

Patient Rights & Responsibilities

Alaska Psychiatric Institute (API)

Questions? Please call Patient Advocate Staff at 269-0341 or 269-7180

You have the Right to:

- ❖ Actively participate in your treatment & discharge plans and have your family or loved ones participate.
- ❖ Know about your medications and potential side effects, *and* you have the right to refuse medications unless it is an emergency or ordered by a Judge.
- ❖ Receive treatment in a safe, respectful, and the least restrictive appropriate setting, Be free from seclusion or restraint *unless* your behavior is a danger to yourself or others.
- ❖ Wear your own clothes, receive and send mail, have visitors, and make and receive phone calls.
- ❖ Have your spiritual and cultural beliefs respected.
- ❖ Have your records and treatment be private, and shared only with your authorization.
- ❖ File a complaint without causing you more problems.
- ❖ At your own cost, have a mental health worker from outside API come see you.
- ❖ Contact any advocacy groups or complaint organizations from outside API (see list below).
- ❖ Have your rights and responsibilities explained to you.
- ❖ Appropriate assessment and management of your pain.
- ❖ Request your preference for the gender of staff providing your intimate care.

It's Your Responsibility to:

- ❖ Provide accurate information about yourself to staff.
- ❖ Conduct your behavior in an appropriate, safe, and non-aggressive manner.
- ❖ Follow the rules of your treatment program.
- ❖ Respect the rights and belongings of others.
- ❖ Participate in your treatment and discharge planning.
- ❖ Take care of your own things and keep them tidy.
- ❖ Keep yourself clean.
- ❖ Learn your rights and responsibilities.

Civil Rights & Alaska Law:

- ❖ By law, a doctor or judge may order restrictions of certain patients' rights for treatment purposes.

To File a Complaint/Grievance/Suggestion:

- ❖ Talk to your doctor or Treatment Team.
- ❖ Fill out a Complaint/Grievance/Suggestion Form and put it in the locked box on your unit.
- ❖ Speak with Recovery Support Services Staff (Mon-Fri 8am-4pm) or the Nursing Shift Supervisor during nights, weekends or holidays.
- ❖ Call your attorney or contact any of the organizations listed below.

External Advocacy and Complaint Organizations

<i>Disability Law Center of Alaska (DLC)</i>	800-478-1234	<i>Office of Children's Services</i>	800-478-4444
<i>Adult Protective Services</i>	800-478-9996	<i>State of AK, Facility Licensing & Certification</i>	888-387-9387
<i>Joint Commission</i>	800-994-6610	<i>AK State Ombudsman</i>	907-269-5290
		<i>Public Defender Office</i>	907-334-2580
		<i>National Alliance on Mental Illness</i>	907-272-0227