FAITH MYERS 3/5/2003

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wrk of the Trial Courts

IN THE SUPERIOR COURT FOR THE STATE OF ALASKA

THIRD JUDICIAL DISTRICT

IN THE MATTER OF F.M.

3AN-02-00277 CI

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VOLUME I

TRANSCRIPT OF PROCEEDINGS

March 5, 2003 -- Pages 1 through 198

March 10, 2003 -- Pages 198 through 223

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	Dage 1
HEARING REGARDING BURDEN OF PROOF THAT DEFENDANT IS MENTALLY ILL AND REGARDING ADMINISTRATION OF MEDICATION BEFORE THE HONORABLE MORGAN CHRISTEN Anchorage, Alaska March 5, 2003 APPEARANCES: FOR THE PLAINTIFF: Jeff Killip Assistant Attorney General State of Alaska 1031 West 4th Avenue, Suite 200 Anchorage, Alaska 99501 FOR THE DEFENDANT: James B. Gottstein 406 G Street, Suite 206 Anchorage, Alaska 99501	 Page 1 P R O C E E D I N G S 4403-41 8:52:51 AM THE COURT: We're on record in Case No. 3AN-03-277. It's a case regarding Faith Myers. Mr. Gottstein, before I go any further, I'll just state your appearance. Mr. Gottstein is present, for the record, as is Mr. Killip for the State. Your client requested this be an open hearing, is that correct? MR. GOTTSTEIN: That's correct. She's not here yet, though, and she's supposed to be here. So, I don't know what the hang-up is. Dr. Kletti, wasn't she? THE COURT: Right. She has the right to be present. DR. KLETTI: Right. She was scheduled for transportation to court this morning. THE COURT: I was told that you all were ready. I didn't realize that you weren't. We need to wait for her. So we'll go ahead and go back off record and do that. Well, actually, maybe I'll take up some housekeeping, first, but we're not going to proceed in substance with her, certainly. I just have the one exhibit list. Counselor, do you have MR. GOTTSTEIN: The respondent's? THE COURT: Yes. Do you have an exhibit list, Mr.
<section-header><section-header><section-header></section-header></section-header></section-header>	 Page 2 Killip? MR. KILLIP: Your Honor, given the accelerated pace, the witnesses just showed up. I had a chance to speak with one for almost an hour yesterday, but there are two more I haven't had a chance to talk with and one of them presented me with some photographs. I don't have an exhibit list that I've generated yet, but I can do it right now. THE COURT: Okay, that's fine. We can do it when we go off record for a minute. As long as Mr. Gottstein has it and has a chance to take a look, that's fine. MR. GOTTSTEIN: Your Honor, I would note under AS 47.37.30(a)(6) that the petition must list the prospective witnesses who will testify in support of commitment or involuntary treatment, and only Dr. Hanowell was listed. And I would object to any witness other than the one specifically listed testifying. THE COURT: All right. The objection is noted, but again, I'm not going to make any substantive ruling until your client gets here. My intention is to stay on record just to get some housekeeping taken care of. MR. GOTTSTEIN: Can I respond to that, Your Honor? THE COURT: No, not yet. MR. GOTTSTEIN: Okay. THE COURT: Because we're not going to get into

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Page 167	Page 169
 THE COURT: Mr. Gottstein? DIRECT EXAMINATION (continued) BY MR. GOTTSTEIN: Q Yeah. Dr. Jackson, can you explain why you failed the exam? Or, you were failed, I guess I should say. A Well, the Board of Examiners does not send you any kind of feedback, but I was subjected to quite intense cross-examination as to why I would not give a patient with psychotic symptoms medication for life. And I had done extensive research up to that point to prepare myself for for my philosophy of treatment. And I was not willing to purger myself in the cross-examination process of board certification exam, so I did not pass that exam. Q What do you mean by that? You were not prepared to purger yourself? A I could have lied. I could have told the examiners that the woman in the videotaped interview, who had previously had a case of schizophrenia, needed to be on medication for life, which is what they were attempting to get out of me. Because they kept saying, well, she told 	 phone. Do you want me to have him call back in 10 minutes, or what do you want to do? MR. GOTTSTEIN: Grace, can you? Let's take Dr. Mosher. THE COURT: That's your preference? MR. GOTTSTEIN: Yes. THE COURT: Ma'am, I'm very sorry to do this. We've been trying to get Dr. Mosher on the line, and the witnesses we typically go in order. And he was not available by phone. I've just received an email that he's called back in. DR. JACKSON: That's absolutely fine. THE COURT: All right. I appreciate it very much. DR. JACKSON: Would you like me you'll call me back? THE COURT: Yes. DR. JACKSON: Okay. Thank you. THE COURT: You bet. Dr. Mosher, can you hear me? DR. MOSHER: Yes. Long distant, but I can hear you. THE COURT: All right. I'll try to speak into the
 21 you that she had previously been on these medicines. Why 22 won't you give them to her now? And I had done a great 23 deal of research and had very good reasons why I would not 24 continue a person, necessarily on life-long medication. 25 But that, apparently, was not the answer that they were 	 21 microphone more clearly. My name is Morgan Christen. I'm 22 a superior court judge and I'm assigned to this case. I 23 have you on a speaker phone on an overhead in the 24 courtroom, sir. And Mr. Gottstein has asked that you 25 testify. Are you able to do that at this time?
Page 168	Page 170
 Page 168 looking for. I should say that my passed portion of the exam, which was based on a live patient interview in the morning, was based I passed that exam, and the reason for that or the tone of that was actually quite different. My examiners were more psycho-dynamically oriented individuals, and they accepted the fact that a life-long medication strategy was not necessarily in the best interest of all patients. So, the board certification process, itself, is extremely relative. I would expect to encounter the exact difficulties when I sit for the examination again and I will give the same answers, based on the same scientifically-based knowledge. THE COURT: I'll accept this witness as an expert and weigh her testimony accordingly. Q Dr. Jackson, did you prepare a report and sign an affidavit well excuse me, Your Honor. THE COURT: That's okay. But could you get closer to the microphone? Q Yes. Did you notarize a statement have notarized a statement in preparation for this hearing? A Yes, I did. THE COURT: Mr. Gottstein, I'm sorry to do this to 	Page 170 DR. MOSHER: Well, I guess. I didn't prepare must, but anyway, I'll do my best. THE COURT: All right. That's fine. I need to have the oath administered to you. Could you please raise your right hand? DR. MOSHER: Okay. THE CLERK: Do you swear or affirm that the information you are about to give in this matter before the court is the truth, the whole truth, and nothing but the truth? DR. MOSHER: I do. THE COURT: Sir, could you please state your full name and spell your last name? DR. MOSHER: It's Loren Mosher, M-O-S-H-E-R THE COURT: All right. Thank you. Mr. Gottstein, you may inquire. DR. LOREN MOSHER testified as follows on: DIRECT EXAMINATION DY MR. GOTTSTEIN: Q Dr. Mosher, I can't express my appreciation enough for your willingness to testify after just getting back from Germany yesterday, and I just felt like I wanted to express that.

44 (Pages 167 to 170)

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Page 171	Page 173
 represented that you would have it notarized and send it. Is that true? A I just did that. It should be there tomorrow afternoon. Q Thank you. Could you briefly because we've got a total of, I think 28 minutes left in this whole hearing, including to hear from Dr. Jackson discuss your credentials, please? A I graduated from Stanford as an undergraduate, Harvard Medical School, Harvard psychiatric training, more training at the National Institute of Mental Health, post- doctoral fellowship in England, professor assistant professor of psychiatry at Yale I'm sort of going chronologically from '68 to '80 I was the chief for the Center for Studies of Schizophrenia, at the National Institute of Mental Health from 1980 to '88 I was professor of psychiatry at the Uniform Services University of the Health Sciences in Bethesda, Maryland. That's a full-time, tenured, academic position. '88 to '96 I was the chief medical director of the Montgomery County Maryland Public Mental Health System. That's a bedroom community to Washington, D.C. From '96 to '98 I was clinical director of the San Diego County Public Mental Health System. Since November of '98 I have been the director and principle in Satiria (ph) Associates, a 	 longer represented my interested and the \$1,000 a year that I was paying for them was just basically a waste of money, while they pursued their own interests to the detriment of what I consider to be the people they should be pursuing an interest for, and that's their patients. So anyway, I'm not a member. I resigned in December of 1998. Q So, is it fair to say that you have a philosophical disagreement with their approach, presently? A Well, yeah. I don't like how they do business. Q When you say do business, you mean practice psychiatry in the United States? A Well, we could take up the next half hour on that subject, but basically I feel that they have taken the person out of psychiatry and psychiatry has is now a dehumanizing, impersonal, non-individualized specialty that's big, broad brush strokes, but that's obviously that's not true of every single one, but that's my complaint about the organization. Q Okay. A There's a if you want to read my letter of resignation, you can look on my web site. Q Okay, thank you. THE COURT: Any objection?
 Page 172 private consulting firm that I formed, and I also hold clinical professorships at the University of California San Diego School of Medicine, and at the Uniform Services University of the Health Sciences in Bethesda, Maryland. So that's briefly my credentials. Q Dr. Mosher, did you mention being head of schizophrenia research at the National Institute of Mental Health? A Yeah, I said I was the head of the Center for Studies of Schizophrenia from 1968 until 1980. Q Okay. I move to qualify Dr. Mosher as an expert psychiatrist, especially in schizophrenia. MR. KILLIP: Your Honor, just a couple questions. VOIR DIRE EXAMINATION BY MR. KILLIP: Q Dr. Mosher, Jeff Killip with the Alaska Attorney General's Office. I just want to ask you if you are currently board certified in psychiatry? A I've been board certified since 1969. Q Okay. And are you currently a member in good standing with the American Psychiatric Association? A No, I am not. I resigned from the American Psychiatric Association. Q And do you have a reason for that? S A Yes, I have a reason for it. I felt like they no 	 MR. KILLIP: No. THE COURT: All right. This witness will be qualified Q Thank you, Dr. Mosher. In the first sentence of the introduce of your affidavit on page two, you talk about the biomedical model. I was going to ask you what you mean by that. Have you already answered that, or would you like to expand on that? A Well, you know, what I mean by that is the phrase is currently being used that, let's take, for example, schizophrenia is a brain disease. Well, that's a perfect example of the medical model of the biomedical model. When whereas, there is no evidence that schizophrenia is, in fact, a brain disease. And so a hypothesis that schizophrenia is a brain disease, has been converted into a biomedical fact. And I disagree with converting hypotheses into beliefs in the absence of supporting evidence. Q Okay, thank you. Now, in your opinion, is medication the only viable treatment for schizophrenia paranoid type? A Well, no, it's not the only viable treatment. It is one that will reduce the so-called positive symptoms, the symptoms that are expressed outwardly for those kinds of folks. And that way they may seem better, but in the long

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45 (Pages 171 to 174)

46 (Pages 175 to 178)

1	Page 175 run, the drugs have so many problems, that in my view, if	Page 177 1 A Well, it's just, you know, the degree to which you
23	you have to use them, you should use them in as small a dose for as short a period of time as possible. And if	 have to force people to do anything MR. KILLIP: Your Honor, I'm going to object.
4	you can supply some other form of social environmental	4 A is the degree to which it's going to be very
5	treatment family therapy, psychotherapy, and a bunch of	5 difficult to forge a good therapeutic relationship. And
67	other things, then you can probably get along without using them at all, or, if at all, for a very brief period	6 in the field of psychiatry, it is the therapeutic7 relationship which is the single most important thing.
8	of time. But you have to be able to provide the other	8 And if you have been a cop, you know, that is, some kind
9	things. You know, it's like, if you don't have the other	9 of a social controller and using force, then it becomes
10	things, then your hand is forced. MR. KILLIP: Excuse me, Your Honor. I just would	10 nearly impossible to change roles into the role the 11 traditional role of the physician as healer advocate for
11	renew our continuing objection about offering test on	12 his or her patient. And so I think that that we should
13	medical practice in the context of this hearing.	13 stay out of the job of being police. That's why we have
14	THE COURT: This hearing is going to last 20 more	14 police. So they can do that job, and it's not our job.
15	minutes, and I'm going to let Mr. Gottstein use the time. Q Now, as a hypothetical question, if a woman who had	Now, if because of some altered state ofconsciousness, somebody is about to do themselves grievous
17	managed who has over a 25 year experience with	17 harm or someone else grievous harm, well then, I would
18	medications and has including navaine, paxil, risperdal	18 stop them in whatever way I needed to. I would probably
19 20	and zyprexa and then has managed to not to wean herself from those for a year, would your recommendation	19 prefer to do it with the police, but if it came to it, I20 guess I would do it. In my career I have never committed
20	be that she be placed back on them, particularly against	20 guess I would do it. In my career I have never committee 21 anyone. It just is I make it my business to form the
22	her will?	22 kind of relationship that the person will that we can
23	A Well, I think she is an absolute saint if she was	23 establish a ongoing treatment plan that is acceptable to
24	able to get off of those drugs. Those drugs are extraordinarily difficult to get off of, especially	both of us. And that may you avoid getting into the fightaround whatever. And, you know, our job is to be healers,
	entrustanting entrust to get off of, opposing	
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1	zyprexa, which is a thienobenzodiazepine derivative and	1 not fighters.
2	zyprexa, which is a thienobenzodiazepine derivative and the thienobenzodiazepine valium-type drugs are very	 not fighters. THE COURT: There's an objection to that question.
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Page 179	Page 191
 1 Q Dr you know Dr. Grace Jackson? 2 A I do. 3 Q Do you have an opinion on her knowledge of 4 psychopharmacology? 5 A I think she knows more about the mechanisms of 6 actions of the various psychotropic agents than anyone who 7 is a clinician, that I'm aware of. Now, there may be, you 8 know, basic psychopharmacologists, you know, who do lab 9 work who know more, but as far as a clinician, a 10 practitioner, I don't know anyone who is better-versed in 11 the mechanisms, the actions, the effects and the adverse 12 effects of the various psychotropic drugs. 13 Q Thank you, Dr. Mosher. I have no questions, but 14 perhaps the State will have some. 15 MR. KILLIP: Yes, thank you. 16 DR. LOREN MOSHER 17 testified as follows on: 18 CROSS-EXAMINATION 19 BY MR. KILLIP: 20 Q Dr. Mosher, is it not your understanding that the 21 use of anti-psychotic medications is the standard of care 21 for treatment of psychosis in the United States, 23 presently? 24 A Yes, that's true. 25 Q Okay, so is it fair to say that your viewpoint 	 Page 181 THE COURT: Great. We're back on record. This is Morgan Christen again. I have you back on the same overhead speaker. DR. JACKSON: Yes, ma'am. THE COURT: What I'm going to do, I think, to save time, is to just remind you that you remain under oath and allow Mr. Gottstein to ask his questions. DR. JACKSON: Um-hmm. Yes, ma'am. DR. GRACE JACKSON testified as follows on: DIRECT EXAMINATION (continued) BY MR. GOTTSTEIN: Q Thank you, Dr. Jackson. Obviously we're down to 10 minutes now, and I appreciate you waiting all day. And I'm going to have to be, obviously, a little bit or more than a little bit brief. Did you we were just talking about an affidavit, I think, that you signed, or a report that you swore. Did you do so? A Yes, that is correct. Yup. Q And is it can I? THE COURT: Do I have this? Oh, you're just handing it to me now, okay. MR. GOTTSTEIN: I was in the middle of that. THE COURT: I see. I beg your pardon.
Page 1801MR. GOTTSTEIN: Objection, relevance.2THE COURT: Overruled.3Q4falls within the minority of the psychiatric community?5A7Yes, but I would just like to say that my viewpoint6is supported by research evidence. And so, that being the7case, it's a matter of who judges the evidence as being8stronger, or whatever. So, I'm not speaking just opinion,9I'm speaking from a body of evidence.10Q11THE COURT: Nothing further?12MR. KILLIP: Nothing.13MR. GOTTSTEIN: No, Your Honor.14THE COURT: All right. Sir, I appreciate your15testimony very much and want to thank you. It sounds like16the lawyers are done with you, so you can hang up.17DR. MOSHER: Okay. Well, good luck and I hope18what's her name, Ms. Myers?19THE COURT: Faith Myers.	 Page 182 MR. GOTTSTEIN: Exhibit D. THE COURT: Thank you, sir. Q What's the title of that? A This is an analysis of the olanzapine that is zyprexa, the clinical trials, and I've called this A Dangerous Drug with Dubious Efficacy. Q Okay. MR. KILLIP: Excuse me, Your Honor. I just wanted to note for the record that we've got about 20+ pages, half of them are stapled upside down. We're probably not going to have a meaningful opportunity to look at this before cross-examination. I just want to make that record. THE COURT: Yes, I have the same exhibit. MR. KILLIP: Thank you. MR. GOTTSTEIN: And I would note that I received nothing from them before anything. Q I think what I does this accurately well, obviously it accurately describes the results of your

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47 (Pages 179 to 182)

1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25	Page 222 MR. GOTTSTEIN:if that's what our decision is. THE COURT: If you could let me know, I'd sure appreciate it, because I'm MR. GOTTSTEIN: Absolutely, Your Honor. I included you in that. THE COURT: Yeah, I appreciate it. Because, as I said, I'm I have a personal appointment out of the office that's actually a medical appointment I scheduled for some months and moved several times, myself, so I'd like to know as soon as I can, so that I can know how to handle that. And I appreciate what you're both doing, which strikes me as you're both being very, very cooperative and trying your level best to get this done in a timely manner that jumps through all the hoops required by the statute and make sure that I have the information that I need to make the decision. Is there anything further I can take up today, productively? No? MR. KILLIP: I don't think so, Your Honor. THE COURT: All right. Well then, I'll let you both ring off. It's after 5:00 and I've kept you. Thanks very much for your help. I'll have Hilary confirm tomorrow morning about that time, but that should be at least in pencil on your calendars. And I'll let you know if I need	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 32 4 25	Page 224 TRANSCRIBER'S CERTIFICATE I, Joanne Kearse, hereby certify that the foregoing pages numbered 1 through 222 are a true, accurate, and complete transcript of the hearings that took place on March 5, 2003 and March 10, 2003, In the Matter of F.M., Superior Ct. No. 3AN-03-277 PR, transcribed by me from a copy of the electronic sound recording to the best of my knowledge and ability. Dated this 7th day of April, 2003. JOANNE KEARSE
1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25	Page 23 to speak to you sooner, after I get the report from the court-appointed visitor. MR. KILLIP: Okay. MR. COURT: Thank you both very much. MR. KILLIP: Thank you. MR. GOTTSTEIN: Thank you. THE COURT: Off record. (Off record.) 5:03:47		

58 (Pages 222 to 224)