

THE PEOPLES' CONFERENCE

# EVERYONE IS AT RISK.

## PsychOUT

A CONFERENCE FOR ORGANIZING  
RESISTANCE AGAINST PSYCHIATRY



DIRECT ACTION



DARBY PENNEY



JAMES B. GOTTSTEIN



ROBERT WHITAKER



CROOKED BEAUTY

[www.TheOpalProject.org/psychout.html](http://www.TheOpalProject.org/psychout.html)

This Second Annual PsychOut Conference is hosted by WE THE PEOPLE in remembrance of  
Esmine Green who was murdered-by-neglect  
at Kings County Hospital Center Psychiatric Emergency Room, June 19, 2008.

*The purpose of this global conference is to provide a forum for psychiatric survivors, mad people,  
activists, radical professionals, artists, scholars and students from around the world to come  
together and share experiences of organizing against psychiatry.*

### DIRECT ACTION: DEMONSTRATION AND VIGIL IN REMEMBRANCE OF ESMINE GREEN

Kings County Hospital Center Psychiatric Emergency Room 410 Winthrop Street, Brooklyn, NY

JUNE 19, 2011 2 - 10 PM

CONFERENCE JUNE 20 -21, 2011 (9AM-9PM; 9AM- 6PM)

Graduate School and University Center, City University of New York 365 Fifth Avenue, New York, NY

*Sponsored by the PhD Program in Environmental Psychology  
at the Graduate School and University Center, City University of New York*



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# EVERYONE IS AT RISK.



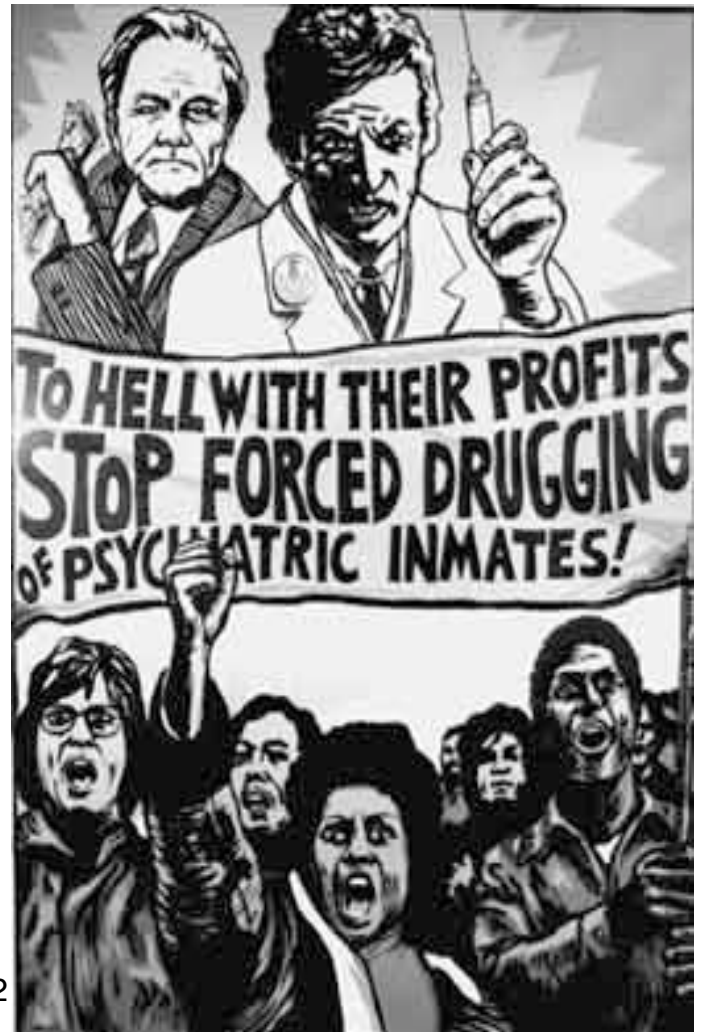
## Conference Schedule At-A-Glance

### Day 1 June 20th

|          |                                    |
|----------|------------------------------------|
| 9AM      | Registration and Networking        |
| 10AM     | Conference Welcome/Opening Remarks |
| 10:15 AM | Keynote: Darby Penney (confirmed)  |
| 11AM     | Break                              |
| 11:15AM  | Workshop Session 1                 |
| 12:45PM  | Lunch (On you own)                 |
| 2:00PM   | Workshop Session 2                 |
| 3:30PM   | Workshop Session 3                 |
| 5:00PM   | Dinner (on your own)               |
| 6:00PM   | Movie                              |
| 7:30-9PM | Speak-Out Action Planning Part 1   |

### Conference Day 2 June 21st

|         |  |
|---------|--|
| 9AM     | Registration & Networking                |
| 10AM    | Opening Day 2                            |
| 10:15AM | Keynote: Robert Whitaker (Confirmed)     |
| 11AM    | Break                                    |
| 11:15AM | Workshop Session 4                       |
| 12:45PM | Lunch (On your own)                      |
| 2PM     | Keynote: Jim Gottstein (confirmed)       |
| 2:45PM  | Workshop Session 5                       |
| 4:30PM  | Speak-Out Action Planning wrap-up Part 2 |
| 6:00PM  | Conference close                         |



THE PEOPLES' CONFERENCE



**HAVE YOUR VOICE HEARD!!!**

**PARTICIPATE IN THE  
OPEN MIC PERFORMANCES  
SLAM POETRY. SING,  
SHOW OFF YOUR TALENTS!**

**AND/OR**

**SHARE YOUR THOUGHTS ON ORGANIZING  
RESISTANCE AGAINST PSYCHIATRY DURING  
THE SPEAK OUTS!**

**SIGN UP AT THE REGISTRATION TABLE**

**OPEN MIC PERFORMANCES**

**JUNE 21, 2011 3-4:30**

**WORKSHOP SESSION 5**

**AUDITORIUM**

**SPEAK OUTS**

**JUNE 20, 2011 7:30 - 9PM AUDITORIUM**

**JUNE 21, 2011 4:30 -6PM AUDITORIUM**



# KEYNOTE::: Darby Penney

## Interrupting the Cycle of History

### 6/20/11 10 AM

Darby Penney is a long-time activist in the human rights movement for people with psychiatric labels and is co-author, with

Peter Stastny, of *The Lives They Left Behind: Suitcases from a State Hospital Attic* (Bellevue Literary Press, 2008).



Darby Penney

the perspectives of people with psychiatric histories into the policy-making process. She also served as OMH Director of Historical Projects, where she worked on state hospital cemetery restoration, oral history projects, and the Suitcase Project.

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THE LIVES  
THEY LEFT  
BEHIND

SUITCASES  
FROM A  
STATE  
HOSPITAL  
ATTIC



DARBY PENNEY  
and  
PETER STASTNY

Photographs  
by  
LISA RINZLER

Copyrighted Material

She is a Senior Research Associate with Advocates for Human Potential, Inc., where she currently works on projects related to trauma-informed practices. She is president of The Community Consortium, a non-profit organization of psychiatric survivors and their allies.

Darby was formerly Director of Recipient Affairs at the New York State Office of Mental Health, where she brought

In 2005, she was honored for her social justice work by being named a Fellow of the Petra Foundation. An Albany, NY, resident, Darby received a 2007 fellowship in Nonfiction Literature from the New York Foundation for the Arts.



Darby Penney at 1-11-11  
**WE SPEAK FOR OURSELVES,**  
*The Egg, NYS*

# *Crooked Beauty*



**Crooked Beauty chronicles artist-writer Jacks McNamara's transformative journey from psych ward patient to pioneering mental health advocacy.**

**This poetic documentary reshapes mental health stigmas and stereotypes into a new healing culture and political model for living with madness as a tool of creativity, inspiration and hope.**

**[www.crookedbeauty.com](http://www.crookedbeauty.com)**

**FILM & DISCUSSION WITH  
SAN FRANCISCO BASED FILM MAKER, KEN PAUL ROSENTHAL**

**AUDITORIUM**

**6/20/11**

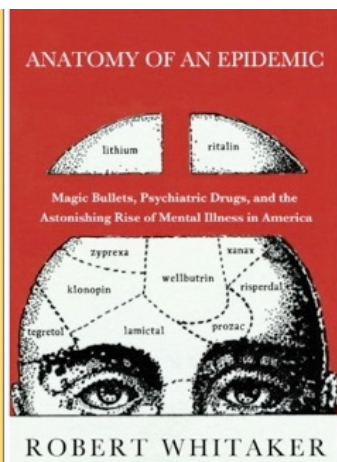
**6 PM**



# KEYNOTE::: Robert Whitaker

## ANATOMY OF AN EPIDEMIC: History, Science, and The Story of How the Medical Model Has Failed Us All 6/21/11 10:15AM

Robert Whitaker is the author of four books.



His first, *Mad in America: Bad Science, Bad Medicine and the Enduring Mistreatment of the Mentally Ill* was named by *Discover* magazine as one of the best science books of 2002, while the American Library Association named it one of the best history books of that year. His second, *The Mapmaker's Wife: A True Tale of Love, Murder and Survival in the Amazon*, was named by the American Library Association as one of the best biographies of 2004.

It was translated into eight foreign languages. In 2008, Crown published *On the Laps of Gods: The Red Summer of 1919 and the Struggle for Justice that Remade a Nation*, which the *San Francisco*

the Anthony J. Lukas work-in-progress prize.

His newest book, *Anatomy of an Epidemic: Magic Bullets, Psychiatric Drugs, and the Astonishing Rise of*

*Mental*

Prior to writing books, Robert Whitaker worked as the science and medical reporter at the *Albany Times Union* newspaper in New York for a number of years. His journalism articles won several national awards, including a George Polk award for medical writing, and a National Association of Science Writers' award for best magazine article. A series he co-wrote for *The Boston Globe* was named a finalist for the Pulitzer Prize in 1998.

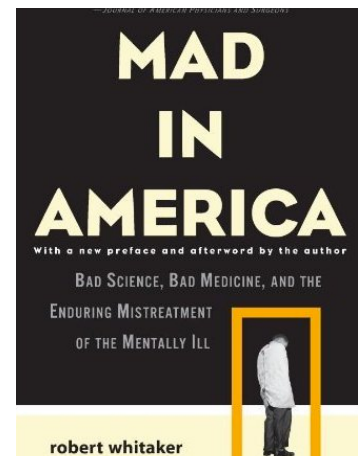


Robert Whitaker

*Chronicle*

selected as one of the best 50 non-fiction books of that year. *On the Laps of Gods* was also awarded

*Illness in America*, was published by Crown in the spring of 2010.



## KEYNOTE:::

# James (Jim) B. Gottstein, Esq.

## PsychRights Strategic Approach to End Psychiatric Oppression

### 6/21/11 2 PM



Jim Gottstein

**PsychRights®**  
Law Project for  
Psychiatric Rights

[www.psychrights.org](http://www.psychrights.org)

**Jim Gottstein** is a Harvard Law School graduate, who has practiced law in Alaska for over 30 years. Since its founding in late 2002, he has devoted the bulk of his time *pro bono* (without pay) to the Law Project for Psychiatric Rights (**PsychRights**) whose mission is to mount a strategic litigation campaign against forced psychiatric drugging and electroshock in the United States. Mr. Gottstein has won reversal of four trial court decisions running roughshod over people's rights in these proceedings

through appeals to the Alaska Supreme Court, including three on constitutional grounds. These decisions substantially limit the State's legal right to lock up and drug people labeled as mentally ill against their will. Mr. Gottstein is perhaps best known for subpoenaing and **releasing the "Zyprexa Papers,"** which documented Eli Lilly's suppression of information about Zyprexa causing diabetes and other metabolic diseases and illegal off-label promotion; Eli Lilly eventually paid \$1.4 billion in criminal and civil penalties (of which Jim received none). Currently, Mr. Gottstein is spending most of his time on **PsychRights' Medicaid Fraud Initiative Against Psychiatric Drugging of Children and Youth.** While Jim concentrates on United States' legal efforts to end psychiatric oppression, he has also worked with people from other countries and believes international law is a potentially powerful tool to curtail psychiatric oppression. In addition to his legal advocacy, Jim has co-founded a number of psychiatric survivor run organizations, including the **Alaska Mental Health Consumer Web**, **CHOICES, Inc.**, **Soteria-Alaska**, and Peer Properties, which as a whole created non-coercive, non-medical model options in Alaska.







## Conference Schedule

### Day 1 June 20<sup>th</sup>

Conference Registration/Networking 9-All Day Concourse Lobby

Opening remarks 10

Keynote- Darby Penney  
Interrupting the Cycle of History 10:15

### Session 1- Performances and Showings 11:15 – 12:45

Kestryl Lowrey Performance Auditorium

348

In this critically acclaimed solo performance, transgender teenage rebel Cael cannot catch a break. Her Hot Topic proclivities land him in a lock-down institution that borrows discipline from Guantanamo and staff from the Church of Latter Day Saints. As Cael realizes why her mother locked him up, she wrestles with retribution, isolation, atonement and the meaning of madness in America.

Wallace Malay Toronto, Canada Concourse Lobby

Stigma  
Showing and discussion of stigma painting

**Lunch Break (On Your Own) 12:45- 1:45**

**Session 2- Workshop Panels 2:00-3:30**

**Alternatives/Innovative Approaches to Healing Panel 1 Room C201**

The Power of Dialogue: Envisioning and Creating Alternative Client-Centered Therapy.  
Keith Cunningham Toronto, Canada

Replacing the Medical Model of Psychiatry and Psychology with a Coaching Model of Psychology  
Harry Bentivegna Lichtenstein New York, USA

**Human Rights/ADA/CRPD Panel 1 Room C202**

ADA and Psychiatric Disabilities

Overview of UN Convention on the Rights of Persons with Disabilities as it pertains to psychiatrically labeled persons

Tina Minkowitz, Esq. New York, USA





### **Challenging the Power/ Anti-Psychiatry Panel 1 Room C203**

Social Work Programs: Valuing Social Justice or Promoting Social Exclusion?  
Jenna Reid Toronto, Canada

Strategizing to Ban Electroshock  
Helene Grandbois, Activist to Ban Electroshock Quebec, Canada

### **Consciousness Raising Initiatives Panel 1 Room C204**

Student Behavior Threat Assessment Teams and Their Misuse on College Campuses  
Tina M. Bonneau

Pediatric Bipolar and the Media of Madness  
Jonah Bossewitch The Icarus Project New York, USA

### **Cultural Diversity Panel 1 Room C205**

Resisting Representations of "Tiger moms": Mapping and decolonizing how we understand racial hybridity for critical interventions in Multicultural Mental Health  
Louise Tam Toronto, Canada

The Invisible Straight Jacket: Theorizing and Teaching Saneism and Sane Privilege  
PhebeAnn Wolframe Hamilton, Canada

### **Session 3- Workshop Panels 3:30-5:00**

#### **Alternatives/Innovative Approaches to Healing Panel 2 Room C201**

Partners in Crime: An In-Depth Discussion of Unhealthy Connections between Food, Mood and Mental Health Systems  
Emma Heath-Engel Hamilton, Canada

The Therapeutic Possibilities of Being Unproductive  
Dr. Bradley Kaye New York, USA

#### **Human Rights/ADA/CRPD Panel 2 Room C202**

The Sense of Sensitivity- on repealing "Insanity" Plea  
April Scheller Connecticut, USA

Using Law to Defend Rights of People with Psychiatric Disabilities or Sue the Bastards: lessons from 3 Decades of Litigation against Involuntary Commitment  
Aaron Frishberg, Esq. New York, USA



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## Challenging the Power/Anti-Psychiatry Panel 2

Room C203

Benzodiazepine Addiction in the Psychiatric Community  
Amy Upham New York, USA

Doctors, Patients, and Suicide: Symptoms of a "Sick" Society  
Adinah Caro-Greene, BA

## Consciousness Raising Initiatives Panel 2

Room C204

The Impact of Violence, Society, and psychiatry on Women and Children: Changing attitudes and policies to create change.  
Meghan Hogg Toronto, Canada

Creating a Space for Dialogue Between Psychiatrized Children and Youth and Adult Members of the Psychiatric Survivor, Anti-psychiatry and Mad Communities  
Brenda LeFrancois Canada

## Cultural Diversity

Room C205

The Out Crowd- Mask Making  
LGBTQ Group Recovery Empowerment Network  
Elizabeth Johnson Arizona, USA

## Dinner Break (On Your Own)

5:00-6:00

## Movie Viewing and Discussion Auditorium

6:00-7:15

Crooked Beauty: Navigating the Space between Brilliance  
Ken Paul Rosenthal- Film Maker California, USA

## Speak-Out and Action Planning Part 1

7:15-9:00 Auditorium







## Conference Schedule

### June 21<sup>st</sup> Day 2

Conference Registration/Networking 9-All Day Concourse Lobby

Magic Act- Vince Boehm Delaware, USA 10 Auditorium

Keynote 10:15 Auditorium

Robert Whitaker

Anatomy of An Epidemic:

History, Science and The Story of How the Medical Model Has Failed Us All

### Session 4-Workshop Panels

11:15-12:45

#### Performance

Auditorium

Revealing Bigotry: The National Theatre School of Canada

Araxi Arslanian Toronto, Canada

### Alternatives/Innovative Approaches to Healing Panel 3 Room C201

The Goals of the Foundation for Excellence in Mental HealthCare: Building a new Humane Paradigm of care

Robert Whitaker Massachusetts, USA

Hope's Door- Peer Support

Ann Rider, Recovery Empowerment Network Arizona, USA

### Human Rights/ADA/CRPD Panel 3

Room C202

Psychiatric Torture and Violence against Prisoners, Liberty and Justice for All, Human Rights and Advocacy

Daniel Hazen, Voices of the Heart New York, USA

Developing an Inclusive position on psychiatric drugs

Tina Minkowitz, Esq. New York, USA



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## Challenging the Power/Anti-Psychiatry Panel 3 Room C203

On the Importance of "Being Compliant"  
Lisa Greco-Joseph New York, USA

PSYCHIATRYLAND: How to Protect Yourself from Pill-Pushing Psychiatrists and Develop a Personal Plan for Optimal Mental Health  
Dr. Phillip Sinaikin, MD Florida, USA

## Cultural Diversity Panel 2 Room C205

From Patient to Citizen: A Reflection on Mental Health Movement in Taipei  
Shulan Tien Taipei, Taiwan

Creation of New Services, an abstract from Iceland  
Elin Ebba Asmundsdottir, Univ Akureyri, Iceland

## Lunch Break (On Your Own) 12:45-1:45

**Keynote** 2:00-2:45 Auditorium  
**James (Jim) B. Gottstein**  
**PsychRights' Strategic Approach to End Psychiatric Oppression**

## Session 5- Workshop Panels 3:00-4:30

**OPEN MIC** Auditorium  
Poetry, slam poetry, sing, dance, perform show us your stuff!  
Hosted by: Laura Ziegler Vermont, USA

## Alternatives/Innovative Approaches to Healing Room C201

From what's wrong? To What happened?: Moving Towards Trauma-Informed Holistic Approaches  
Eva Dech & Dally Sanchez New York, USA

Proposal for Centres for Sustainable and Creative Maladjustment  
Emma Heath-Engel Hamilton, Canada

## Human Rights/CRPD/ADA Room C202

The Illegality of Psychiatric Imprisonment, Forced Drugging and Forced Electroshock in the United States  
James (Jim) b. Gottstein, Esq. Alaska, USA

What Would It Take to Repeal Mental Health Laws?  
Tina Minkowitz, Esq. New York, USA



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## Consciousness Raising Initiatives

Room C204

Dispelling the Myth of "Mental Illness": Hormone Imbalances, Memory, and Trauma  
Sheila Sullivan Massachusetts, USA

Working as a MH provider from a Non-medication perspective within a medical model environment:  
How to provide services with integrity and change the system from within.

Jennifer Kinzie New York, USA

## Cultural Diversity Panel 3

Room C205

The Cultural Legacy of Shame  
Tania Jivraj Toronto, Canada

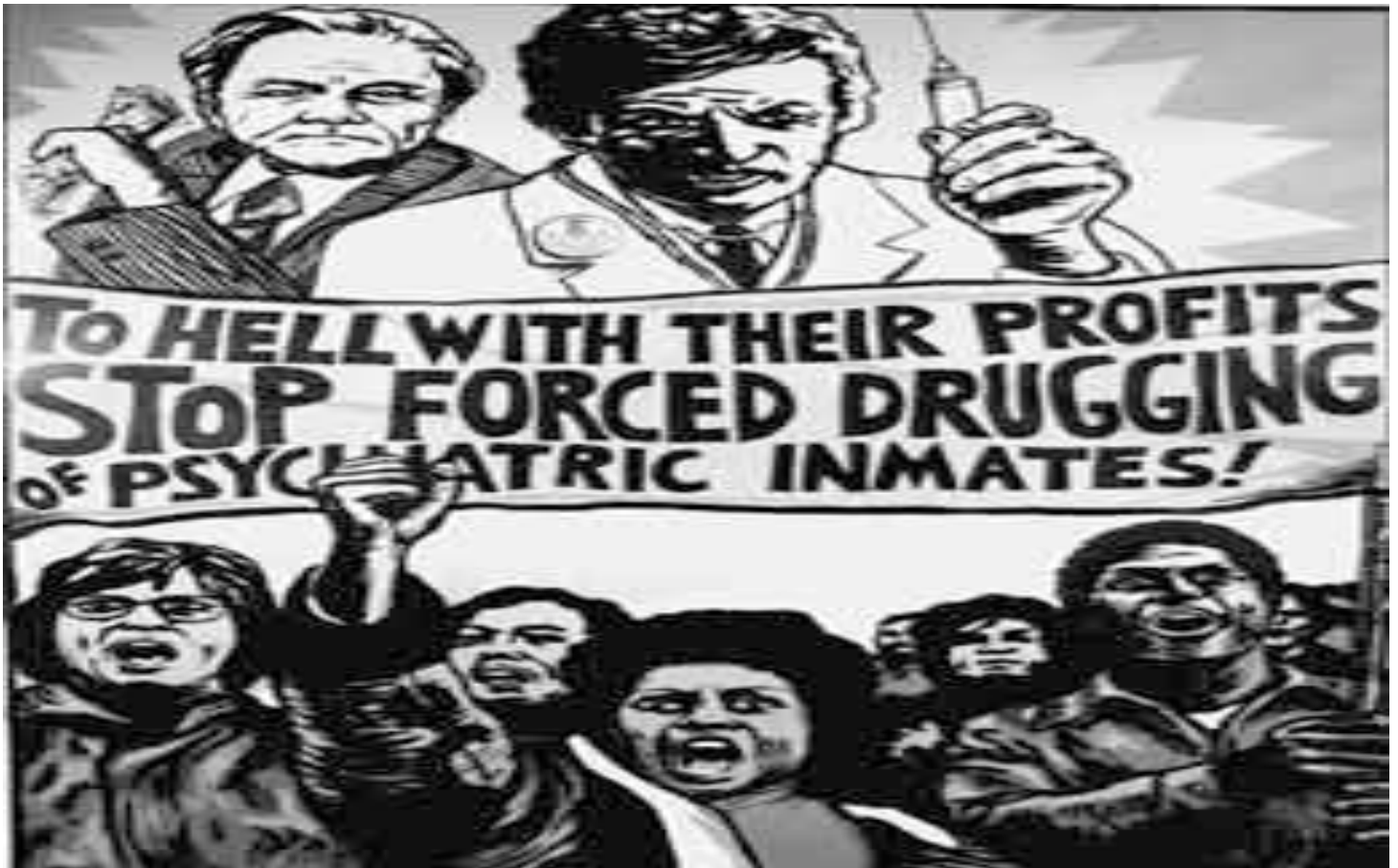
Religious Minorities, Dietary Restrictions and the Psychiatric System  
Beth (Malka) Wendy Grundfest New York, USA

## Speak-Out and Action Planning Part 2

4:30-6:00

Discussion by: Eileen McGinn

**STOP**  
the use of  
**SHOCK**  
**TREATMENT**  
on children





## THE PEOPLES' CONFERENCE



## HAVE YOUR CAKE AND EAT IT TOO!

**Trains  
Stations  
Nearby**

1,2,3,A,C,E  
34<sup>th</sup> St – Penn  
Station

N,Q,R,B,D,F,  
M 34<sup>th</sup> St –  
Herald Sq

4,5,6 Grand  
Central –  
42<sup>nd</sup> St

4,6 28<sup>th</sup> St &  
Park Ave

4,6 33<sup>rd</sup> St &  
Park Av

**Fast Food**

**Maui Taco**  
330 5<sup>th</sup> Ave

**Qdoba Mexican  
Grill**  
208 E 34<sup>th</sup> St

**Shake Shack**  
11 Madison Ave  
Madison Park

**White Castle**  
525 8<sup>th</sup> Ave

**Supermac**  
348 7<sup>th</sup> Ave

**Burger King**  
255 West 34<sup>th</sup> St

**KFC**  
47 E 42<sup>nd</sup> St

**McDonald's**  
401 Park Ave  
South  
280 Madison Ave  
451 Lexington Ave  
335 8<sup>th</sup> Ave

**Dimple Indian  
Fast Food**  
11 West 30<sup>th</sup> St

**Energy Kitchen**  
300 East 41<sup>st</sup> St

**Wendy's**  
447 Lexington Ave

**New York Burger  
Co.**  
303 Park Ave

**BAR/  
RESTAURANTS**  
**T.G.I. Fridays**  
761 7<sup>th</sup> Ave  
484 8<sup>th</sup> Ave

**Woody McHale's  
Bar & Grill**  
234 W 14<sup>th</sup> St

**Dave and Busters**  
234 W. 42<sup>nd</sup>

**Applebee's  
Neighborhood  
Grill**  
205 W. 50<sup>th</sup> St

**O'Reilly's Pub**  
35<sup>th</sup> between 5<sup>th</sup>  
& 6<sup>th</sup> Ave

**COFFEE**  
**Madison Bistro**  
238 Madison Ave

**Penelope Café**  
159 Lexington Ave

**Bread Factory  
Café**  
470 Fashion Ave

**Melanie Café**  
177 Madison Ave  
**Starbuck's**  
350 5<sup>th</sup> Ave  
200 Madison Ave

**GC EXPRESS**  
1<sup>st</sup> floor of the  
Graduate Center

**PIZZA**  
**Two Boots Grand  
Central**  
109 E. 42<sup>nd</sup> Ave  
**LaBella – New  
York**  
581 2<sup>nd</sup> Ave

**99 Fresh Pizza**  
151 E. 43<sup>rd</sup>. St  
**Redstone Pizzeria**  
500 Lexington Ave

**HOT DOGS/  
PRETZLES/  
GYROS/  
DELIS/  
SUBWAYS**

**ON EVERY  
CORNER.**

**THE  
EMPIRE  
STATE  
BUILDING IS  
ACROSS  
THE  
STREET  
(5TH  
AVENUE  
BETWEEN  
34 & 33  
STREETS.)**

**FOOD FOOD FOOD FOOD FOOD FOOD FOOD FOOD FOOD**