From: Tina Minkowitz <tminkowitz@earthlink.net>

Date: July 15, 2008 10:25:29 AM EDT

To: Tina Minkowitz <tminkowitz@earthlink.net>

Subject: Questionnaire to use for psychiatric torture

Dear friends,

For those of you that are interested in bringing instances of psychiatric torture to the attention of the United Nations, here is the information from the website of the UN Office of the High Commissioner for Human Rights, on how to communicate with the Special Rapporteur on Torture, including a model questionnaire.

As you know, this is in large part about forced drugging and forced electroshock, as well as restraint, isolation, long-term institutionalization and short-term indefinite detention - all practices that cause severe pain and suffering and that survivors have long identified as torture or cruel, inhuman and degrading treatment. Please note also (for lawyers especially) that practices constituting cruel, inhuman and degrading treatment, as well as torture per se, qualify for communication to the Special Rapporteur.

This follows on a meeting that was held last year, sponsored by the United Nations Office of the High Commissioner for Human Rights, at which I spoke about forced psychiatric procedures as a form of torture; the Special Rapporteur and members of the Committee Against Torture were present at that meeting. My presentation was focused on legal arguments and we need to have facts and specific cases that will give the Special Rapporteur a base of information on which to take action.

If you would like to see my presentation or other background materials, please let me know and I will forward them to you.

In the questionnaire below, I have highlighted in bold the minimum information that must be provided (the rest is optional), and also put my own interpretation in square brackets of how some of the items might apply in the psychiatric context.

Best wishes,

Tina Minkowitz, Esq.
Center for the Human Rights of Users and Survivors of Psychiatry 44 Palmer Pond Rd.
Chestertown, NY 12817

Model questionnaire to be completed by persons alleging torture or their representatives

Information on the torture of a person should be transmitted to the Special Rapporteur in written form and sent to:

Special Rapporteur on Torture c/o Office of the High Commissioner for Human Rights United Nations Office at Geneva CH-1211 Geneva 10, Switzerland

E-mail: urgent-action@ohchr.org

Although it is important to provide as much detail as possible, the lack of a comprehensive accounting should not necessarily preclude the submission of reports. However, the Special Rapporteur can only deal with clearly identified individual cases containing the following minimum elements of information:

- a. Full name of the victim;
- b. Date on which the incident(s) of torture occurred (at least as to the month and year);
- c. Place where the person was seized (city, province, etc.) And location at which the torture was carried out (if known);

[e.g. name and address of psychiatric facility, or if outpatient commitment, if at home or in outpatient clinic]

- d. Indication of the forces carrying out the torture; [e.g. were they employees of public hospital, private hospital, etc.]
- e. Description of the form of torture used and any injury suffered as a result; [e.g. forced drugging (name of drug if known), forced electroshock, restraint, etc. I consider "forced" to also mean coerced, deceptive, etc., anything less than your own free and informed choice; and the injury/trauma suffered as a result]
- f. Identify of the person or organization submitting the report (name and address, which will be kept confidential).

Additional sheets should be attached where space does not allow for a full rendering of the information requested. Also, copies of any relevant corroborating documents, such as medical or police records should be supplied where it is believed that such information may contribute to a fuller accounting of the incident. Only copies and not originals of such documents should be sent.

- I. Identity of the person(s) subjected to torture
- A. Family Name
- B. First and other names
- C. Sex: Male Female

F. What was believed to be the purpose of the torture?
G. Was the victim examined by a doctor at any point during or after his/her ordeal? If so, when? Was the examination performed by a prison or government doctor?
H. Was appropriate treatment received for injuries sustained as a result of the torture?
I. Was the medical examination performed in a manner which would enable the doctor to detect evidence of injuries sustained as a result of the torture? Were any medical reports or certificates issued? If so, what did the reports reveal?
J. If the victim died in custody, was an autopsy or forensic examination performed and which were the results?
III. Remedial action
Were any domestic remedies pursued by the victim or his/her family or representatives (complaints with the forces responsible, the judiciary, political organs, etc.)? If so, what was the

result?

- IV. Information concerning the author of the present report:
- A. Family Name
- B. First Name
- C. Relationship to victim
- D. Organization represented, if any
- E. Present full address