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Alaska Mental Health Trust Authority
550 W. 7th Avenue, Suite 1820
Anchorage, Alaska 99501

To the Honorable Trustees,

Please accept this letter of support for the following organizations of Alaska that I personally believe are making a difference in the implementation of the many consumer trust beneficiaries needs throughout Alaska at a time when Alaska, is in dire need of the efforts these organizations are exhibiting with their various projects.

On the top of the list is Peer Properties, of Anchorage, Alaska, evidenced in that when I needed to get out of Fairbanks, and come to Anchorage as a consumer who needed more support, I was not made susceptible to homelessness mostly due to my being able to stay there as well as networking with other agencies such as the Alaska Housing Finance where I was already getting help. Since Peer Properties was there for a place to stay while I awaited the paper work necessary to get into my new place, the work load was lowered a bit as well for another agency helping the homeless which ultimately in a high percentage populace of mentally ill and substance abuse clients.

Next but not least as well, would be the MHA AK, Mental Health Advocates of Alaska, of which I am Vice President, and not afraid to toot my own horn. We are an upcoming organization at the grass roots consumer level with nothing to offer monetarily yet, everything to offer from our hearts and minds that will empower the otherwise silent consumers of Alaska, which by the way was and still remains one of the primary recommendations of the President's New Freedom Commission on Mental Health Reform Order of March 29, 2002. MHA AK, is helping implementing what other so far have been unable or unwilling to do for the trust beneficiaries and with your help we will continue to grow into the voices that echo those of the lower forty eight saying we can not wait.

The Ionians, of Ionia, Inc. are next, in that their self-sufficiency and ability to succeed with strong outcomes that represent the positive factors of filial participation and are a wonderful example of what can be done along those lines. They were also extremely helpful in making sure they helped by being mentors of how to arrange travel to the first time I was able to participate on a National Level when I was able through their help to attend the Northwest Regional Achieving the Promise Conference in Seattle, Washington where I learned a lot about the similarities of our nation's consumer needs. I watched the

Ionians who participated positively and respectfully throughout the conference and made me proud they were from Alaska as well.

The Alaska Mental Health Consumer Web, Inc. is a powerful entity that has been a positive encouragement of growth through networking and education for all those of Alaska that care enough to get involved in the participant trust beneficiary needs as well as the helping hand it may add to those professionals who do manage to find the time to get involved, many of you already know of what I speak, it is that pesky little e-mail that sometimes has a consumer voice or two praising this or that or otherwise that occasional complaint in not so many actions but words from consumers who really don't have many venues by which to share their voice. This is truly representative of consumer needs in the technical field of web-generated information with regards to Alaskans as well as the entire nation and the globe.

CHOICES, Inc. by far the most innovative approach to recovery is sure to meet with your approval as well as the recommendations of the President himself someday soon if these ideologies concerning consumer run evidence based objectives in mental healthcare as well as substance abuse recovery issues is supported so that we as Alaskans, a still somewhat small and growing state as far as these issues go, can say we are proud to offer as a template what can work beyond our wildest dreams in recovery rather than the highest rate of suicides in the United States of America presently as listed statistically for our fair state. I would hope that whatever is necessary to make sure this all goes on in full motion onward and upward can be your motto once you see what they are all about and I applaud them.

Lastly, I am humbled to be able to offer my support to one of the most honorable organizations I have ever seen during my life and I am almost fifty years old. I am half a century old and had yet to find anyone as exemplary of such honesty, concerned and willing to not only listen, educate, but to participate and support, encourage even at the most horrible times which occurs to one and all on any given lifetime, this PSYCHRIGHTS deserves not only to be supported, but a entire Nation would do well to educate themselves with the findings of this organization and if this were to happen within the next year I can personally based on the fact that they helped save my life after the suicide death of my only child and the disappearance of my only granddaughter due to being sent out of state, can promise you that many lives will be encouraged rather than ignored, human beings with mental illnesses will be accepted rather than tolerated and many more Public Service Professionals will come to know that the tide can turn both ways.

Consumer Trust beneficiaries trust and need all of the above mentioned organizations whether up and coming newly formed entities or existing former ones, to be supported without question or extreme scrutiny, in that they represent what I believe is the answer to most if not all of our woes in Alaska, the number one in suicide rate in the USA.

Recently I attended the dedication ceremony of the Anchorage Recovery Center, where Governor Murkowski shook my hand with acknowledgement and encouragement and

stated, “ Of course I remember you’re the artist....” Nancy later restated the same with her warm embrace.

8 years ago prior to the years of having come to know all of the above organizations that I support with my life and passion, I would have never dreamed anything as such possible.

Please, let them do this for ALL trust beneficiaries as I understand this to be a fiduciary responsibility you must attend to in the matter of greatest urgency as many Alaskans otherwise not being helped as I was through each and every one of these organizations mentioned above, are dying as we speak, suddenly made silent a voice you shall never hear as strong as mine has become and plans to be heard from more as I send these same recommendations of our participating in the implementation of the NEW FREEDOM COMMISSION on MENTAL HEALTH REFORM of 2002 in 2005 when we recognize the need for consumer based and run organizations, recovery oriented that achieve the evidence such as myself still alive moving onward and upward as well.

SHALOM y GRACIAS A UDS!

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