

# PsychRights®

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## PsychRights Joins Just Say "Know" to Prescription Drugs Campaign

The Law Project for Psychiatric Rights (PsychRights) announced today that it has joined the Just Say "Know" to Prescription Drugs campaign aimed at getting one million people to stop and reevaluate the medications they are taking. To do this people can download a form from the Just Say "Know" website at <http://www.psychtruth.org/justsayknow.htm> to be sent to their doctor. This is a positive campaign to have people become more informed about the drugs they are taking. The Just say "Know" to Prescription Drugs campaign has scheduled a kick-off press conference at noon Saturday, October 7th at the International Center for the Study of Psychiatry and Psychology (ICSPP) conference on Mental Health and the Law in Washington, DC. <http://psychrights.org/education/ICSPP06/ICSPP06Brochure.pdf>. Jim Gottstein, President and CEO of PsychRights will be speaking at the ICSPP conference.

In remarking on the campaign, Mr. Gottstein said, "The cornerstone of informed consent is knowing the true facts about the drugs you are being prescribed." However, he continued, "Your doctor's failure to be honest about prescribed drugs converts informed consent into battery under the common law."

For example, just yesterday CNN parroted a pharmaceutical industry sponsored study citing a 31% decrease in heart attacks from statins, such as Lipitor. However, as Dr. Darshak Sanghavi of the University of Massachusetts Medical School has recently pointed out this is statistical manipulation. A much more relevant statistic is that they reduce the risk of a heart attack for any given person by only 2.2 percentage points, which means, for every 50 people who take a statin drug for 5 years, only one heart attack will be averted. This doesn't even consider the serious side effects, sometime fatal.<sup>1</sup>

Pharmaceutical company hype of psychiatric drugs is even worse. Careful review of the studies reveal that the neuroleptics are statistically barely, if any, more effective than placebo, while causing brain damage, increasing relapse rates, ruining lives and even killing people.<sup>2</sup>

The Law Project for Psychiatric Rights is a public interest law firm devoted to the defense of people facing the horrors of unwarranted forced psychiatric drugging and other forced psychiatric interventions. PsychRights is further dedicated to exposing the truth about psychiatric interventions and the courts being misled into ordering people subjected to these brain and body damaging drugs against their will. Extensive information about this is available on the PsychRights web site: <http://psychrights.org/>.

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<sup>1</sup> <http://www.slate.com/id/2150354>.

<sup>2</sup> See, <http://psychrights.org/Research/Digest/NLPs/neuroleptics.htm> and <http://psychrights.org/Research/Digest/Chronicity/NeurolepticResearch.htm>.