75 pounds in a small, 10-week, open-label trial in patients with anorexia nervosa

See Drug Consult reference: ANOREXIA NERVOSA - DRUG THERAPY

##### 3) Adult:

**a)** Treatment with olanzapine resulted in greater weight gain and decreased obsessive symptoms compared to placebo in a 10-week, double-blind clinical trial. Women ( $n=34$ ) with DSM-IV criteria for anorexia nervosa (restricting or binge/purge subtype) with a body mass index (BMI) of 17.5 kilograms/square meter ( $\text{kg}/\text{m}^2$ ) or less attended a day hospital program at the Ottawa Hospital for eating disorder therapy 4 days a week for 12 to 14 weeks. In addition, patients were randomized to receive olanzapine 5 mg daily, increased by 2.5 mg/week up to a maximum dose of 10 mg/day, or placebo ( $n=18$ ); medication was started after a 2-week baseline period, continued for 10 weeks, and was followed by a 1-week posttreatment period. Mean weight gain was 6.61  $\pm$  2.32 mg/day for study completers ( $n=14$ ). A significant ( $p$  less than 0.001) increase in BMI occurred in the olanzapine group (16.39  $\pm$  1.13 at baseline ( $n=14$ ) to 19.66  $\pm$  1.32 at week 13 ( $n=12$ )). Weight restoration occurred in 87.5% of olanzapine patients and 55.6% of placebo patients ( $p=0.02$ ) with mean time to weight restoration (CI) 6.74-9.39 for the olanzapine group and 10.06 weeks (95% CI 8.75-11.36) for the placebo group. Significant reductions in depression ( $p$  less than 0.001) and anxiety ( $p=0.02$ ), as measured by the Personality Inventory for DSM-IV, were observed in the olanzapine group compared to the placebo group in obsessive symptoms ( $p=0.02$ ), tolerance or development of diabetes mellitus, were observed (Bissada et al, 2008).

**b)** Weight gain occurred in patients with anorexia nervosa when treated with olanzapine. In a small, open-label trial, patients with anorexia nervosa (binge/purge subtype) without schizophrenia, schizoaffective disorder or bipolar disorder received olanzapine 5 mg daily, increased by 2.5 mg/week up to a maximum dose of 10 mg/day, or placebo ( $n=18$ ). Patients attended weekly group psychoeducational sessions. Of the 14 patients that completed the trial, 10 gained weight (average 8.75 pounds) and 4 patients lost an average of 2.25 pounds. Of these patients, those that gained weight had significantly greater weight gain compared to both week 5 and week 10 ( $p=0.0195$  and  $p=0.0092$ , respectively). Three patients attained their target weight. Controlled studies are needed to substantiate these findings (Powers et al, 2002).

**c)** A 49-year-old woman with anorexia nervosa and obsessive-compulsive symptoms improved with olanzapine. Her obsessive-compulsive problems were mainly fear of food contamination, preoccupation with nutritional issues. She had no insight into her problems and was depressed. She weighed 31.2 kilograms when she was started on olanzapine. Following 6 months, her confusion cleared and her insight changed markedly. Approximately 6 months later her weight gain was 8.75 pounds.

#### 4.5.G Anxiety - Dementia

##### 1) Overview

FDA Approval: Adult, no; Pediatric, no  
Efficacy: Adult, Evidence favors efficacy  
Recommendation: Adult, Class IIb  
Strength of Evidence: Adult, Category B

See Drug Consult reference: RECOMMENDATION AND EVIDENCE RATINGS

##### 2) Summary:

Reduced anxiety in elderly dementia patients (Mintzer et al, 2001)

##### 3) Adult:

**a)** Olanzapine treatment reduced anxiety in elderly patients with Alzheimer's-type dementia independently of somnolence, or benzodiazepine use. A post hoc analysis was performed on a subset of patients ( $n=120$ ) from a clinical trial that evaluated the efficacy of olanzapine (3 dosages) versus placebo for 6 weeks for the treatment of psychosis in elderly patients with dementia. The subgroup (mean age 83 years) was selected for exhibiting clinically significant anxiety, defined as a score of 10 or greater on the Hamilton Anxiety Rating Scale.



of 5 to 20 milligrams (mg) once daily, starting at 10 mg/day) or placebo, in combination with their original milliequivalents/liter (mEq/L) to 1.2 mEq/L) or valproate (in a therapeutic range of 50 micrograms/milliliter) olanzapine in combination with lithium or valproate was more effective than either lithium or valproate alone. (Zyprexa(R), Zyprexa(R) Zydis(R), Zyprexa(R) IntraMuscular Olanzapine, 2004b).

4) Pediatric:

a) Monotherapy

1) Olanzapine monotherapy effectively treated symptoms of psychosis, depression, and mania in a group of adolescents with bipolar disorder (BPD). In this open-label, 8-week study, 23 youths, 5 to 14 years old, discontinued their current 2.5 milligrams (mg) per day. Olanzapine was increased by 2.5 mg/day every 3 days to a maximum dose of 4.3 mg per day. Lorazepam (up to 4 mg/day) and benztropine (up to 2 mg/day) were allowed as needed for anxiety and extrapyramidal symptoms respectively. Patients taking guanfacine or clonidine for attention deficit hyperactivity disorder were allowed to continue their medications, but could not adjust the dose during the study. Psychiatric symptoms were assessed at baseline and at 8 weeks using the Young Mania Rating Scale (YMRS), the Clinical Global Impressions Severity Scale (CGI-S), the Brief Psychiatric Rating Scale (BPRS), the Clinical Global Impressions-Severity Scale (CGI-S), the Brief Psychiatric Rating Scale (BPRS), the Clinical Global Impressions Severity Scale (CGI-S), the Brief Psychiatric Rating Scale (BPRS), the Clinical Global Impressions Severity Scale (CGI-S), the Brief Psychiatric Rating Scale (BPRS), the Clinical Global Impressions Severity Scale (CGI-S), the Brief Psychiatric Rating Scale (BPRS). Extrapyramidal symptoms were assessed on the same schedule using the Simpson's Extrapyramidal Symptom Scale (SESS). Significant improvement from baseline to endpoint was observed for YMRS (38%, p less than 0.001), and BPRS (62%, p less than 0.001). The most frequently reported adverse effects were drowsiness (n=10), abdominal pain (n=7) and weight gain (n=7). There was no significant difference in extrapyramidal symptoms between groups. There were small statistically significant decreases in hematocrit, hemoglobin, and hemoglobin A1c. There were significant increases in alanine transferase (ALT) and prolactin levels. One patient dropped out of the study due to extrapyramidal symptoms (Frazier et al, 2001).

**4.5.I Bipolar I disorder, Maintenance therapy**

FDA Labeled Indication

1) Overview

FDA Approval: Adult, yes (oral formulations only); Pediatric, no

Efficacy: Adult, Effective

Recommendation: Adult, Class IIa

Strength of Evidence: Adult, Category B

See Drug Consult reference: RECOMMENDATION AND EVIDENCE RATINGS

2) Summary:

Indicated for maintenance monotherapy in bipolar patients who have responded to initial treatment with olanzapine (ZYPREXA(R) ZYDIS(R) orally disintegrating tablets, 2006)

3) Adult:

a) Continuation olanzapine therapy was more effective than placebo in delaying the time to relapse in patients with bipolar I disorder. In a double-blind, placebo-controlled trial, bipolar patients with a mixed or manic episode who responded to initial, open-label treatment with olanzapine (2.5 mg/day for approximately two weeks) received either continuation of olanzapine at their same dose (n=225) or placebo (n=225). Response during the initial phase of the study was defined as a decrease in the Young Mania Rating Scale (YMRS) or the Hamilton Depression Rating Scale (HAM-D) score to 8 or less. Relapse was defined as an increase of the YMRS or HAM-D score to 10 or greater, or hospitalization for either mania or depression. Patients treated with olanzapine showed a significantly longer time to relapse compared to placebo (Prod Info Zyprexa(R), Zyprexa(R) Zydis(R), Zyprexa(R) IntraMuscular Olanzapine, 2004b).

**4.5.J Borderline personality disorder**

1) Overview

FDA Approval: Adult, no; Pediatric, no

Efficacy: Adult, Evidence is inconclusive

Recommendation: Adult, Class IIb

Strength of Evidence: Adult, Category B

See Drug Consult reference: RECOMMENDATION AND EVIDENCE RATINGS

2) Summary:

Improved symptoms in all 4 core areas of BPD in a 6-month study (Zanarini & Frankenburg, 2001)

3) Adult:

a) Olanzapine was superior to placebo for reducing symptoms of borderline personality disorder (BPD) in a group of patients with BPD and did not meet criteria for major depression were randomized in a 2:1 ratio to receive olanzapine or placebo. The starting dose of olanzapine was 1.25 milligrams/day and was adjusted according to perceived response to 5.3 mg. Olanzapine was significantly more effective than placebo in the affective area of anxiety (p=0.003), area of paranoia (p=0.003), and in the area of trouble relationships (p=0.016). Subjects in the olanzapine group had significantly fewer hospitalizations for BPD (p=0.012). However, average weight gain of olanzapine-treated subjects was significantly greater than placebo (p=0.012). Movement disorders were observed (Zanarini & Frankenburg, 2001).

**4.5.K Cancer - Nausea - Pain**

1) Overview

FDA Approval: Adult, no; Pediatric, no

Efficacy: Adult, Evidence favors efficacy

Recommendation: Adult, Class IIb

Strength of Evidence: Adult, Category B

See Drug Consult reference: RECOMMENDATION AND EVIDENCE RATINGS

2) Summary:

Preliminary data indicated safety and efficacy in patients with moderate nausea related to advanced cancer.

study (n=15) (Passik et al, 2002)

3) Adult:

a) In an open-label, pilot study of 15 patients with advanced cancer and associated pain, the administration of olanzapine reduced nausea. Patients with nausea due to chemotherapy were excluded. Patients (female, n=11; male, n=4) aged primarily breast, lung, and ovarian cancers were receiving opioid analgesics for stable cancer pain and had no nausea to 10 (worst nausea imaginable). Patients received olanzapine 2.5 milligrams (mg), 5 mg, and 10 mg washout and placebo run-in period. Nausea was measured using the nausea item (scale of 0 (no nausea) to Assessment of Cancer Treatment-General (FACT-G) scale. The proportion of patients who reported scores decreased from 60% at baseline, to 40% in the 2.5-mg group (p less than 0.04 compared to baseline), and 6.0.0001 compared to baseline). It could not be determined if efficacy was a dose-response or cumulative effect. The mean nausea score, was highest at the 5-mg dose level (79.5) and differed significantly from baseline (66.6; p < 0.005). A Simpson Angus Scale, and the Mini Mental Status Exam, adverse effects related to olanzapine were minimal baseline (Passik et al, 2002).

**4.5.L Catatonia**

1) Overview

FDA Approval: Adult, no; Pediatric, no  
Efficacy: Adult, Evidence is inconclusive  
Recommendation: Adult, Class IIb  
Strength of Evidence: Adult, Category C

See Drug Consult reference: RECOMMENDATION AND EVIDENCE RATINGS

2) Summary:

Olanzapine was effective in the treatment of catatonia in one case report (DeBello et al, 2000)

3) Adult:

a) A 16-year-old African American male was successfully treated for catatonia with a combination of lorazepam and olanzapine. On admission, the patient had become increasingly noncommunicative and had not slept for 1 week. He was un continent of urine and feces. An electroencephalogram (EEG) showed diffuse mild slowing without any epileptiform activity. A dose of 1 milligram (mg) four times daily (QID) and increased to 2 mg three times daily (TID) without improvement started, and 3 days later, olanzapine was added and titrated to 10 mg twice daily (BID). Over the next 14 days, the patient attempted to wash and dress himself. On day 21, lorazepam was tapered and discontinued due to excess sedation. Valproic acid was discontinued on day 28. By day 42, the patient was interacting with peers and communicating. The patient was discharged, experiencing only an occasional auditory hallucination. Olanzapine therapy was continued for 1 year (DeBello et al, 2000).

**4.5.M Chemotherapy-induced nausea and vomiting; Prophylaxis**

1) Overview

FDA Approval: Adult, no; Pediatric, no  
Efficacy: Adult, Evidence favors efficacy  
Recommendation: Adult, Class IIb  
Strength of Evidence: Adult, Category B

See Drug Consult reference: RECOMMENDATION AND EVIDENCE RATINGS

2) Summary:

Effectively prevented acute chemotherapy-induced nausea and vomiting in combination with standard antiemetic prophylaxis when continued alone, in patients receiving moderately and highly emetogenic chemotherapy (Navari et al, 2007)

Effective, in combination with granisetron and dexamethasone, for the prevention of acute and delayed chemotherapy-induced nausea and vomiting in patients receiving moderately and highly emetogenic chemotherapy in a single-arm, phase 2 clinical trial (Navari et al, 2007)

3) Adult:

a) Use of olanzapine, in combination with palonosetron and dexamethasone, effectively prevented acute chemotherapy-induced nausea and vomiting in patients receiving moderately and highly emetogenic chemotherapy in a single-arm, phase 2 clinical trial. Patients (n=40; median age, 61 years; range, 36-84 years) with breast cancer (n=12), colon cancer (n=7), small cell lung cancer (n=2), lymphoma (n=2), and bladder cancer (n=2), receiving moderately (carboplatin area under the curve (AUC) 5 or greater, irinotecan, cyclophosphamide, and epirubicin 25 mg/m<sup>2</sup> or greater) or highly (cisplatin 70 mg/m<sup>2</sup> or greater) emetogenic chemotherapy were scheduled to receive antiemetic prophylaxis with palonosetron and dexamethasone on day 1 of their first cycle of chemotherapy. Doses consisted of 8 mg of dexamethasone given intravenously (IV) for highly emetogenic chemotherapy, 0.25 mg of palonosetron orally or IV for moderately emetogenic chemotherapy, and 10 mg of olanzapine orally. On days 2 through 4, only olanzapine 10 mg orally daily was administered. A rescue antiemetic was administered per physician discretion. For the 8 patients in cycle 1, 100% had complete responses (no emesis and no rescue medication) in the acute (0 to 24 hours) and delayed (24 to 120 hours) periods. For the 32 patients who received moderate emetogenic chemotherapy, 75% had complete responses in the acute period, 75% in the delayed period, and 72% in the overall period. Nausea, vomiting, and discomfort, as measured by the M.D. Anderson Symptom Inventory (MDASI), occurred in 11 patients in the delayed period (highly emetogenic chemotherapy). Results in subsequent cycles were not significantly different from those in the first cycle. No grade 3 or 4 adverse effects were reported (Navari et al, 2007).

b) The combination of olanzapine, granisetron, and dexamethasone were effective for the prevention of acute chemotherapy-induced nausea and vomiting in patients receiving moderately and highly emetogenic chemotherapy in a single-arm, phase 2 clinical trial. Patients (n=40; median age, 61 years; range, 25-84 years) with breast cancer (n=16), small cell lung cancer (n=4), non-small cell lung cancer (n=3), and bladder cancer (n=4), receiving highly (cisplatin 70 milligrams/square meter (mg/m<sup>2</sup>) or greater) or moderately (carboplatin, cyclophosphamide, and epirubicin 25 mg/m<sup>2</sup> or greater) emetogenic chemotherapy were scheduled to receive antiemetic prophylaxis with granisetron and dexamethasone on day 1 of their first cycle of chemotherapy. Doses consisted of 8 mg of dexamethasone given intravenously (IV) for highly emetogenic chemotherapy, 0.25 mg of granisetron orally or IV for moderately emetogenic chemotherapy, and 10 mg of olanzapine orally. On days 2 through 4, only olanzapine 10 mg orally daily was administered. A rescue antiemetic was administered per physician discretion. For the 8 patients in cycle 1, 100% had complete responses (no emesis and no rescue medication) in the acute (0 to 24 hours) and delayed (24 to 120 hours) periods. For the 32 patients who received moderate emetogenic chemotherapy, 75% had complete responses in the acute period, 75% in the delayed period, and 72% in the overall period. Nausea, vomiting, and discomfort, as measured by the M.D. Anderson Symptom Inventory (MDASI), occurred in 11 patients in the delayed period (highly emetogenic chemotherapy). Results in subsequent cycles were not significantly different from those in the first cycle. No grade 3 or 4 adverse effects were reported (Navari et al, 2007).

mg/m<sup>2</sup>), or doxorubicin 25 mg/m<sup>2</sup> or greater) emetogenic chemotherapy were scheduled to receive antiem orally each morning for 2 days prior to chemotherapy (days -2 and -1), then dexamethasone (20 mg orally or micrograms/kilogram IV or 2 mg orally 30 to 60 minutes prior to chemotherapy) on day 1. In addition, olanzap through day 4, and dexamethasone 8 mg twice daily for days 2 and 3 and 4 mg twice daily on day 4. Antiem chemotherapy up to 6 cycles. Rescue antiemetics were administered per physician discretion. For the 10 pat chemotherapy in cycle 1, 100% had complete responses (no emesis and no rescue medication) in the acute responses each in the delayed (24 to 120 hours) and overall (0 to 120 hours) periods. For the 20 patients wh 100% had complete responses in the acute period and 85% had complete responses each in the delayed an daily by patients using the M.D. Anderson Symptom Inventory (MDASI), occurred only in patients receiving r (15%), delayed (35%), and overall (35%) periods. Results in subsequent cycles were not significantly differer adverse events due to the study drugs were observed (Navari et al, 2005).

#### 4.5.N Chemotherapy-induced nausea and vomiting; Treatment and Prophylaxis

See Drug Consult reference: CHEMOTHERAPY AND RADIOTHERAPY TREATMENT GUIDELINES FOR NAUS

#### 4.5.O Cocaine dependence

##### 1) Overview

FDA Approval: Adult, no; Pediatric, no  
Efficacy: Adult, Ineffective  
Recommendation: Adult, Class III  
Strength of Evidence: Adult, Category B

See Drug Consult reference: RECOMMENDATION AND EVIDENCE RATINGS

##### 2) Summary:

Olanzapine was ineffective in the treatment of cocaine dependence (Kampman et al, 2003)

##### 3) Adult:

a) Olanzapine was not an effective therapy for the treatment of cocaine dependence. In a randomized, place dependent patients (n=30) received olanzapine (initial, 2.5 milligrams (mg)/day, titrated to 10 mg/day) or plac phase. Urine benzoylcegonine tests (UBT) were obtained twice a week. A significant time by medication grou results whereby the estimated odds of a positive UBT went up by 4% between visits for olanzapine-treated p; by 6% for patients in the placebo group (95% CI, 0.92 to 0.968) (p=0.01). In addition, treatment retention was olanzapine group. Patients in the placebo group attended a significantly greater median number of treatment vs 18, respectively; p=0.029). Finally, olanzapine was not superior to placebo in any of the secondary outcom anxiety symptoms, and self-reported cocaine use. The most common adverse effects reported during the stu constipation (13%), dizziness (10%), dry mouth (7%), nausea (7%), restlessness (7%), and urticaria (3%) (K

#### 4.5.P Delirium

##### 1) Overview

FDA Approval: Adult, no; Pediatric, no  
Efficacy: Adult, Evidence favors efficacy  
Recommendation: Adult, Class IIb  
Strength of Evidence: Adult, Category B

See Drug Consult reference: RECOMMENDATION AND EVIDENCE RATINGS

##### 2) Summary:

May produce significant improvement in patients with delirium (Kim et al, 2001; Sipahimalani & Masand, Attenuated delirium in hospitalized cancer patients, with no report of any extrapyramidal effects (Breitbart

##### 3) Adult:

a) A 7-day course of oral olanzapine produced resolution of delirium or reduction of symptom severity in hos (DSM-IV), according to an open-label observational study (n=79). Enrollees (mean age 60.6 years) had a me from mild (17%) to moderate (61%) to severe (23%). Mean olanzapine starting dose was 3 milligrams (mg), v mean 6.3 mg at days 4 to 7. Subjects were given olanzapine as a single dose at bedtime or in 2 divided dose patients (76%) achieved complete resolution of delirium (defined as a Memorial Delirium Assessment Scale ( decreased from baseline 19.85 to 12.73 at day 2/3 (p=0.001) and to 10.78 at study endpoint (days 4 to 7) (p= strongly associated with a poor response were age above 70 years, central nervous system spread of cancer factors which tended to correlate with less successful outcomes were a history of dementia, severe delirium & Side effects were few and relatively mild; sedation was the most commonly reported adverse effect (30% inci cohort. Olanzapine was withdrawn in 2 subjects whose delirium seemed to worsen when taking the drug (Bre b) Fourteen patients given olanzapine demonstrated a 50% or greater reduction in delirium scores in an ope females), patients (mean age 46 years) with varying etiologies of delirium. Mean olanzapine treatment doses occurring in an average of 3.8 days. The pretreatment Delirium Rating Scale (DRS) score showed a significa following a mean duration of 6.6 days. Eleven of the 14 patients that had a 50% or greater decrease in DRS \ brain injury had a DRS score that increased from 19 to 21. None of the patients had comorbid psychiatric dia medications during this study. The authors said that adverse effects due to olanzapine were minimal although placebo control group for comparison (Kim et al, 2001).

c) In an open-label study of 22 adult patients (mean age approximately 64 years) with varying etiologies of d of 11 patients given haloperidol showed marked improvement in the Delirium Rating Scale (DRS; greater tha were 8.2 milligrams (mg) with olanzapine and 5.1 mg with haloperidol. Pretreatment DRS were similar in both haloperidol group. Mean improvement in the DRS was 7.6 with olanzapine and 10 with haloperidol. Peak res agents. Some of the patients in each group had comorbid psychiatric diagnoses and were taking other psych

olanzapine experienced side effects, while 3 haloperidol patients experienced extrapyramidal symptoms and Masand, 1998).

**d)** A 59-year-old cancer patient with delirium was successfully treated with olanzapine (Passik & Cooper, 1998). The patient's symptoms and she was started on olanzapine 5 milligrams (mg) daily. She improved dramatically with olanzapine 10 mg with 2.5 mg as needed during the day. Her mental status returned to normal over 72 hours

#### 4.5.Q Dementia

See Drug Consult reference: BEHAVIORAL AND PSYCHOLOGICAL SYMPTOMS OF DEMENTIA

#### 4.5.R Depressed bipolar I disorder

##### 1) Overview

FDA Approval: Adult, no; Pediatric, no  
Efficacy: Adult, Evidence favors efficacy  
Recommendation: Adult, Class IIb  
Strength of Evidence: Adult, Category B

See Drug Consult reference: RECOMMENDATION AND EVIDENCE RATINGS

##### 2) Summary:

Olanzapine monotherapy and olanzapine plus fluoxetine combination therapy reduced depressive symptoms (Tohen et al, 2003)

##### 3) Adult:

**a)** Both olanzapine monotherapy and olanzapine plus fluoxetine combination therapy were more effective than placebo. In a randomized, double-blind, placebo-controlled, multi-center, international study, patients with bipolar I disorder received olanzapine (n=370; 5 to 20 milligrams (mg), plus fluoxetine (n=86; 6 and 25 mg/day, 6 and 50 mg/day, or 12 and 50 mg/day; mean dose, 7.4 and 39.3 mg) for 8 weeks of the study compared olanzapine monotherapy versus placebo with regard to change in the Montgomery-Asberg Depression Rating Scale (MADRS) scores. Olanzapine-fluoxetine combination produced significantly greater improvement in MADRS scores (as measured by the MADRS) as compared with placebo (p less than 0.001, all values). Also, a significant improvement in MADRS score at weeks 4, 6, and 8 were observed with olanzapine-fluoxetine combination therapy as compared with placebo (p=0.01, respectively). The rate of response (defined as at least a 50% improvement in the MADRS total score) was significantly higher in olanzapine-treated patients as compared with placebo (39% vs 30.4%, respectively; p=0.006). The rate of response was significantly higher in the olanzapine-fluoxetine group as compared with both the placebo (56.1% vs 30.4%, respectively; p=0.006). There were no statistically significant differences between groups for adverse events. Adverse events were similar between the combination therapy and monotherapy groups, however, there was a higher rate of nausea and diarrhea (Tohen et al, 2003).

#### 4.5.S Depression, Treatment-resistant

##### 1) Overview

FDA Approval: Adult, no; Pediatric, no  
Efficacy: Adult, Evidence is inconclusive  
Recommendation: Adult, Class IIb  
Strength of Evidence: Adult, Category B

See Drug Consult reference: RECOMMENDATION AND EVIDENCE RATINGS

##### 2) Summary:

Ineffective as a single agent in resistant depression  
Possibly effective as augmentation therapy with antidepressants (Parker, 2002)

##### 3) Adult:

**a)** Some patients experiencing a recurrence of depression while under medical treatment responded very quickly to olanzapine. In a case series of 10 patients, 4 patients, all of whom had unipolar depression, were judged to be responders to olanzapine treatment. Of the 6 responders, 5 had bipolar conditions and were receiving venlafaxine, desipramine, or an antidepressant taking lithium. Each received olanzapine augmentation of 2.5 milligrams (mg) or 5 mg each night. Daily rating of depression improved the first day, 73% by day 4, and 89% by day 6. Anxiety and insomnia scores, in particular, showed notable improvement over the week. Two patients emerged with what they described as a "high." Because the majority, it is uncertain whether the improvement with olanzapine was through an effect on a switching mechanism.  
**b)** Patients with treatment-resistant, nonpsychotic, unipolar depression treated with olanzapine combined with fluoxetine showed greater improvement than either agent alone across a variety of measures. In an 8-week, double-blind study, 28 patients were randomized to three treatment groups: olanzapine plus placebo, fluoxetine plus placebo or olanzapine plus fluoxetine. The mean doses were 10 and 13.5 mg for the monotherapy and combined therapy groups, respectively. The mean modal dose of fluoxetine was 20 mg. Patients receiving combination therapy experienced greater improvements over baseline on Hamilton Depression Scale scores than with either agent alone and in total Hamilton Depression scale scores than olanzapine monotherapy (at least 50% improvement in Montgomery-Asberg Depression Rating Scale score) in the combination therapy groups (60% versus 0%). Both drugs were well tolerated alone or in combination. Adverse effects included weight gain, headache, dry mouth, and nervousness. Increased appetite and weight gain occurred significantly more often in the combination therapy group (Shelton, et al, 2001).

#### 4.5.T Essential tremor

##### 1) Overview

FDA Approval: Adult, no; Pediatric, no  
Efficacy: Adult, Evidence is inconclusive



unblinded review of 50 patient charts was conducted to assess the effectiveness of olanzapine treatment in patients who had failed at least 4 previous preventative medication trials. Olanzapine doses ranged from 2.5 to 35 milligrams (mg) (n=19) or 10 mg (n=17) per day. The mean number of headache days was significantly reduced from 27.1 following treatment (p less than 0.001). Average headache severity scores were also significantly lower after 8.7, respectively; p less than 0.001). The most common adverse events were weight gain and somnolence. Conclusions: Olanzapine treatment was effective in reducing headache days and severity scores in patients with chronic tension headaches (Silberstein et al, 2002).

#### 4.5.X Huntington's disease

##### 1) Overview

FDA Approval: Adult, no; Pediatric, no  
Efficacy: Adult, Evidence is inconclusive  
Recommendation: Adult, Class IIb  
Strength of Evidence: Adult, Category C

See Drug Consult reference: RECOMMENDATION AND EVIDENCE RATINGS

##### 2) Summary:

Lessens involuntary movements (Bonelli et al, 2002; Dipple, 1999)  
Decreases agitation, aggression, and delusions (Grove et al, 2000)

##### 3) Adult:

**a)** High dose olanzapine (30 milligrams (mg) per day) greatly improved chorea in a 30-year-old woman with Huntington's disease. She had 6 years and in 2 days had a severe worsening of her chorea. She could not eat or dress without help and had significant dysfunction or psychiatric abnormality. Her major deficits were in fine motor tasks, oral functions, chorea, and gait. She was treated with 30 mg/day thereafter. The chorea nearly stopped in the next 2 days, and she was able to eat and walk. There was an improvement in fine motor tasks and gait. Her mild parkinsonism was not improved. Four months later, her chorea had returned (2002).

**b)** Olanzapine improved cognition and function as measured by the Abnormal Involuntary Movement Scale (AIMS) in a 49-year-old man with dementia resulting from Huntington's disease. Prior to admission, treatment with haloperidol 10 mg/d, and tiapride 200 mg/d had been unsuccessful. Olanzapine 5 mg/d decreased the patient's impulsivity. Olanzapine 10 mg/d was associated with improvement in chorea movements and ability to perform activities of daily living. The patient's MMSE score dropped from 40 to 22, MMSE improved from 20 to 26. At 5 months, the cessation of irritability and aggression, and improvement in movement disorders, cognitive ability and functional ability suggested therapeutic benefit was related to olanzapine. The 5-HT<sub>2A</sub> serotonergic or dopaminergic receptor is theorized as a reason for these effects (Bogelman et al, 2001).

**c)** Olanzapine was used in combination with valproate in a 39-year-old man and 52-year-old woman to treat Huntington's disease of 8 and 13 years duration, respectively. In the year prior to hospitalization, the patients were severely disabled and neither could walk or assist in their care. Prior haloperidol treatment had been unsuccessful. Initially both patients were treated with 5 mg of olanzapine daily and valproate 125 mg twice daily. Subsequently, the olanzapine dose was reduced to 2.5 mg daily and valproate was increased to 500 mg three times daily (plasma concentrations from 60 to 80 micrograms per milliliter). Both patients were discharged to nursing homes, able to walk with assistance, cooperative with eating, bathing, and social activities. Involuntary movements decreased (Grove et al, 2000).

**d)** A man in his early 50's had marked improvement of his movement disorder associated with Huntington's disease. He had been treated with sulpiride, which was ineffective, and risperidone, which caused hypotension. Olanzapine 5 mg daily resulted in improvement in his involuntary movements within 1 week. He experienced slowed thinking but adjusting the dose to 10 mg daily maintained his improvement in involuntary movements over the next 6 months. The authors hypothesized that the improvement associated with Huntington's disease, the D2 antagonist properties of olanzapine may be beneficial in the management of Huntington's disease.

#### 4.5.Y Obsessive-compulsive disorder, Refractory

##### 1) Overview

FDA Approval: Adult, no; Pediatric, no  
Efficacy: Adult, Evidence is inconclusive  
Recommendation: Adult, Class IIb  
Strength of Evidence: Adult, Category B

See Drug Consult reference: RECOMMENDATION AND EVIDENCE RATINGS

##### 2) Summary:

Partially effective as an augmentation strategy with serotonin-reuptake inhibitors in studies with small numbers of patients (1999)

One study showed no additional benefit in the addition of olanzapine to fluoxetine therapy in the treatment of refractory obsessive compulsive disorder (Shapira et al, 2004)

Adjunctive therapy of risperidone or olanzapine with serotonin-reuptake inhibitors (SRI) were equally effective in SRI monotherapy-resistant outpatients, according to an 8-week, single-blind, randomized trial (Maina et al, 2004)

##### 3) Adult:

###### a) General Information

**1)** Information regarding the efficacy of olanzapine for the treatment of patients with refractory obsessive compulsive disorder. Studies with small numbers of patients have reported that olanzapine therapy (1.25 to 20 milligrams (mg) per day) in combination with selective serotonin-reuptake inhibitors (SSRI), while the findings of a controlled study indicate additional benefit when added to SSRI therapy in patients with fluoxetine-refractory obsessive compulsive disorder. Further studies are needed to determine the role of olanzapine as an augmentation therapy in this patient population (Shapira et al, 2004).

**b)** Adjunctive therapy of risperidone or olanzapine with serotonin-reuptake inhibitors (SRI) were equally effective in SRI monotherapy-resistant outpatients, according to an 8-week, single-blind, randomized trial; however this study was limited by a small number of patients.

placebo arm, single-arm design, and underpowered nature of the trial. Following a 16-week prospective, open-label phase, patients who were treatment-resistant (defined as less than 35% improvement in the total score of Yale-Brown Obsessive Compulsive Disorder Global Impression Severity (CGI-S) score greater than 2, entered an 8-week single-blind phase (n=50). Patients were randomized to receive either risperidone 1 to 3 mg/day (n=25), or olanzapine 2.5 to 10 mg/day (n=25) in a double-blind, placebo-controlled study design; patients were not blinded. In an analysis of the primary endpoints, both treatments significantly improved Y-BOCS and CGI-S scores by week 8. Mean Y-BOCS total scores, CGI-S scores, and responder rates (35% or greater improvement in Y-BOCS score) were similar between groups (Maina et al, 2008).

Primary Efficacy Endpoints at 8 Weeks		
	Risperidone (n=25)	Olanzapine (n=25)
Responder rates*	44% (11/25)	48% (12/25)
Mean end-point Y-BOCS score	22.6 +/- 7.2	22.2 +/- 7.4
Change in mean Y-BOCS score from baseline	-7.5; p less than 0.001	-8.4; p less than 0.001
Mean end-point CGI-S score	3.2 +/- 1.7	3.1 +/- 1.8
Change in mean CGI-S score from baseline	-1.7; p less than 0.001	-1.9; p less than 0.001

\* p=1; Y-BOCS=Yale-Brown Obsessive Compulsive Scale; CGI-S=Clinical Global Impression Severity Scale (Maina et al, 2008)

- 1) Adverse effects of risperidone compared with olanzapine-treated patients included tension/inner unrest (52% vs 10%, p=0.016), and amenorrhea (66.7% vs 10%, p=0.02), respectively. The small sample size and the study design contributed to the limitations of this study (Maina et al, 2008).
- c) The addition of olanzapine to ongoing fluoxetine therapy did not provide additional benefit in the treatment of patients refractory to fluoxetine. In a double-blind, placebo-controlled study, patients (n=44) with obsessive-compulsive disorder (OCD) partial or non-responders to 8 weeks of open-label treatment with fluoxetine (up to 40 milligrams (mg)/day) or placebo (initial, 5 mg/day, titrated up to 10 mg/day) or placebo for 6 weeks. Mean scores for the Yale-Brown Obsessive Compulsive Disorder (Y-BOCS) score improved for patients in both the fluoxetine-plus-olanzapine (decrease of 5.1) and fluoxetine-plus-placebo (decrease of 5.1). However, the treatment x time interaction was not significant for olanzapine (mean, 6.1 mg) versus placebo (mean, 6.1 mg) in both treatment groups, 9 (41%) patients showed a 25% or greater improvement in Y-BOCS score. In addition, a total of 3 patients in the fluoxetine-plus-olanzapine group and in 4 (18%) patients in the fluoxetine-plus-placebo group. Fluoxetine was generally well tolerated, however patients receiving add-on therapy with olanzapine gained more weight (mean, 2.8 kilograms vs 0.5 kilograms, respectively) (Shapira et al, 2004).
- d) Olanzapine augmentation was partially effective in the treatment of 10 patients with obsessive-compulsive disorder (OCD) (mean dose was 7.3 mg/d for at least 10 weeks). Olanzapine 2.5 mg/d was added and titrated to 10 mg daily for an additional 4 weeks. Patients were assessed for improvement of symptoms using the Yale-Brown Obsessive Compulsive Disorder (Y-BOCS) score. Three patients responded and 2 only minimally improved. Seven of 10 patients had comorbid conditions, including major depression, dysthymia, anxiety disorder, and schizotypal personality disorder with tics. Two patients with comorbid conditions showed improvement in mood symptoms but not OCD, and another patient with dysthymia and OCD showed rapid improvement. Common adverse effects were weight gain, drowsiness, dry mouth, and increased appetite (Koran, et al, 2004).
- e) Olanzapine may be effective in augmenting selective serotonin reuptake inhibitor (SSRI) treatment for OCD refractory to SSRI therapy. Ten patients diagnosed with OCD and who had completed at least 8 weeks of SSRI treatment were given open-label olanzapine augmentation for a minimum of 8 additional weeks. Prior to initiating olanzapine augmentation at the end of SSRI treatment and only 4 demonstrated a partial response. Olanzapine augmentation was initiated at a mean dose of 7.3 +/- 7.3 milligrams/day. Within 8 weeks, 4 patients were responders and 3 were non-responders. Changes in their OCD symptoms. Symptomatic improvement generally began within the first 2 weeks of olanzapine augmentation with 2 patients discontinuing olanzapine due to sedation. Further studies are warranted to determine the efficacy of olanzapine augmentation in the treatment of SSRI-refractory OCD (Weiss et al, 1999).
- f) A 24-year-old woman with refractory obsessive-compulsive disorder benefited from the addition of olanzapine. She had previously failed a trial of clomipramine with risperidone. She was being maintained on fluoxetine 80 mg daily. Her Y-BOCS score of 18. Olanzapine was titrated up to 20 mg daily over 3 months. Her Y-BOCS score decreased to 10. She has maintained this response for 6 months, however, she has gained 18 pounds.

**4.5.Z Parkinson's disease - Psychotic disorder**

**1) Overview**

FDA Approval: Adult, no; Pediatric, no  
 Efficacy: Adult, Evidence is inconclusive  
 Recommendation: Adult, Class III  
 Strength of Evidence: Adult, Category B

See Drug Consult reference: RECOMMENDATION AND EVIDENCE RATINGS

**2) Summary:**

Decreases psychotic symptoms in nondemented, Parkinson's patients with drug-induced psychosis

May also worsen Parkinsonian symptoms

See Drug Consult reference: THERAPY OF PSYCHOTIC DISTURBANCES IN PARKINSONIAN PATIENTS

**3) Adult:**

**a)** The results of a prospective, open-label, uncontrolled study of 21 elderly patients (mean age 74.4 +/- 6.4 ) concluded olanzapine improved delusions and hallucinations while not worsening parkinsonism or cognition. milligrams/day. Due to frequent side effects (primarily drowsiness), the starting dose was reduced to 2.5 milligrams/day. After 8 weeks of treatment, the summed score of the Neuropsychiatric Inventory (NPI) for del 85%, and 80% of those who completed the 8 weeks were considered much or very much improved, according scores. Twenty-nine percent of patients withdrew due to side effects (primarily drowsiness). Larger controlled

**b)** In a case series of patients suffering hallucinations and vivid dreams secondary to treatment of their parki improved, however, their motor symptoms declined (Graham et al, 1998a). Five outpatients with idiopathic Pz were started on olanzapine 5 milligrams (mg) nightly. Two patients were increased to 7.5 mg. Hallucinations : to discontinue olanzapine while the other 3 also had declines in their motor function and "on" time. The autho been as problematic if a smaller initial dosage form were available (less than 5 mg).

**c)** Olanzapine was well-tolerated and effective in an open study of 15 Parkinson's disease patients with drug Criteria) (Wolters et al, 1996a). The initial dose was 1 milligram (mg) daily, titrated up to a maximum of 15 mg Brief Psychiatric Rating Scale (BPRS), the Unified Parkinson's Disease Rating Scale (UPDRS), and a sleep : BPRS scores by 65% (p less than 0.05), significantly reduced UPDRS total scores by 21% (p less than 0.01) than 0.01).

**d)** In a letter to the editor, one physician's experiences with olanzapine, in patients with drug-induced psych Parkinson's disease, were not encouraging (Friedman, 1998). He described only 9 of 19 patients remaining c other 10 all experienced worsening of their parkinsonism despite 7 patients also improving in their psychoses

**4.5.AA Pervasive developmental disorder**

**1) Overview**

FDA Approval: Adult, no; Pediatric, no

Efficacy: Adult, Evidence is inconclusive; Pediatric, Evidence is inconclusive

Recommendation: Adult, Class IIb; Pediatric, Class IIb

Strength of Evidence: Adult, Category B; Pediatric, Category B

See Drug Consult reference: RECOMMENDATION AND EVIDENCE RATINGS

**2) Summary:**

Some improvement in one small open-label study in patients with autism or pervasive developmental dis

Only 3 of 12 pediatric patients benefited in a small retrospective chart review (Demb & Roychoudhury, 21

**3) Adult:**

**a)** In a 12-week open-label pilot study of eight children, adolescents, and adults with pervasive development were rated as much improved or very much improved on the Clinical Global Impression Scale. Patients range criteria for pervasive developmental disorder (autistic disorder, n=5; not otherwise specified, n=3). Mean olan changes from baseline were observed on the Vineland Maladaptive Behavior Scale, Rivto-Freeman Real-life Questionnaire, and portions of the Clinician-Rated Visual Analog Scale (all p less than 0.001). One patient dr patients experienced weight gain, and three patients reported sedation (Potenza et al, 1999).

**4) Pediatric:**

**a)** A retrospective chart review demonstrated that olanzapine therapy (2.5 to 15 milligrams per day (mg/d)) w and hallucinations in only 3 of 12 pediatric patients (aged 5 to 17 years) with developmental disabilities or psy efficacy reporting improvement or worsening of symptoms. Ten of the 12 studied had previously failed other ; mentally retarded. Eight of the 12 children discontinued olanzapine after a mean duration of 50 days due to a exacerbated target symptoms or a combination of these issues (2). The most frequent side effects were an ir tremulousness, drooling, and suicidal ideation were also reported (Demb & Roychoudhury, 2000). In another olanzapine due to weight gain despite a positive response to therapy, while adult responders continued thera groups may exhibit diverse responses to olanzapine treatment (Potenza & McDougle, 2001).

**b)** In a 12-week open-label pilot study of eight children, adolescents, and adults with pervasive development were rated as much improved or very much improved on the Clinical Global Impression Scale. Patients range criteria for pervasive developmental disorder (autistic disorder, n=5; not otherwise specified, n=3). Mean olan changes from baseline were observed on the Vineland Maladaptive Behavior Scale, Rivto-Freeman Real-life Questionnaire, and portions of the Clinician-Rated Visual Analog Scale (all p less than 0.001). One patient dr patients experienced weight gain, and three patients reported sedation (Potenza et al, 1999).

**4.5.AB Posttraumatic stress disorder**

**1) Overview**

FDA Approval: Adult, no; Pediatric, no

Efficacy: Adult, Evidence is inconclusive

Recommendation: Adult, Class IIb

Strength of Evidence: Adult, Category C

See Drug Consult reference: RECOMMENDATION AND EVIDENCE RATINGS

**2) Summary:**

Improved all types of symptoms of PTSD in combat veterans (Petty et al, 2001)

Effective in reducing sleep disturbance and nightmares secondary to PTSD in one case report (Labbate,

**3) Adult:**

**a)** Adjunctive olanzapine therapy was more effective than placebo in the treatment of patients with selective

posttraumatic stress disorder (PTSD). In a randomized, double-blind, placebo-controlled study, patients with responsive to at least 12 weeks of SSRI treatment received 8 weeks of adjunctive therapy with either placebo (mg)/day then titrated to 20 mg/day as necessary; mean dose, 15 mg/day). Concurrent SSRI medications included paroxetine (median dose 40 mg/day), and sertraline (median dose 200 mg/day). Olanzapine-treated patients symptoms (p less than 0.05), sleep disturbances (p=0.01), and depressive symptoms (p less than 0.03) as well as clinical global improvement were not significantly different between the two treatment groups. Patients treated during treatment as compared with placebo (mean, 13.2 pounds (lb) vs -3 lb, respectively; p=0.001). In this re-olanzapine as an adjunctive treatment to an SSRI should be weighed against the potential health risks associated with it.

**b)** Olanzapine treatment improved all outcome measures of post-traumatic stress syndrome (PTSD) in a group of patients with PTSD. In an 8-week, open-label, uncontrolled study, all patients (n=46) were initially given olanzapine 5 milligrams in 5 mg/week increments to a maximum of 20 mg/day. Mean dose at study end was 14 mg/day. By the end of the study, the PTSD Scale (CAPS) decreased by approximately 30%. Symptom clusters were reduced: intrusive by 31%, a cluster of symptoms (13%), dizziness (10%), constipation (10%), and tremor (10%). Only 30 patients completed the study (Petty et al, 2000).

**c)** Nightmares and hallucinations experienced by a 58-year-old male combat veteran with posttraumatic stress disorder. Initiation of olanzapine therapy (5 milligrams at bedtime). The patient, who had a 20-year history of PTSD had sleep disturbances with psychotherapy and numerous psychotropics including amitriptyline, imipramine, doxepin, duloxetine, bupropion, sertraline, and trazodone. Although his depression and anxiety improved, nightmares and anxiety were reasonably well controlled with sertraline 200 mg daily, bupropion 150 mg daily, and diazepam. This regimen, sleep quality improved after 2 nights. A trial dose of 10 mg caused daytime drowsiness and had no effect. Nightmares did not recur during the next 4 months (Labbate, 2000).

#### 4.5.AC Repetitive self-excoriation

##### 1) Overview

FDA Approval: Adult, no; Pediatric, no  
 Efficacy: Adult, Evidence is inconclusive  
 Recommendation: Adult, Class IIb  
 Strength of Evidence: Adult, Category C

See Drug Consult reference: RECOMMENDATION AND EVIDENCE RATINGS

##### 2) Summary:

Effective in self-induced dermatoses in isolated cases (Gupta & Gupta, 2000)

##### 3) Adult:

- a)** Self-excoriation of acne lesions was significantly reduced in a 28-year-old high school teacher by treatment with olanzapine. She had begun excoriating her acne at age 16. At age 18 her acne was successfully treated with isotretinoin. Under stress at age 28 and performing excoriation, she was given olanzapine. Improvement in her excoriating behavior was evident in 2 weeks, with further improvement at 4 weeks. She continued on psychotherapy. As of 4 months after the discontinuation of olanzapine, she had maintained the improvement.
- b)** Three patients with self-inflicted dermatoses were successfully treated with olanzapine 2.5 to 5 milligrams daily. Three patients with self-inflicted skin ulcers, and trichotillomania within 2 to 4 weeks of initiating olanzapine therapy. Duration of improvement was maintained in 1 patient by taking 2.5 mg once or twice weekly as required (Gupta & Gupta, 2000).

#### 4.5.AD Schizophrenia

FDA Labeled Indication

##### 1) Overview

FDA Approval: Adult, yes (oral formulations only); Pediatric, no  
 Efficacy: Adult, Effective; Pediatric, Evidence favors efficacy  
 Recommendation: Adult, Class IIa; Pediatric, Class IIb  
 Strength of Evidence: Adult, Category B; Pediatric, Category B

See Drug Consult reference: RECOMMENDATION AND EVIDENCE RATINGS

##### 2) Summary:

Indicated for the management of schizophrenia (Prod Info ZYPREXA(R) oral tablets, IM injection, ZYPREXA, 2006).

Produced significant reductions in both positive and negative symptoms in schizophrenic and schizophrenic patients. Effective for positive and negative symptoms of schizophrenia in Japanese patients (Ishigooka et al, 2000). Olanzapine and quetiapine were both effective in reduction of symptomatology, but a significant weight gain was observed in the quetiapine population, according to a 6-month, randomized, open-label study in 51 patients with first episode psychosis (Gupta & Gupta, 2000).

##### 3) Adult:

###### a) General Information

**1)** Oral olanzapine has produced significant reductions in both positive and negative symptoms in schizophrenia in uncontrolled and placebo-controlled studies, with a low propensity for extrapyramidal effects (Prod Info ZYPREXA, 1996)(Anon, 1995; Anon, 1994b; Anon, 1994aa). The drug has been more effective than haloperidol in the treatment of schizophrenia (Beasley et al, 1996)(Anon, 1995). In one review of medical records, olanzapine was more likely to be effective in the treatment of schizophrenia also have a diagnosis of bipolar disorder (Zarate et al, 1998). In 1 case, it was successfully used for the treatment of schizophrenia associated with coproporphyruria (Strauss & DiMartini, 1999).

###### b) Short-term Treatment

**1)** Olanzapine and risperidone were equally safe and effective therapies in the treatment of schizophrenia. In a multicenter, double-blind study, 175 elderly patients (mean age, 71 years) were randomized to receive either risperidone (mean dose, 4 mg/day) or olanzapine (mean dose, 11.1 mg/day) for 8 weeks following a 1 week washout period of all antipsychotics.



positive and negative symptoms (p less than 0.05). Overall 35% of the patients met the criteria for treatment total score of less than 18 on the Brief Psychiatric Rating Scale and a rating of less than 3 on the Clinical report also documents the effectiveness of olanzapine in a patient that was treatment-resistant to typical clozapine due to tachycardia (Thomas & Labbate, 1998).

**11)** With olanzapine in mean doses of 11.6 and 16.3 milligrams daily for a period of 6 weeks, reductions in scores by 13 and 15 (from baseline of approximately 42), respectively, were reported in schizophrenic patients with an exacerbation in a relatively large trial (n=335). For positive symptoms (BPRS-positive), such as concept disturbance and suspiciousness, both doses were of similar efficacy (decreased by 4.5 points), whereas the higher dose (BPRS-negative) (-3 versus -1.4 points), including emotional withdrawal and motor retardation. The Clinical report also revealed trends for the superiority of the higher dose. Although decreases in the BPRS-total and BPRS-negative compared to placebo, significance was achieved for negative symptoms on both SANS and BPRS-negative. A lower dose of olanzapine (mean, 6.6 milligrams/day) did, however, result in significant reductions in negative symptoms in the trial or the need for additional dose-ranging studies. The percentage of patients demonstrating improvement, 80% improvement) did not always reach a level of significance for olanzapine over placebo.

**12)** In a placebo-controlled study (n=152), olanzapine 10 milligrams (mg) daily was significantly superior to placebo with regard to core psychotic symptoms (PANSS positive scores and PANSS negative scores) in chronic refractory to prior therapy. Some patients had shown refractoriness to clozapine (Beasley et al, 1996aa). Olanzapine was also superior to placebo with regard to core psychotic symptoms (PANSS positive scores and PANSS negative scores) in chronic refractory to prior therapy. Some patients had shown refractoriness to clozapine (Beasley et al, 1996aa). Olanzapine was also superior to placebo with regard to core psychotic symptoms (PANSS positive scores and PANSS negative scores) in chronic refractory to prior therapy.

#### c) Long-term Treatment

**1)** Olanzapine is also approved for long-term therapy and maintenance treatment of schizophrenia. A study concluded that olanzapine demonstrated efficacy and long-term safety in the maintenance treatment of stable schizophrenia or schizoaffective disorder were randomized to receive olanzapine (10 to 20 milligrams daily) or placebo. Olanzapine improved on all quality of life measures while the patients receiving placebo worsened. Olanzapine 15 or 20 milligrams daily (Anon, 2000).

**2)** Two other studies were presented that demonstrated olanzapine's superiority to placebo and to a subtherapeutic maintenance therapy of schizophrenia (Dellva & Tran Tollefson, 1997). In a 46 week double-blind, multicenter study, patients with schizophrenia with an acute exacerbation and who had previously responded to acute therapy were randomized to receive olanzapine (n=45) or placebo (n=13), and in the second study patients received either olanzapine (n=48) or placebo (n=48). In the first study, patients in the olanzapine group experienced a significantly lower relapse risk (p equal to 0.05) compared to placebo. In the second study, patients in the olanzapine group again experienced a significantly lower relapse risk (p equal to 0.05) compared to placebo.

#### 4) Pediatric:

**a)** Olanzapine and quetiapine were both effective in reducing the symptomatology of first episode psychosis in the adolescent population, according to a 6-month, prospective, randomized, open-label study. Patients with a diagnosis of schizophrenia or any other psychotic disorder according to DSM-IV criteria before the age of 18, lasting less than 1 year were included in the study. Patients were randomized to receive olanzapine (mean dose 9.7 +/- 6.5 mg/day, n=24), or quetiapine (mean dose 14 mg/day, n=26) for 6 months (mean, 14 months from baseline in the Positive and Negative symptoms scale (PANSS) total score (-2.201, p=0.028 and positive subscale (-2.366; p=0.018 and -2.028, p=0.042, respectively). The negative PANSS subscale scores (-0.21, p=0.011), but the reduction did not reach statistical significance in the olanzapine arm (-0.21, p=0.833). Patients in the olanzapine group also showed significant improvement in the Strengths and Difficulties Questionnaire (SDQ), but the improvements did not reach statistical significance except for the total score (p=0.011). Between-group comparisons of improvement in secondary endpoints were nonsignificant except patient-reported weight gain (p less than 0.001) was seen in the olanzapine group, and a 5.4 kg gain was seen in the olanzapine group. Adverse events associated with quetiapine and olanzapine throughout the study included concentration difficulties (79% vs 73%), and sleepiness/sedation (79% vs 84%). At the study conclusion at 6 months, 16 patients were hospitalized. The results were limited by the open-label study design, small sample size, variety of concomitant medications (Mozes et al, 2009).

#### 4.5.AE Schizophrenia, Refractory

##### 1) Overview

FDA Approval: Adult, no; Pediatric, no

Efficacy: Adult, Evidence is inconclusive; Pediatric, Evidence is inconclusive

Recommendation: Adult, Class IIb; Pediatric, Class IIb

Strength of Evidence: Adult, Category B; Pediatric, Category B

See Drug Consult reference: RECOMMENDATION AND EVIDENCE RATINGS

##### 2) Summary:

Improved symptoms sufficiently for hospital discharge in about half of patients in small study (Dinakar et al, 2009). May be effective in the treatment of children with drug-resistant childhood-onset schizophrenia (Mozes et al, 2009).

##### 3) Adult:

**a)** Among patients who had been hospitalized for schizophrenia for longer than 5 years and who were considered to have sufficient clinical improvement after 3 months of treatment with olanzapine or risperidone to be discharged to treatment with clozapine either because of medical contraindications or because of unwillingness to continue with olanzapine 10 to 30 milligrams (mg) per day or risperidone 4 to 10 mg/day. Treatments were continued for 3 months. Mean scores on the Brief Psychiatric Rating Scale decreased from 67 to 53 for the olanzapine group (n=47) (p less than 0.001 for both groups). Of the 34 patients who were discharged from the study, 16 were hospitalized.

the 90-day follow-up. No significant side effects (such as weight change) were observed during the 3 months

4) Pediatric:

a) Olanzapine seemed to be effective in the treatment of children with drug-resistant schizophrenia. In an open-label study (mean age, 12.5 years), with childhood-onset schizophrenia refractory to previous treatment with at least two antipsychotics (mean dose, 15.56 mg/day) for 12 weeks, significant reductions were observed at week 12 as compared with baseline in the mean scores for the Brief Psychotic Symptom Scale (p=0.03) and the Clinical Global Impression scale (decreased from 6.09 to 4.7; p less than 0.005). The Positive and Negative Syndrome Scale mean score was reduced from 123.56 at baseline as compared with 96.7 at week 12 (p=0.026). In addition, there were significant reductions at week 12 as compared with baseline (p=0.048 and p=0.05, respectively). The most common side effect was weight gain (100%; mean weight gain, 6.1 kilograms). No extrapyramidal side effects, dystonias, elevated electrocardiogram or electroencephalogram abnormalities were observed. Larger, controlled studies are needed to confirm the efficacy of olanzapine for the treatment of childhood-onset schizophrenia (Mozes et al, 2003).

**4.5.AF Schizophrenic prodrome**

1) Overview

FDA Approval: Adult, no; Pediatric, no  
Efficacy: Adult, Evidence is inconclusive  
Recommendation: Adult, Class IIb  
Strength of Evidence: Adult, Category B

See Drug Consult reference: RECOMMENDATION AND EVIDENCE RATINGS

2) Summary:

May be effective in the treatment of schizophrenic prodromal syndrome (Woods et al, 2003)

3) Adult:

a) The results of one study suggest that olanzapine may be effective in the treatment of patients experiencing prodromal schizophrenia. In a randomized, double-blind, placebo-controlled, multicenter study, patients with prodromal syndrome received either olanzapine (mean dose, 8 mg/day) or placebo (n=29) for 8 weeks. Results of the study were inconsistent across analyses (olanzapine-treated patients showed a significant improvement from baseline to endpoint in total score for the Prodromal Symptom Scale (p less than 0.005), as compared with placebo (p less than 0.005). However, when a last observation carried forward analysis was used, olanzapine favored olanzapine but did not reach statistical significance. Significantly more patients taking olanzapine experienced weight gain as compared with placebo (56.7% vs 3.4%, respectively, p less than 0.001). Larger, controlled studies are needed to confirm the efficacy of olanzapine for the treatment of prodromal schizophrenia (Woods et al, 2003).

**4.5.AG Senile dementia of the Lewy body type**

1) Overview

FDA Approval: Adult, no; Pediatric, no  
Efficacy: Adult, Evidence is inconclusive  
Recommendation: Adult, Class IIb  
Strength of Evidence: Adult, Category B

See Drug Consult reference: RECOMMENDATION AND EVIDENCE RATINGS

2) Summary:

Effective in low doses (5 milligrams/day) but not at high doses (15 mg/day) (Cummings et al, 2002)

3) Adult:

a) Olanzapine at low doses significantly reduced delusions and hallucinations in patients with dementia with Lewy body disease. In a randomized, double-blind, placebo-controlled trial, patients with dementia with Lewy body disease were treated with various doses of olanzapine (5, 10, or 15 mg/day) or placebo (n=29) for 12 weeks. Results of the study were inconsistent across analyses (olanzapine-treated patients showed a significant improvement from baseline to endpoint in total score for the Delusions Subscale of the Neuropsychiatric Inventory (NPI) after 12 weeks of olanzapine treatment were significantly better for the 5 mg group (p=0.009) and the 10 mg group (p=0.009) compared with placebo. Scores on the hallucinations subscale were significantly better for the 5 mg group only. Olanzapine did not cause symptoms of parkinsonism or any decrease in cognition. The 5-mg dose also diminished disruptiveness of parkinsonism. b) Olanzapine (2.5 to 7.5 milligrams daily) showed little advantage over conventional neuroleptics in 8 patients with dementia with Lewy body disease (DLB). Only 2 patients demonstrated clear improvement in psychotic and behavioral symptoms. Three patients remaining 3 patients could not tolerate olanzapine, even at the lowest dose. The data suggests that benzodiazepines should be considered prior to olanzapine for treatment of DLB (Walker et al, 1999).

**4.5.AH Severe major depression with psychotic features**

See Drug Consult reference: PSYCHOTIC DEPRESSION - DRUG THERAPY

**4.5.AI Tardive dyskinesia**

1) Overview

FDA Approval: Adult, no; Pediatric, no  
Efficacy: Adult, Evidence is inconclusive  
Recommendation: Adult, Class IIb  
Strength of Evidence: Adult, Category B

See Drug Consult reference: RECOMMENDATION AND EVIDENCE RATINGS

2) Summary:

Improvements seen in tardive dyskinesias after switching to olanzapine in case reports (Soutullo et al, 1999)

See Drug Consult reference: TARDIVE DYSKINESIA - DRUG THERAPY

3) Adult:

- a) Tardive dyskinesia improved in 2 patients after being switched to olanzapine (Soutullo et al, 1999a). The first Abnormal Involuntary Movement Scale (AIMS) which improved after 4 weeks. His AIMS score was 9 at 2 months maintained on olanzapine 15 milligrams (mg). The second had a score of 31 which improved to 3 after 1 week a score of 9. Other cases of significant improvement have been reported (Almeida, 1998).
- b) Four cases of patients with tardive dyskinesias showing marked improvements on the Abnormal Involuntary Movement Scale (AIMS) (Almeida, 1998). All cases involved patients on long-term neuroleptic therapy that were switched to olanzapine and their tardive dyskinesias had decreased.

**4.5.AJ Trichotillomania**

**1) Overview**

FDA Approval: Adult, no; Pediatric, no  
 Efficacy: Adult, Evidence favors efficacy  
 Recommendation: Adult, Class IIb  
 Strength of Evidence: Adult, Category B

See Drug Consult reference: RECOMMENDATION AND EVIDENCE RATINGS

**2) Summary:**

Effective in several cases, either alone or as adjunct therapy with fluoxetine or citalopram (Gupta & Gupta 2003)  
 Effectively reduced symptoms of hair pulling during small, open-label trial (Stewart & Nejtcek, 2003)

**3) Adult:**

- a) Olanzapine therapy reduced symptoms of hair pulling, depression, and anxiety in patients with trichotillomania (n=17) diagnosed with trichotillomania received 12 weeks of treatment with olanzapine (initial, 2.5 milligrams mg at bedtime by week 8; mean dose at week 12, 8.5 mg/day). A significant reduction in the mean score for the MGH Scale (MGH) was observed from baseline to weeks 4, 6, 8, and 12 (weeks 4 and 6, p less than or equal to 0.05). From baseline to endpoint, hair pulling was reduced by 66% (MGH), anxiety levels decreased by 63% as measured by the Hamilton Rating Scale (less than or equal to 0.05) and depressive symptoms shrunk by 43% as measured by the Hamilton Rating Scale. Side effects were sedation and weight gain. Randomized, controlled trials are needed to confirm these findings (Stewart & Nejtcek, 2003).
- b) In 3 of 4 patients with trichotillomania as well as other psychiatric disorders, olanzapine in addition to citalopram for trichotillomania had failed to respond to various regimens of SSRIs (selective serotonin reuptake inhibitors). The patient whose trichotillomania did not respond was 1.25 mg/d (Ashton, 2001).
- c) Three patients with self-inflicted dermatoses were successfully treated with olanzapine 2.5 to 5 milligrams daily for acne, self-induced skin ulcers, and trichotillomania within 2 to 4 weeks of initiating olanzapine therapy. Duration of improvement was maintained in 1 patient by taking 2.5 mg once or twice weekly as required (Gupta & Gupta 2003).
- d) A 22-year-old woman with trichotillomania improved when olanzapine was added to her fluoxetine regime for trichotillomania and obsessive-compulsive disorder. She had failed trials with multiple selective serotonin reuptake inhibitors and perphenazine. She did have a response to fluvoxamine with risperidone but developed severe hyperprolactinemia. She then had olanzapine 10 mg added. After 7 weeks, her Massachusetts General Hospital and the Yale-Brown Obsessive Compulsive Scale compulsion subscale from 13 to 4. Due to sedation, her weight increased. Thereafter, she tolerated olanzapine well but gained 8 pounds.

**4.6 Comparative Efficacy / Evaluation With Other Therapies**

- Aripiprazole
- Chlorpromazine
- Clozapine
- Haloperidol
- Lithium
- Olanzapine/Fluoxetine Hydrochloride
- Perphenazine
- Quetiapine
- Risperidone
- Valproic Acid
- Ziprasidone

**4.6.A Aripiprazole**

**4.6.A.1 Schizophrenia**

a) A trend toward greater improvement in some areas of neurocognitive function (eg, verbal learning, working memory) compared to olanzapine 15 mg daily in a randomized study (n=256) (Kern et al, 2001). However, a placebo-controlled study was unavailable (unpublished).

**4.6.B Chlorpromazine**

Schizophrenia

Schizophrenia, Treatment-resistant

**4.6.B.1 Schizophrenia**

a) Based upon comparisons of minimum effective dosages identified in placebo-controlled, fixed-dose and flexible-dose studies in schizophrenic patients, the minimum effective dose of olanzapine was 10 milligrams/day (equivalent to chlorpromazine 100 mg/day).

**4.6.B.2 Schizophrenia, Treatment-resistant**

a) Olanzapine 25 milligrams (mg) daily and chlorpromazine 1200 mg daily plus benztropine 4 mg daily show similar efficacy in a randomized trial of 84 patients with treatment-resistant schizophrenia. No significant differences were seen between groups on the Brief Symptom Scale (BPRS), Scale for the Assessment of Negative Symptoms, or the Clinical Global Impression (CGI) Score. The olanzapine patients met response criteria of at least a 20% reduction in baseline BPRS score and post-treatment BPRS score of less than 35. Dry mouth, orthostatic changes, and unsteady gait were more common with olanzapine (p less than 0.01), as was extrapyramidal symptoms (p less than 0.05) (Conley et al, 1998).

**4.6.C Clozapine**

Bipolar disorder

Drug-induced psychosis

Hostile behavior

Schizophrenia

Schizophrenia - Suicidal intent

**4.6.C.1 Bipolar disorder**

a) In a retrospective study of 50 consecutive patients treated for bipolar disorder with atypical antipsychotic risperidone and risperidone (n=25), along with standard mood stabilizers, showed similar efficacy. Overall, 68% of patients met response criteria on Clinical Global Impressions assessment over the 12-week study. Mean dosages were 210 milligrams (mg) per day for olanzapine and 1.7 mg/day for risperidone. The only serious adverse event to occur during the study was a seizure in a patient taking olanzapine (EPS) were reported in 12 of 42 subjects (28.6%). Parkinsonism occurred in 4 of 25 patients taking risperidone. Weight gain was more extreme in patients taking clozapine and olanzapine than in those taking risperidone. Weight gain reported in other studies, may have been affected by concurrent mood enhancing medications (Guille et al, 2001).

**4.6.C.2 Drug-induced psychosis**

a) In a small (n=18), open study, clozapine and olanzapine were both effective in reducing symptoms of drug-induced psychosis. However, olanzapine and not clozapine caused worsening of Parkinsonian symptoms. Mean dosages were 16.9 milligrams (mg) per day and was increased at weekly intervals as necessary to optimize clinical status. The mean dosage for clozapine was 16.9 mg/day (range: 6.25 to 37.5 mg/day). Olanzapine was started at 2.5 to 5 mg/day. The mean dosage for olanzapine completing the study was 4.7 mg/day (range: 2.5 to 10 mg/day). Three patients dropped out of the study after 2 weeks (2 patients, 5 mg for 1 patient) because of worsening of parkinsonism. All patients in the clozapine group had symptoms of somnolence, falls, orthostatic hypotension, and syncope. Neuropsychiatric symptoms markedly improved with clozapine (Neuropsychiatric Inventory global scores for clozapine and olanzapine, respectively). Parkinsonian motor symptoms were significantly improved in the olanzapine group and worsened by 25% in the olanzapine group. It is possible that the differences observed were due to olanzapine was excessive (Gimenez-Roldan & Mateo D Navarro, 2001).

**4.6.C.3 Hostile behavior**

a) Clozapine reduced hostility in patients with schizophrenia and was superior to haloperidol and risperidone in patients with a diagnosis of schizophrenia or schizoaffective disorder and a history of poor response to drug treatment.



#### 4.6.D Haloperidol

Adverse reaction to cannabis - Drug-induced psychosis

Mania

Schizophrenia

Tardive dyskinesia

##### 4.6.D.1 Adverse reaction to cannabis - Drug-induced psychosis

a) Olanzapine was as effective as haloperidol in the treatment of cannabis-induced psychotic disorder (Berk a psychotic episode associated with cannabis use were randomized to receive either olanzapine 10 milligram weeks there was a significant improvement in both groups as compared to baseline measured on the Brief P: p=0.0001 for haloperidol). There was no significant difference between the 2 groups. Olanzapine was associ

##### 4.6.D.2 Mania

a) Olanzapine and haloperidol therapies were similarly effective in the treatment of acute mania in patients w study, patients with bipolar I disorder, mixed or manic episode and a Young-Mania Rating Scale (Y-MRS) scx milligram (mg)/day) or haloperidol (3 to 15 mg/day) at flexible doses for 6 weeks. Patients showing symptom in which they received ongoing treatment. Symptomatic remission was defined as a Y-MRS score of 12 or les score (HAM-D) of 8 or less at week 6. Symptomatic remission rates for patients in the olanzapine group were at week 6 (52.1% vs 46.1%, respectively; p=NS) and week 12 (51.7% vs 43.8%, respectively; p=NS). Howev improvements in health- related quality of life factors as compared with haloperidol treatment (Shi et al, 2002;

##### 4.6.D.3 Schizophrenia

a) SUMMARY: Olanzapine is more effective than haloperidol for the treatment of negative symptoms of schi: managing positive symptoms. Olanzapine is less likely to induce extrapyramidal reactions or elevation of ser

b) Olanzapine and risperidone improved neurocognitive deficits more than did haloperidol or clozapine in pa that was refractory to treatment with typical antipsychotics. In a randomized, double-blind study, inpatients w (mg) per day, olanzapine (n=26) 10 to 40 mg/day, risperidone (n=26) 4 to 16 mg day, or haloperidol (n=25) 1 treatment (target doses: olanzapine 20 mg/day, risperidone 8 mg/day, haloperidol 20 mg/day, clozapine 500 week study; during the last 6 weeks, dosages were adjusted individually (generally increased if response was adverse effects). Improvement over time in global neurocognitive score was seen for olanzapine and risperid organization and in processing speed and attention, improvement was seen with olanzapine. In simple motor Changes in global neurocognitive performance with olanzapine and risperidone were of medium magnitude ( enough to be clinically significant. Beneficial changes with clozapine were modest. Despite cognitive gains, p ability and social/vocational functioning. Improvements in neurocognitive deficits were associated with improv

c) Olanzapine was at least as effective as and safer than haloperidol for the treatment of schizophrenia in a l and negative symptoms resistant to treatment with typical antipsychotics. In a randomized, double-blind trial, milligrams (mg) per day and increased to a maximum of 15 mg/day, or haloperidol, starting at 4 mg/day and i daily doses were 10.5 mg for olanzapine and 8 mg for haloperidol. The proportion of olanzapine-treated patie improvement was 44.5%, compared to 40.5% of haloperidol-treated patients. The 95% confidence interval w: olanzapine was not inferior to haloperidol in efficacy. Total and subscale scores on the Positive and Negative in the olanzapine group than in the haloperidol group, but only on the negative symptoms subscale did the dif Eighty-one percent of olanzapine-treated patients and 66% of haloperidol-treated patients finished the study, because of adverse events or abnormal laboratory values ( 8 vs 22). Olanzapine-treated patients showed an whereas haloperidol-treated patients showed a worsening (p less than 0.001). Treatment-emergent parkinson 18.8% of the haloperidol group. By the end of treatment, parkinsonism had resolved in all patients in the olan haloperidol group. There was a significantly greater incidence of insomnia, akathisia, tremor, anorexia, increa nausea, and weight decrease in haloperidol-treated patients than in olanzapine-treated patients. Only weight kilogram vs -0.71 kilogram, p less than 0.001). Thirty-two percent of olanzapine-treated patients showed no a abnormality, compared to 15.5% of haloperidol-treated patients (p=0.008) (Ishigooka et al, 2001).

d) Olanzapine has been at least as effective as haloperidol, each given for six weeks, in the treatment of sch 1996)(Anon, 1996; Anon, 1995). Overall improvement, based on Brief Psychiatric Rating Scale (BPRS) total reached significance in the largest trial (Anon, 1996). Both agents have produced similar decreases in positiv with olanzapine is attributed to a greater reduction in negative symptoms in these patients, particularly in high negative symptoms have been significantly greater with olanzapine on the Scale for the Assessment of Nega Syndrome Scale (PANSS), although significance was not achieved on the BPRS-negative scale in one study have demonstrated greater than 80% improvement in BPRS-total scores with olanzapine, whereas the perce always differed significantly between drugs.

e) Intramuscular (IM) olanzapine successfully treated acutely agitated patients with schizophrenia in 3 clinic evaluated 108 patients receiving fixed or variable doses of 2.5, 5.0, 7.5, or 10.0 milligram (mg) given as 1 to 2 20 mg orally (PO) QD for 2 days. Response was assessed using the Brief Psychiatric Rating Scale (BPRS); 1

PO Administration (no statistical analysis was performed). The third study was a multicenter, double-blind, placebo-controlled trial comparing olanzapine with IM haloperidol in the treatment of acute agitation. Patients (n=311) received up to 3 doses of olanzapine over 24 hours. Thereafter, patients were treated with oral olanzapine (5 to 20 mg QD) or oral haloperidol (5 to 20 mg QD). Olanzapine or haloperidol showed significantly greater improvement over placebo at 2 and 24 hours as measured by the PANSS. No significant difference was observed between olanzapine- and haloperidol-treated patients. Patients treated with intramuscular olanzapine showed a significant difference between patients treated with IM drug between baseline and day 5 (Jones et al, 2000).

**f)** In a study of 300 patients with schizoaffective disorder, olanzapine treated patients showed significantly greater improvement on the Brief Psychiatric Rating Scale (BPRS) total (p=0.002), Positive and Negative Syndrome Scale (PANSS) total (p=0.006), and Montgomery-Asberg Depression Rating Scale (MADRS) total (p less than 0.001). Patients were assessed weekly for a six week acute phase with responders followed for up to 1-year. Olanzapine (5 to 20 milligrams) was superior to haloperidol (5 to 20 milligrams) in the BPRS (p=0.012), PANSS MADRS (p less than 0.001); however, in depressed subtype patients, no significant differences were seen. During the double-blind extension phase, the only significant difference between treatment groups was in the PANSS total score (p=0.045). Extrapyramidal symptoms were less severe among olanzapine treated patients (p=0.016), but were not significantly different (Wei et al, 1997).

**g)** In a 6-week randomized study of 83 patients with first-episode psychosis (schizophrenia, schizophreniform disorder, or schizoaffective disorder) receiving olanzapine showed significantly greater improvement on the Brief Psychiatric Rating Scale (BPRS) (PANSS) as compared to patients receiving haloperidol. Patients greater than 45 years of age at onset of symptoms received olanzapine or haloperidol 5 milligrams (mg) per day and adjusted every 7 days within the range of 5 to 20 milligrams. Olanzapine treated patients experienced a 40% or greater improvement from baseline compared to 29.2% of haloperidol treated patients also improved more on the PANSS total score (p=0.02) and positive symptom score (p=0.03). On the Simpson-Angus scale, olanzapine patients showed improvement in extrapyramidal symptoms, whereas haloperidol patients did not (p=0.001). Somnolence was more common in olanzapine treated patients, whereas akathisia and hypertonia were not significantly different (Tollefson et al, 1999).

**h)** Olanzapine showed a superior and broader spectrum of efficacy over haloperidol in the treatment of schizophrenia (Tollefson et al, 1997). In a large international, multicenter double-blind trial, olanzapine (N=1336) was compared to haloperidol (N=1336). Starting doses were 5 milligrams (mg) for both drugs which could be increased by 5 mg increments at the investigator's discretion. Olanzapine was significantly superior to haloperidol on the Brief Psychiatric Rating Scale (p less than 0.02), PANSS total score (p=0.05), the clinical Global Impression severity score (p less than 0.03), and the Montgomery-Asberg Depression Rating Scale (p=0.001). Significant advantages were also seen in the extrapyramidal profiles and effects on prolactin levels. Further, olanzapine treated patients had significantly better controlled negative symptoms (p=0.001). On the Montgomery-Asberg Depression Rating Scale, olanzapine was significantly more effective than haloperidol (p = 0.001).

**i)** In multiple clinical trials of olanzapine, the incidence of self-directed aggression among patients receiving olanzapine was significantly different (Keck et al, 2000a). These trials indicated a significantly greater improvement in suicidal ideation among olanzapine treated patients with haloperidol-treated patients. Another analysis demonstrated a 2.3-fold reduction in the annual suicide attempt rate among olanzapine versus haloperidol.

#### 4.6.D.4 Tardive dyskinesia

**a)** Olanzapine was associated with a lower incidence of tardive dyskinesia when compared to haloperidol (Tollefson et al, 1997). In a randomized, double-blind study evaluating patients with schizophrenia, schizophreniform disorder, or schizoaffective disorder, olanzapine (n=197) and haloperidol (n=197) were compared. Patients had no evidence of tardive dyskinesia at baseline. At any visit after baseline, 16.2% of patients in the haloperidol group manifested treatment-emergent tardive dyskinesia (p less than 0.001) compared to 7.6% of olanzapine patients (p equal to 0.001). Similar results have been reported in other studies.

#### 4.6.D.5 Efficacy

**a)** Results of a retrospective analysis showed that olanzapine treatment was associated with a lower rate of extrapyramidal symptoms (EPS) but was similar to rates occurring with risperidone and clozapine therapy. In a pooled analysis of 23 randomized controlled trials comparing olanzapine (2.5 to 20 milligrams (mg)/day), risperidone (4 to 12 mg/day), clozapine (25 to 625 mg/day), and placebo. Dystonic events (ie, dystonia) occurred in significantly fewer patients during olanzapine treatment as compared with haloperidol (0.5% vs 5.1% vs 3.2%, respectively; p=0.047) treatment, while no significant difference was found between olanzapine and risperidone. Olanzapine-treated patients, a significantly higher percentage of olanzapine-treated patients experienced parkinsonism (9.3% vs 28.3%, respectively) and akathisia (6.7% vs 20.4%, respectively; p less than 0.001) during therapy. However, no significant difference was found between olanzapine and risperidone groups in regard to the occurrence of EPS (44.4% vs 16.2%, respectively; p=0.047). The overall incidence of EPS was significantly lower with olanzapine (2.6% vs 6.8%, respectively; p=0.047). The overall incidence of EPS was significantly lower with olanzapine (p less than 0.001) or risperidone (p=0.018) groups. No difference was found between olanzapine and placebo or clozapine in regard to percentage of patients given anticholinergic drugs during therapy (Carlson et al, 1997).

**b)** Pooled safety results from 3 large double-blind, controlled trials in 2606 patients demonstrated that olanzapine was associated with a lower incidence of extrapyramidal symptoms (EPS) occurring versus haloperidol (p less than 0.001) (Tran et al, 1997). Also statistically significant was the lower incidence of EPS with olanzapine compared to haloperidol (p less than 0.001). This suggests that the use of olanzapine may be associated with fewer adverse effects.

**c)** The risk of extrapyramidal adverse effects is lower with olanzapine compared to haloperidol, especially dystonia (p less than 0.001). The incidence of EPS was significantly less with olanzapine (Tollefson et al, 1997); (Beasley et al, 1996)(Anon, 1996; Anon, 1995).

#### 4.6.D.6 Adverse Effects

**a)** The results of one study suggest that patients receiving atypical antipsychotics have a higher incidence of adverse effects compared to conventional antipsychotic medication. In a retrospective, pharmacovigilance study, 192 cases of pancreatitis

dose, 306.7 milligrams (mg)/day), olanzapine (mean dose, 15 mg/day), risperidone, (mean dose, 4 mg/day) c identified cases, 40%, 33%, and 16% were related to treatment with the atypical antipsychotic medications cl as compared with 12% of the cases which were related to the conventional neuroleptic, haloperidol. In most p months after initiation of treatment (Koller et al, 2003).

#### 4.6.E Lithium

##### 4.6.E.1 Mania

**a)** A review of 3 randomized, double-blinded, placebo-controlled studies concluded that a more rapid antima loading of divalproex than with standard titration divalproex, lithium or placebo. In these short-term studies, o 30 milligrams/kilogram/day (mg/kg/day) for the first 2 days and maintained at 20 mg/kg/day or it was initiated increased to a maximum of 20 mg/kg/day plus 1000 mg by day 6. This regimen was compared to divalproex to serum levels of 40 to 150 micrograms/milliliter (mcg/mL), lithium (n=54) initiated at 300 mg 3 times a day a and olanzapine (n=55) initiated at 10 mg/day and titrated to a maximum of 20 mg/day and placebo (n=72). P: assessed using the change from baseline measurement of the Mania Rating Scale (MRS), the Manic Syndro Scale (BIS). Intent-to-treat analyses showed that MRS measurements from oral-loaded divalproex patients w patients. However, it showed significant differences from standard titration divalproex and placebo by day 5 a Similar results were found for MSS and BIS measurements. Dry mouth and increased appetite was more cor standard titration (p less than 0.05). However, standard titration divalproex was associated with an increased (p less than 0.05). Divalproex overall was associated with greater decreases in platelet counts than other gro greater reports of headache and fever (p less than 0.05) and olanzapine was associated with greater adverse speech disorder, rhinitis, increases in total cholesterol and increases in serum alanine aminotransferase) ove

**b)** Olanzapine was found to be at least as effective as lithium in the treatment of mania. In a 4-week, double- were randomized to receive olanzapine 10 milligrams daily or lithium carbonate 400 milligrams twice daily. Th two treatment groups on any primary outcome measures. However, olanzapine was significantly (p equal to ( Global Impression severity scale at week 4 (lithium 2.83, olanzapine 2.29). The two medications did not differ symptoms (Berk et al, 1999a).

#### 4.6.F Olanzapine/Fluoxetine Hydrochloride

##### 4.6.F.1 Depression - Schizophrenia

**a)** Results of an 8-week, double-blind trial demonstrated that patients receiving both olanzapine and fluoxetin improvement in Montgomery-Asberg Depression Rating Scale (MADRS) and Clinical Global Impression (CGI medication alone. Twenty-eight patients with nonpsychotic treatment-refractory depression received olanzapi 60 milligrams/day). In addition, there were no significant differences in adverse events among the 3 different

#### 4.6.G Perphenazine

##### 4.6.G.1 Chronic schizophrenia

**a)** When newer antipsychotic medications (olanzapine, quetiapine, risperidone, and ziprasidone) were comp perphenazine, the majority of patients in each group discontinued their antipsychotic study medication before schizophrenia were randomized to receive olanzapine 7.5 to 30 milligrams/day (mg/day), perphenazine 8 to 3 risperidone 1.5 to 6.0 mg/day, or ziprasidone 40 to 160 mg/day for up to 19 months. Overall, 74% of patients months; discontinuation rates ranged from 64 to 82%. Time to discontinuation ranged from 3.5 months for zip to discontinuation was significantly longer in the olanzapine group as compared with the quetiapine (hazard r to 0.76; p less than 0.001) or risperidone groups (HR, 0.75; 95% CI, 0.62 to 0.90; p=0.002). Time to discontin all groups, but the rates ranged from 10% for risperidone to 19% for olanzapine (p=0.04). More patients disc (average of 0.9 kilograms/month) and greater increases in glycosylated hemoglobin, total cholesterol, and trig

#### 4.6.H Quetiapine

##### 4.6.H.1 Chronic schizophrenia

**a)** When newer antipsychotic medications (olanzapine, quetiapine, risperidone, and ziprasidone) were comp perphenazine, the majority of patients in each group discontinued their antipsychotic study medication before schizophrenia were randomized to receive olanzapine 7.5 to 30 milligrams/day (mg/day), perphenazine 8 to 3 risperidone 1.5 to 6.0 mg/day, or ziprasidone 40 to 160 mg/day for up to 19 months. Overall, 74% of patients months; discontinuation rates ranged from 64 to 82%. Time to discontinuation ranged from 3.5 months for zip to discontinuation was significantly longer in the olanzapine group as compared with the quetiapine (hazard r to 0.76; p less than 0.001) or risperidone groups (HR, 0.75; 95% CI, 0.62 to 0.90; p=0.002). Time to discontin all groups, but the rates ranged from 10% for risperidone to 19% for olanzapine (p=0.04). More patients disc (average of 0.9 kilograms/month) and greater increases in glycosylated hemoglobin, total cholesterol, and trig

#### 4.6.I Risperidone

Agitation, acute - Psychotic disorder

Bipolar disorder

Chronic schizophrenia

Dementia - Problem behavior

Extrapyramidal disease

Obsessive-compulsive disorder, Refractory

Schizophrenia

#### 4.6.1.1 Agitation, acute - Psychotic disorder

a) Olanzapine orally disintegrating tablets (ODT) and risperidone oral solution (OS) yielded similar improvement in Negative Syndrome Scale (PANSS-EC) and the Clinical Global Impression (CGI) scale in 87 patients treated in an emergency setting, according to an open-label, flexible-dose study. Patients with a baseline PANSS-EC score of 10 or greater were assigned to receive initial doses of either olanzapine ODT 10 milligram (mg) (n=34) or risperidone OS 3 mg based on previous effective treatments, or monthly assignments to olanzapine or risperidone according to the continued agitation could be re-dosed at any time, and after 1 hour could receive adjunctive drug therapy. PA time. The mean CGI change from baseline was similar between the olanzapine and risperidone group (2.8 vs 2.5) and PANSS-EC score over time ANOVA (at baseline and every 15 minutes for 1 hour) revealed no significant main effect of treatment over time (F=2.94, p=0.09 and F=0.88, p=0.41, respectively). There was a significant mean change compared with risperidone OS group (-9.2 vs 1.1 beats/minute, p=0.03). There were no significant differences in extrapyramidal symptoms (Hatta et al, 2008).

#### 4.6.1.2 Bipolar disorder

a) In a retrospective study of 50 consecutive patients treated for bipolar disorder with atypical antipsychotic and risperidone (n=25), along with standard mood stabilizers, showed similar efficacy. Overall, 68% of patients had a Clinical Global Impressions assessment over the 12-week study. Mean dosages were 210 milligrams (mg) per day for olanzapine and 1.7 mg per day for risperidone. The only serious adverse event to occur during the study was a seizure in a patient. Extrapyramidal symptoms (EPS) were reported in 12 of 42 subjects (28.6%). Parkinsonism occurred in 4 of 25 patients taking risperidone. Weight gain was more extreme in patients taking clozapine and olanzapine than in those taking risperidone. Weight gain reported in other studies, may have been affected by concurrent mood enhancing medications (Guille et al, 2008).

#### 4.6.1.3 Chronic schizophrenia

a) When newer antipsychotic medications (olanzapine, quetiapine, risperidone, and ziprasidone) were compared with perphenazine, the majority of patients in each group discontinued their antipsychotic study medication before 12 months. In a double-blind, parallel study, patients with schizophrenia were randomized to receive olanzapine 7.5 to 30 milligrams/day (mg/day), perphenazine 8 to 32 mg/day, risperidone 1.5 to 6.0 mg/day, or ziprasidone 40 to 160 mg/day for up to 19 months. Overall, 74% of patients discontinued their study medication; discontinuation rates ranged from 64 to 82%. Time to discontinuation ranged from 3.5 months for ziprasidone to 19 months for olanzapine. Time to discontinuation was significantly longer in the olanzapine group as compared with the quetiapine (hazard ratio [HR], 0.76; p less than 0.001) or risperidone groups (HR, 0.75; 95% CI, 0.62 to 0.90; p=0.002). Time to discontinuation was similar in all groups, but the rates ranged from 10% for risperidone to 19% for olanzapine (p=0.04). More patients discontinued their study medication (average of 0.9 kilograms/month) and greater increases in glycosylated hemoglobin, total cholesterol, and triglycerides were observed in the olanzapine group.

#### 4.6.1.4 Dementia - Problem behavior

a) Risperidone and olanzapine were equally effective in the treatment of dementia-related behavioral disturbances in nursing home facilities. In a double-blind, parallel study, patients (mean age, 83 years) with dementia received oral olanzapine (n=19, initial dose 0.5 mg/day, titrated to maximum dose of 10 mg/day) or risperidone (n=19, initial dose 0.5 mg/day, titrated to maximum dose of 16 mg/day) after a 3-day washout period of psychotropic drugs. Antidepressants and mood stabilizers were allowed at stable doses. Medication at doses of 0.5 to 1 mg as needed for acute agitation. The mean daily doses for olanzapine and risperidone were 1.47 mg (range, 0.5 to 2 mg), respectively. Lorazepam was utilized a median of 3.5 days (range 1-12 days) a day. Primary outcome measures were the Neuropsychiatric Inventory (NPI) and the Clinical Global Impression (CGI). Lowered CGI scores and total NPI scores from baseline to endpoint (p less than 0.0001, both values), however, adverse events were frequent in this elderly population, with the most common including drowsiness, falls, and weight gain.

#### 4.6.1.5 Extrapyramidal disease

a) Results of a retrospective analysis showed that olanzapine treatment was associated with a lower rate of extrapyramidal symptoms (EPS) but was similar to rates occurring with risperidone and clozapine therapy. In a pooled analysis of 23 randomized controlled trials in schizophrenia, frequency and severity of EPS associated with olanzapine therapy (2.5 to 20 milligrams (mg)/day), risperidone (4 to 12 mg/day), clozapine (25 to 625 mg/day), and placebo. Dystonic events (ie, dystonia) occurred in significantly fewer patients during olanzapine treatment as compared with haloperidol (0.5% vs 5.1%, respectively; p=0.047) treatment, while no significant difference was found between olanzapine and risperidone. In olanzapine-treated patients, a significantly higher percentage of haloperidol-treated patients experienced parkinsonism, extrapyramidal syndrome, hypertonia, hypokinesia, masked facies, and tremor (9.3% vs 28.3%, respectively) (p less than 0.001). Akathisia and hyperkinesia (6.7% vs 20.4%, respectively; p less than 0.001) during therapy. However, no significant differences were found in other EPS between olanzapine and risperidone.

olanzapine group as compared with the placebo, risperidone, or clozapine groups in regard to the occurrence occurred in significantly more patients treated with haloperidol as compared with olanzapine (44.4% vs 16.2% patients treated with clozapine as compared with olanzapine (2.6% vs 6.8%, respectively; p=0.047). The olanzapine and risperidone groups as compared with olanzapine. Significantly fewer patients received anticholinergic medication with the haloperidol (p less than 0.001) or risperidone (p=0.018) groups. No difference was found between olanzapine, placebo or clozapine in regard to percentage of patients given anticholinergic drugs during therapy (Carlson et al 2008).

**4.6.1.6 Obsessive-compulsive disorder, Refractory**

**a)** Adjunctive therapy of risperidone or olanzapine with serotonin-reuptake inhibitors (SRI) were equally effective in SRI monotherapy-resistant outpatients, according to an 8-week, single-blind, randomized trial; however the study had the limitations of a placebo arm, single-arm design, and underpowered nature of the trial. Following a 16-week prospective, open-label study, patients who were treatment-resistant (defined as less than 35% improvement in the total score of Yale-Brown Obsessive Compulsive Global Impression Severity (CGI-S) score greater than 2) entered an 8-week single-blind phase (n=50). Patients were randomized to receive either risperidone 1 to 3 mg/day (n=25), or olanzapine 2.5 to 10 mg/day (n=25) in a double-blind, parallel-group design; patients were not blinded. In an intent-to-treat analysis of the primary endpoints, both treatments significantly improved Y-BOCS and CGI-S scores by week 8. Mean Y-BOCS total scores, CGI-S scores, and responder rates (35% or greater improvement in Y-BOCS score) were similar between groups.

Primary Efficacy Endpoints at 8 Weeks		
	Risperidone (n=25)	Olanzapine (n=25)
Responder rates*	44% (11/25)	48% (12/25)
Mean end-point Y-BOCS score	22.6 +/- 7.2	22.2 +/- 7.4
Change in mean Y-BOCS score from baseline	-7.5; t=7.588, df=21, p less than 0.001	-8.4; t=7.456, df=20 0.001
Mean end-point CGI-S score	3.2 +/- 1.7	3.1 +/- 1.8
Change in mean CGI-S score from baseline	-1.7; t=7.022, df=21, p less than 0.001	-1.9; t=7.707, df=20 0.001

\* p=1; Y-BOCS=Yale-Brown Obsessive Compulsive Scale; CGI-S=Clinical Global Impression Severity score

**b)** Adverse effects of risperidone compared with olanzapine-treated patients included tension/inner unrest (20% vs 10%, p=0.016), and amenorrhea (66.7% vs 10%, p=0.02), respectively. The small sample size and the absence of a placebo group are among the limitations of this study (Maina et al, 2008).

**4.6.1.7 Schizophrenia**

**a)** Olanzapine and risperidone were equally safe and effective therapies in the treatment of schizophrenia in a double-blind study, 175 elderly patients (mean age, 71 years) were randomized to receive either risperidone (mean dose, 11.1 mg/day) for 8 weeks following a 1 week washout period of all psychotropic medications. Mean Positive and Negative Syndrome Scale (PANSS) scores were between 50 and 120 at baseline. Clinical improvement was defined as a significant reduction in total PANSS score. Both treatment groups showed significant reductions from baseline in the total PANSS score. Significant differences were not observed between groups. Fifty-eight percent of risperidone-treated patients showed clinical improvement as defined by the study. Both groups also exhibited significant improvement in four of the five PANSS subscales. The greatest mean change in the total PANSS score occurred in the 93 patients who had received conventional treatment (p less than 0.001). The rate of extrapyramidal symptoms (EPS) was similar between the two groups (9.2% vs 15.9%, respectively, p=ns). The severity of EPS symptoms was reduced in both groups from baseline to week 8. A 7% or higher increase in weight occurred in significantly more olanzapine-treated patients (14.8% vs 5.1%, p=0.043). No new cardiovascular events were observed in this patient population and mean weight change was not clinically relevant (Jeste et al, 2003).

**b)** Olanzapine and risperidone improved neurocognitive deficits more than did haloperidol or clozapine in patients with refractory to treatment with typical antipsychotics. In a randomized, double-blind study, inpatients with schizophrenia were randomized to receive either olanzapine (n=26) 10 to 40 mg/day, risperidone (n=26) 4 to 16 mg/day, or haloperidol (n=25) 10 to 20 mg/day for 12 weeks. Treatment (target doses: olanzapine 20 mg/day, risperidone 8 mg/day, haloperidol 20 mg/day, clozapine 500 mg/day) was maintained throughout the study; during the last 6 weeks, dosages were adjusted individually (generally increased if response was inadequate or decreased if adverse effects). Improvement over time in global neurocognitive score was seen for olanzapine and risperidone, but not for haloperidol or clozapine. Changes in global neurocognitive performance with olanzapine and risperidone were of medium magnitude (mean change of 10-15%), which was enough to be clinically significant. Beneficial changes with clozapine were modest. Despite cognitive gains, improvements in neurocognitive deficits were associated with improvements in social/vocational functioning.

**c)** In a prospective, multicenter, double-blind trial, olanzapine was more cost-effective than risperidone in patients with schizophrenia or schizophreniform disorder. One hundred fifty patients were randomized to either olanzapine (10 to 20 mg/day) (n=75) treatment for a period of 28 weeks. During the study, olanzapine-treated patients were significantly more cost-effective than risperidone-treated patients.

throughout the course of therapy than risperidone-treated patients ( $p=0.048$ ). However, the proportion of patients significantly different between groups. Overall, the incidence of side effects was similar between groups, but required an anticholinergic to control treatment-emergent extrapyramidal effects than did those receiving olanzapine. Costs were significantly higher for olanzapine-treated patients than those treated with risperidone (\$2513 versus \$2013; 52% reduction in inpatient and outpatient service costs (\$3516 vs \$7291 US) (Edgell et al, 2000).

**d)** In an open-label study of patients with DSM-IV schizophrenia, olanzapine ( $n=21$ ) was shown to be as effective as risperidone over 6 months, risperidone was more effective for treatment of psychotic symptoms. However, olanzapine was associated with a significantly greater number of side effects. At discharge the average doses of olanzapine and risperidone were 14.4 and 5.7 milligrams (mg) daily, respectively. Risperidone was significantly greater than with olanzapine. The dose of drug was uncontrolled and adjusted for response, tolerability of side effects, and manufacturer recommendations. Measures of effectiveness included the Brief Symptom Inventory (BSI), Global Assessment Scale (GAS) and quality of life measures. (Ho et al, 1999). Larger studies are needed.

**e)** Olanzapine (10 to 20 milligrams (mg) daily) was superior to risperidone (4 to 12 mg daily) in the treatment of schizophrenia. In an international, multicenter, double-blind, parallel-group 28-week prospective study of 339 patients with DSM-IV schizophrenia or schizoaffective disorder, the olanzapine group had a significantly better overall response rate (as measured by the Positive and Negative Syndrome Scale) and was significantly superior to risperidone in the treatment of negative symptomatology. A significantly greater number of the olanzapine patients maintained their response at 28 weeks compared with risperidone. Adverse reactions were significantly less with olanzapine, in particular extrapyramidal side effects, hyperprolactinemia, weight gain; suicide attempts occurred significantly less in the olanzapine group (Tran et al, 1997a). The use of olanzapine has been subsequently criticized (Schooler, 1998; Gheuens & Grebb, 1998).

#### 4.6.I.8 Adverse Effects

**a)** The results of one study suggest that patients receiving atypical antipsychotics have a higher incidence of pancreatitis compared with conventional antipsychotic medication. In a retrospective, pharmacovigilance study, 192 cases of pancreatitis were identified. The mean dose of olanzapine (mean dose, 15 mg/day), risperidone (mean dose, 4 mg/day) compared with conventional antipsychotic medication was 40%, 33%, and 16% were related to treatment with the atypical antipsychotic medications compared with 12% of the cases which were related to the conventional neuroleptic, haloperidol. In most cases, pancreatitis occurred within 6 months after initiation of treatment (Koller et al, 2003a).

### 4.6.J Valproic Acid

#### 4.6.J.1 Mania

**a)** A review of 3 randomized, double-blinded, placebo-controlled studies concluded that a more rapid antimanic loading of divalproex than with standard titration divalproex, lithium or placebo. In these short-term studies, olanzapine was initiated at 10 mg/day and titrated to a maximum of 20 mg/day and placebo ( $n=72$ ). Patients were assessed using the change from baseline measurement of the Mania Rating Scale (MRS), the Manic Symptom Scale (BIS). Intent-to-treat analyses showed that MRS measurements from oral-loaded divalproex patients were significantly lower than placebo by day 5. Similar results were found for MRS and BIS measurements. Dry mouth and increased appetite was more common with olanzapine than with standard titration divalproex ( $p$  less than 0.05). However, standard titration divalproex was associated with an increased incidence of adverse effects ( $p$  less than 0.05). Divalproex overall was associated with greater decreases in platelet counts than other groups. Olanzapine was associated with greater reports of headache and fever ( $p$  less than 0.05) and olanzapine was associated with greater adverse effects (speech disorder, rhinitis, increases in total cholesterol and increases in serum alanine aminotransferase) over placebo.

**b)** Olanzapine was superior to divalproex for the treatment of acute mania in a 3-week, randomized, double-blind, placebo-controlled study. Patients with bipolar I disorder, manic or mixed episode, and with or without psychotic features, were given flexibly dosed divalproex (500 to 2500 mg/day). Modal doses were 17.4 mg/day for olanzapine and 1401 mg/day for divalproex. The targeted therapeutic range was attained by approximately 87% of divalproex-treated patients. The Mania Rating Scale total score was 13.4 points for the olanzapine group and 10.4 points for the divalproex group. The difference was significant (in favor of olanzapine) among patients without psychotic features ( $p=0.06$ ), but not among patients with psychotic features. Clinical response (50% or greater improvement in the Young Mania Rating Scale) was significantly greater in olanzapine-treated patients and 43% of divalproex-treated patients ( $p=0.058$ ). Time-to-remission was significantly shorter in olanzapine-treated patients. There were more adverse events with olanzapine, mainly somnolence, dry mouth, and weight gain. No group (Tohen et al, 2002).

### 4.6.K Ziprasidone

Chronic schizophrenia

Schizophrenia

#### 4.6.K.1 Chronic schizophrenia

**a)** When newer antipsychotic medications (olanzapine, quetiapine, risperidone, and ziprasidone) were compared with conventional antipsychotic medication (perphenazine), the majority of patients in each group discontinued their antipsychotic study medication before completion. In a study of patients with chronic schizophrenia who were randomized to receive olanzapine 7.5 to 30 milligrams/day (mg/day), perphenazine 8 to 30 mg/day, or placebo, the majority of patients in each group discontinued their antipsychotic study medication before completion. The majority of patients in each group discontinued their antipsychotic study medication before completion. The majority of patients in each group discontinued their antipsychotic study medication before completion.

risperidone 1.5 to 6.0 mg/day, or ziprasidone 40 to 160 mg/day for up to 19 months. Overall, 74% of patients months; discontinuation rates ranged from 64 to 82%. Time to discontinuation ranged from 3.5 months for zip to discontinuation was significantly longer in the olanzapine group as compared with the quetiapine (hazard ratio 0.76;  $p$  less than 0.001) or risperidone groups (HR, 0.75; 95% CI, 0.62 to 0.90;  $p=0.002$ ). Time to discontinuation was significantly longer in all groups, but the rates ranged from 10% for risperidone to 19% for olanzapine ( $p=0.04$ ). More patients discontinued in the ziprasidone group (average of 0.9 kilograms/month) and greater increases in glycosylated hemoglobin, total cholesterol, and triglycerides were seen in the ziprasidone group.

#### 4.6.K.2 Schizophrenia

**a)** In a randomized, double-blind trial ( $n=269$ ), six-week courses of OLANZAPINE and ZIPRASIDONE had comparable efficacy in the treatment of schizophrenia (DSM-IV), while the side effects profile of ziprasidone appeared to be more favorable related to QT interval prolongation. Enrollees were acutely ill, recently admitted inpatients. During the study drugs: olanzapine 5 milligrams (mg) on days 1 and 2 and 10 mg/day on days 3 to 7 ( $n=133$ ); ziprasidone twice daily on days 3 to 7 ( $n=136$ ). Dosing was flexible over weeks 2-6 (olanzapine 5 to 15 mg/day; ziprasidone doses were 12.4 mg for olanzapine and 138.6 mg for ziprasidone (the latter in 2 divided doses daily). Efficacy was measured by the Positive and Negative Syndrome Scale (PANSS), Clinical Global Impression (CGI) severity and improvement scales, Positive and Negative Syndrome Scale (PNSS), Clinical Global Impression (CGI) severity and improvement scales, Positive and Negative Syndrome Scale (PNSS) for Schizophrenia. At study end, there were no significant differences on any rating scale between improvement in the ziprasidone group. At endpoint, 36.8% of the olanzapine group and 48.5% of the ziprasidone group had discontinued. More patients in the olanzapine and ziprasidone groups, respectively, had experienced adverse events that were considered treatment related to dyskinesia, dystonia, or extrapyramidal symptoms. Weight gain amounted to approximately 3 kilograms in the ziprasidone-treated patients, respectively ( $p$  less than 0.0001). Total cholesterol, low-density lipoprotein cholesterol, and triglycerides were significantly higher in the group receiving olanzapine; all the same measures differed significantly ( $p=0.0001$ ;  $p=0.0004$ ;  $p$  less than 0.003, respectively). Fasting serum insulin increased by median 3.3 and 6.0 micromoles per liter in the ziprasidone groups, respectively ( $p=0.051$ ). Prolongation of the QTc interval amounted to 0.52 and 6.08 milliseconds in the olanzapine and ziprasidone groups, respectively ( $p=0.05$ ) (Simpson et al, 2004).

**b)** A multicenter, randomized, double-blind, parallel-group, 28 week study ( $n=548$ ) found that olanzapine had superior psychopathology improvement and higher response and completion rates compared to ziprasidone, while ziprasidone had a more favorable lipid profile. Patients with schizophrenia were randomized to receive olanzapine ( $n=277$ ) 10 to 20 mg/day or ziprasidone ( $n=271$ ) 40 to 160 mg/day. Primary efficacy measure, the Positive and Negative Syndrome Scale total score, showed that the olanzapine group had significantly better improvement than the ziprasidone group ( $p$  less than 0.001). The olanzapine group also showed significant improvement from baseline on the Positive and Negative Syndrome subscales: positive symptoms, negative symptoms, general psychopathology, and total score ( $p=0.003$ ), except for negative symptoms ( $p=0.003$ ). Patients were allowed to take benzodiazepines or hypnotic monotherapy if they required more than two concurrent benzodiazepine hypnotic medications. Significantly more patients in the olanzapine group received a higher dose of a benzodiazepine compared to the olanzapine group (53.5% versus 40.4%;  $p=0.003$ ). Response was significantly higher in the olanzapine group (53.5% versus 42.5%) ( $p$  less than 0.001). There was no significant difference in exacerbation of symptoms between the groups. The olanzapine group had significantly better improvement in the Positive and Negative Syndrome Scale total score by 20% or more and a decrease in the Clinical Global Impression severity score more after week 8 (14.6% olanzapine and 25.3% ziprasidone;  $p=0.06$ ). Significantly more patients in the olanzapine group (42.4%) completed the study ( $p$  less than 0.001). Reasons for discontinuation were only significant for ziprasidone 13.7%;  $p=0.02$ ) and aggravation of psychosis (olanzapine 1.4% versus ziprasidone 4.4%;  $p=0.002$ ). There were no significant differences in body weight and levels of total cholesterol, low-density lipoprotein cholesterol, and triglycerides (all  $p$  less than 0.05) in the olanzapine group than in the ziprasidone group (Breier et al, 2004).

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